

HOLY FAMILY CATHOLIC PARISH MENAI

LIVING AND SHARING THE CHRISTIAN LIFE AS A GROWING PARISH FAMILY

Alfords Point Bangor Barden Ridge Illawong Lucas Heights Menai Woronora West



TWENTIETH SUNDAY IN ORDINARY TIME

17 August 2025 Year C/1—Divine office Psalter Week 4

ENTRANCE ANTIPHON

**Turn your eyes, O God, our shield;
and look on the face of your anointed one;
one day within your courts is better than a thousand elsewhere.**

First Reading

A reading from the prophet Jeremiah
(Jeremiah 38:4-6. 8-10)

The king's leading men spoke to the king. 'Let Jeremiah be put to death: he is unquestionably disheartening the remaining soldiers in the city, and all the people too, by talking like this. The fellow does not have the welfare of this people at heart so much as its ruin.' 'He is in your hands as you know,' King Zedekiah answered 'for the king is powerless against you.' So they took Jeremiah and threw him into the well of Prince Malchiah in the Court of the Guard, letting him down with ropes. There was no water in the well, only mud, and into the mud Jeremiah sank.

Ebed-melech came out from the palace and spoke to the king. 'My lord king,' he said, 'these men have done a wicked thing by treating the prophet Jeremiah like this: they have thrown him into the well where he will die.' At this the king gave Ebed-melech the Cushite the following order: 'Take three men with you from here and pull the prophet Jeremiah out of the well before he dies.'

The Word of the Lord

Thanks be to God

Responsorial Psalm

(R.) Lord, come to my aid!

Second Reading

A reading from the letter to the Hebrews
(Hebrews 12:1-4)

With so many witnesses in a great cloud on every side of us, we too, then, should throw off everything that hinders us, especially the sin that clings so easily, and keep running steadily in the race we have started. Let us not lose sight of Jesus, who leads us in our faith and brings it to perfection: for the sake of the joy which was still in the future, he endured the

cross, disregarding the shameful of it, and from now on has taken his place at the right of God's throne. Think of the way he stood such opposition from sinners and then you will not give up for want of courage. In the fight against sin, you have not yet had to keep fighting to the point of death.

The Word of the Lord

Thanks be to God

Gospel Acclamation

Alleluia, alleluia!

My sheep listen to my voice, says the Lord; I know them, and they follow me.

Alleluia!

Gospel

A reading from the holy Gospel according to Luke (Luke 12:49-53)

Jesus said to his disciples: 'I have come to bring fire to the earth, and how I wish it were blazing already! There is a baptism I must still receive, and how great is my distress till it is over!

'Do you suppose that I am here to bring peace on earth? No, I tell you, but rather division. For from now on a household of five will be divided: three against two and two against three; the father divided against the son, son against father, mother against daughter, daughter against mother, mother-in-law against daughter-in-law, daughter-in-law against mother-in-law.'

The Gospel of the Lord

Praise to you, Lord Jesus Christ.

Parish Priest:
Rev. Mani Malana msfs
E: pastor@holyfamilymenai.org.au

Assistant Priest:
Rev. Tom Jose msfs
E: tom.jose@sydneycatholic.org

Parish Secretary/Bookkeeper:
Andrea Hunt
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Sacramental Coordinator:
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Parish Pastoral Council
Chair Person:
Ivan David
E: ivandavid445@gmail.com

Parish Finance Committee
Chair Person:
Robert Mulcahy
E: rmulcahy@bigpond.com

Parish Safeguarding Officer:
Nicole Makdessi
E: psso@holyfamilymenai.org.au

Parish WH&S Management Officer:
George Szymura
E: georgeszymura1@gmail.com

St Vincent de Paul, Menai
Conference - Contact
Chrissie Guglielmini
E: Chrissie.guglielmini@vinnies.org.au

Holy Family Primary Principal:
Phillip Tax Ph 9543 2614

Aquinas College Principal:
James Clancy Ph 9543 0188

Garden Maintenance:
Steve Connor
E: titan.lawnmowing@gmail.com

Holy Family Parish Menai
1D Anzac Rd Menai NSW 2234
Phone: 02 9543 2677
E: admin@holyfamilymenai.org.au
Web: HolyFamilyMenai.org.au

Parish Office hours:
Tuesday, Thursday & Friday: 9am - 4pm

Mass Timings:
Weekday: Tue - Sat 9.15am
1st Friday of the month: 7.00pm
Weekend: Saturday Vigil 5.30pm
Sunday: 8.30am, 10.00am

Blessed Sacrament Exposition

Tue - Sat: 8.30am - 9.10am
Fri - 8.30am Laud's music
8.45am Divine Mercy Chaplet
9am Benediction of the Blessed Sacrament

1st Friday of the month (after 7pm Mass - 12am)

Lauds Tue, Wed and Thu - 8.45am

Reconciliation: Sat: 4.30 - 5.15pm
Or by appointment.

