

HOLY FAMILY CATHOLIC PARISH MENAI

LIVING AND SHARING THE CHRISTIAN LIFE AS A GROWING PARISH FAMILY

Alfords Point Bangor Barden Ridge Illawong Lucas Heights Menai Woronora West



NINETEENTH SUNDAY IN ORDINARY TIME

10 August 2025 Year C/1—Divine office Psalter Week 3

ENTRANCE ANTIPHON

Look to your covenant, O Lord, and forget not the life of your poor ones for ever. Arise, O God, and defend your cause, and forget not the cries of those who seek you .

First Reading

A reading from the book of Wisdom
(Wisdom 18:6-9)

That night had been foretold to our ancestors, so that, once they saw what kind of oaths they had put their trust in, they would joyfully take courage.

This was the expectation of your people, the saving of the virtuous and the ruin of their enemies; for by the same act with which you took vengeance on our foes you made us glorious by calling us to you.

The devout children of worthy men offered sacrifice in secret and this divine pact they struck with one accord:

that the saints would share the same blessings and dangers alike; and forthwith they had begun to chant the hymns of the fathers.

The Word of the Lord
Thanks be to God

Responsorial Psalm

(R.) Happy the people the Lord has chosen to be his own.

Second Reading

A reading from the letter to the Hebrews
(Hebrews 11:1-2, 8-12)

Only faith can guarantee the blessings that we hope for, or prove the existence of the realities that at present remain unseen. It was for faith that our ancestors were commended.

It was by faith that Abraham obeyed the call to set out for a country that was the inheritance given to him and his descendants, and that he set out without knowing where he was going. By faith he arrived, as a foreigner, in the Promised Land, and lived there as if in a strange country, with Isaac and Jacob, who were heirs with him of the same promise. They lived there in tents while he looked forward to a city founded, designed and built by God.

It was equally by faith that Sarah, in spite of being past the age, was made able to conceive,

because she believed that he who had made the promise would be faithful to it. Because of this, there came from one man, and one who was already as good as dead himself, more descendants than could be counted, as many as the stars of heaven or the grains of sand on the seashore.

The Word of the Lord
Thanks be to God

Gospel Acclamation

Alleluia, alleluia!

Be watchful and ready: You know not when the Son of Man is coming.

Alleluia!

Gospel

A reading from the holy Gospel according to Luke (Luke 12:35-40)

Jesus said to his disciples: 'See that you are dressed for action and have your lamps lit. Be like men waiting for their master to return from the wedding feast, ready to open the door as soon as he comes and knocks. Happy those servants whom the master finds awake when he comes. I tell you solemnly, he will put on an apron, sit them down at table and wait on them. It may be in the second watch he comes, or in the third, but happy those servants if he finds them ready. You may be quite sure of this, that if the householder had known at what hour the burglar would come, he would not have let anyone break through the wall of his house. You too must stand ready, because the Son of Man is coming at an hour you do not expect.'

The Gospel of the Lord
Praise to you, Lord Jesus Christ.

Parish Priest:
Rev. Mani Malana msfs
E: pastor@holyfamilymenai.org.au

Assistant Priest:
Rev. Tom Jose msfs
E: tom.jose@sydneycatholic.org

Parish Secretary/Bookkeeper:
Andrea Hunt
Phone: 02 9543 2677
E: admin@holyfamilymenai.org.au

Sacramental Coordinator:
Katarina Moric
Phone: 02 9543 2677
E: sacraments@holyfamilymenai.org.au

Parish Pastoral Council
Chair Person:
Ivan David
E: ivandavid445@gmail.com

Parish Finance Committee
Chair Person:
Robert Mulcahy
E: rmulcahy@bigpond.com

Parish Safeguarding Officer:
Nicole Makdessi
E: psso@holyfamilymenai.org.au

Parish WH&S Management Officer:
George Szymura
E: georgeszymura1@gmail.com

St Vincent de Paul, Menai
Conference - Contact
Chrissie Guglielmini
E: Chrissie.guglielmini@vinnies.org.au

Holy Family Primary Principal:
Phillip Tax Ph 9543 2614

Aquinas College Principal:
James Clancy Ph 9543 0188

Garden Maintenance:
Steve Connor
E: titan.lawnmowing@gmail.com

Holy Family Parish Menai
1D Anzac Rd Menai NSW 2234
Phone: 02 9543 2677
E: admin@holyfamilymenai.org.au
Web: HolyFamilyMenai.org.au

Parish Office hours:