Holy Communion or Visit at Home:
Please contact the parish office to arrange a time.

Baptisms: 1st Sunday during 10am Mass and every 2nd and 4th Sunday, 11.15am (no baptisms during Lent)

Baptism Preparation Program:
11am on the 1st Sat of each month.

In your love and concern, please pray for all the sick and vulnerable members of our Holy Family community:

Finley(2year old), Patrick O'Sullivan, Robert Haymes, Lila Diakos, Doris Attard, Lena Galdes, Marko Petrak, Peter Kaye, Lynette Rocca, Marie Gonsalvez, Victoriano Mendoza, Jan Kurianski, Bernadette O'Brien, Ivan David, Tony Trainor, Ilse Von Stamm, Anthony Mifsud, Dympna Fitzpatrick, Sandra Thomas, Frances Rupolo, Matthew McLachlan, Mark F, Robbert A, Carlos Simoes, Beatrice Gonsalvez, Matilda Oliver-Nalder, Angela Symons, Carol Galdes, Julie Gonsalvez, Robert Nicholls, Brad Jory, Jayden, Natividad Sora, Bernard Aclan, Julius Aclan, Jean Aclan, Geoff Eastgate, Joanne Mannah and Chris Halvey.

We remember those whose Anniversaries and Special Prayers have been requested :

Nathan Galea, Perce McGuinness, Elizabeth Mangan, Milan Moric, Flo D'Mello, Kishor Govind, Margaret Hay, Marilyn Nicholls, Johanna Nicholls, Justin Oliffe, Barry Whaley, Peter Howlett, Ken Howell, Joe Bridget, Peter Damian Netto, Theo Fernandes, Faten Harb, Gary McGuinness and Joseph and Nancy Doyle.

Recently Deceased.

Fr Chris Riley, Margaret Howard, Rita Lepre, Ante Zovak, Marie Isbester, Michael Fallon, Anne Colthart, Maria Guidi, Janet Haymes, and Amy McLachlan Wright.

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May the souls of all the faithful departed, through the mercy of God, rest in peace. - Amen -

THE GLORIA

Glory to God in the highest, and on earth peace to people of good will.

We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us;

you take away the sins of the world, receive our prayer;

you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

THE NICENE CREED

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages.

God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made.

For us men and for our salvation he came down from heaven,

(all bow) and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate,

he suffered death and was buried, and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is

seated at the right hand of the Father.

He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified,

who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins

and I look forward to the resurrection of the dead

and the life of the world to come.

Amen.

AFTER THE PREFACE

Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

COMMUNION ANTIPHON

With the Lord there is mercy; in him is plentiful redemption.

THE MYSTERY OF FAITH.

We proclaim your Death, O Lord, and profess your Resurrection until you come again.

THE JUBILEE PRAYER

Father in heaven, may the faith you have given us in your son, Jesus Christ, our brother, and the flame of charity enkindled in our hearts by the Holy Spirit, reawaken in us the blessed hope for the coming of your Kingdom.

May your grace transform us into tireless cultivators of the seeds of the Gospel.

May those seeds transform from within both humanity and the whole cosmos in the sure expectation of a new heaven and a new earth, when, with the powers of Evil vanquished, your glory will shine eternally.

May the grace of the Jubilee reawaken in us, Pilgrims of Hope, a yearning for the treasures of heaven.

May that same grace spread the joy and peace of our Redeemer throughout the earth.

To you our God, eternally blessed, be glory and praise for ever. **Amen.**

PRAYER TO ST MICHAEL

Saint Michael the Archangel, defend us in the day of battle. Be our safeguard against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou, O Prince of the Heavenly Host, by the power of God, cast into hell satan and all evil spirits who wander through the world seeking the ruin of souls. Amen

What's on at Holy Family Parish

† **Exposition of the Blessed Sacrament** - Tue - Sat: 8.30am - 9.10am

† **Morning Prayer (Lauds)** - Tue - Thu 8.45am.

† **Divine Mercy Chaplet and Benediction of the Blessed Sacrament** - Fri 8.45am

1st Friday of the month (after 7pm Mass - 12am)

† **Rosary** - Sat - 8.45am.

† **Mass** - Tue - Sat 9.15am, during Lent Wed 7.30pm and Fri 7pm (Confession available during Adoration)

† **Children's Liturgy** - Sun - 8.30am Mass
(Not during school holidays)

† **Daily Rosary, Rosary** at 8-8.30pm on Zoom, please text (ROSARY) to 0418 433 333 to receive the link.

Parish Pastoral meeting - Tue 19 August, 7.30pm

St Vincent de Paul meeting - Sat 23 August, 3pm

Fr Mani will be taking sabbatical leave from Monday 25th August returning on Tuesday 25th November.

READERS NEEDED FOR MASS

Ideally, we would like to have **3 readers** for each Mass.

If you're interested in reading, please:

- Put your name down for any Mass that currently has **only 2 readers**, or
- **Contact Emma Gioiello directly at 0416 247 912**

Thank you so much for your support!

Emma Gioiello

THE Catholic Weekly

SUNDAY, 17 AUGUST 2025

PULPIT POINTS

- ♦ "Awe-inspiring" universality of the church evident at Jubilee of Youth
- ♦ NSW Premier Chris Minns speaks warmly of his faith
- ♦ Melbourne Bishop Peter Elliott mourned
- ♦ Sr Miriam James Hiedland SOLT set to visit Sydney this September
- ♦ The Assumption of Mary and the church's future

Available to purchase in the foyer. **Only \$2 please leave the money in the box provided.** Thank you.

VOLUNTEER OPPORTUNITY

Extraordinary Ministers of Holy Communion Needed

The Parish is seeking **two Extraordinary Ministers of Holy Communion** to bring Holy Communion to Catholic residents at Barden Lodge Nursing Home. This service occurs once every two months, specifically on Sunday mornings after the 8:30am Mass.

Ideally, we are looking for two people to attend together. If you are interested in volunteering but have not completed the Extraordinary Minister of Holy Communion training, please contact the Parish office.

If you are a trained Extraordinary Minister of Holy Communion and would like to assist, please contact **Ann Di Leo** on **0425 271 578** or the Parish office at admin@holyfamilymenai.org.au or 9543 2677

Your support is greatly appreciated!

ROSTER FOR 23/24 AUGUST (4TH WEEKEND) 21ST SUNDAY IN ORDINARY TIME		5.30pm	8:30am	10am	OTHER
	ACOLYTES/ SERVERS	Justin Coupland	George Szymura	Phil Collins	Counters: Austin Gillan's Team
	READERS	Anne Newman Hastie Family	Bernard Govind Mia Apomayta Andrea King	Emma Gioiello Nuha De Vries Louisa Leone	Children's Liturgy: Vanessa and Emma
	COMMENTATOR /ANNOUNCER	Anne and Peter Newman	Gary King	Adrian D'Mello	Aeralife Aged Care: George and Wendy
	WARDENS	Charlie Zammit/Benny Falls	George Szymura/Jim Montague	Tony Ibrahim	Barden Lodge Aged Care: Elise
	MUSICIANS	Peter Newman	Daniel Nakhl	Emma (PowerPoint MP3)	
	PIETY STALL	Anne	Terri	Volunteer Needed	



A message from the Archdiocese of Sydney:

Child sexual abuse is a crime. The appropriate people to deal with crimes are the police. If you, or anyone you know, have been abused, please contact the police. Alternatively, you can contact the Safeguarding and Ministerial Integrity Office at (02) 9390 5810 or safeguardingenquiries@sydneycatholic.org. You may also want to speak to your Parish Priest who will be able to provide support and guidance. The Archdiocese has a legal obligation to report crimes to the police.

The Gospel of John Bible Study continues on
Friday 22nd August at 7.30pm.
 Chapter 11 Speaker will be Adrian D'Mello.

RCIA
 Rite of Christian Initiation for Adults

Have you...
 Ever wonder what Catholics believe? Ever wishes that GOD was part of your life? Ever wanted to know more about God?

This time is for people who:
 Are not yet Baptised; Are uncommitted to a particular faith; Do not know GOD but would like to.
 Are Catholics, but would like to know more about their faith, Desire a deeper understanding of their Catholic partner.
 Have Catholic Children and would like to help them in their spiritual development.

The process is about:
 A journey in GOD'S family; Belonging; Learning; Praying; Celebrating; Suffering; Feeling at home with GOD.
 The RCIA process will be starting soon. An enquiry night is being held on
Wednesday 27 August at 7.30pm in the Church meeting rooms.
 If you are unable to make it to the enquiry night or for further information, please contact the parish office on 9543 2677 or Keith on 9543 0665.

ARCHBISHOP FISHER HAS CONVOKED AN ARCHDIOCESAN SYNOD FOR 2026 IN RESPONSE TO HOLY SPIRIT-INSPIRED LONGINGS FROM SYDNEY CATHOLICS FOR MORE PRAYERFUL LITURGIES, MORE CHRIST-CENTRED COMMUNITIES, AND A MORE MISSION-ORIENTED CHURCH.

IN PREPARATION, THE ARCHBISHOP INVITES YOU TO SHARE YOUR POSITIVE, FAITHFUL, AND PRACTICAL IDEAS ON HOW THESE LONGINGS CAN BE MET, BY ATTENDING ANY OF THE **THREE REGIONAL CONSULTATIONS:**

SATURDAY 30 AUGUST 9AM - 12PM, HOLY FAMILY MENAI (JP11 HALL)
 TO LEARN MORE AND REGISTER: BROCHURES AND PRAYER CARDS ARE AVAILABLE TO TAKE HOME IN THE FOYER.

Jubilee Year of Hope 2025
 Our Pilgrimage to Mount Schoenstatt Shrine
 230 Fairlight Road, Mulgoa
 A Day of Renewal, Reflection, and Spiritual Growth

Monday 15th September

Program Schedule:

- **9:00AM** - Depart Holy Family Car Park by bus
- **11:00 AM** - Arrival
*Exposition of the Blessed Sacrament in the Shrine
 Confessions available in the Pilgrim Centre*
- **11:30 AM** - **Holy Mass** (in the Shrine)
- **12:30 PM** - **Lunch** (served in the Pilgrim Centre)
- **1:30 PM** - **Talk**
Presented by a Schoenstatt Sister in the Pilgrim Centre
- **2:00 PM** - **Free Time**
(Explore the grounds, pray the Stations of the Cross, or rest in quiet reflection)
- **3:00 PM** - **Rosary** (in the Shrine)
- **Approx. 4:00 PM** - Departure
- Arrive approximately 5:00PM back to Holy Family Car Park

Cost: \$25
Maximum 25 seats on the bus.
 Please register your interest by 24th August, so we can confirm numbers and secure the group booking. There is a sign up sheet in the foyer.
All are welcome - come and be renewed in hope.

SANCTI IOSEPH EQUITES
St Joseph Motor Pilgrimage Sydney Archdiocese 2025
Presents
Pilgrims of Hope
Visiting all 12 Jubilee Churches over 4 last Sundays of the month

Day 3: Sunday 31st August 2025

St Joachim's Lidcombe **All Saints Liverpool** **Holy Spirit Carnes Hill**

Opportunity for Plenary Indulgence for self and Souls in Purgatory
Pilgrim Graces for those in most need
Prayers, Reflections, Rosary, Eucharist

For more information and to download a booklet go to trybooking.com/1385070 or scan the QR code

Jubilee Year of Hope 2025
HOLY FAMILY PARISH MENAI
Pilgrimage to the Shrine of Our Lady of Mercy
 In honour of Our Lady of Fatima

Monday 13 October
 Cost \$25 per person

Program

8am	Depart Holy Family car park
10am	Exposition of the Blessed Sacrament & Confessions
10:30am	Rosary
11am	Solemn Mass
12noon	Lunch BYO
1:30pm	Eucharistic Procession to the Grotto while reciting the Rosary.
2pm	Prayers and Devotions at the Grotto, and blessing of pilgrims.
3pm	Return to bus.

Please register your interest by 15th September, so we can confirm numbers and secure the bus. There is a sign up sheet in the foyer.
 Join us in a spiritual journey to Penrose Park.

CONTACT KEITH FOR MORE INFORMATION ON 9543 0665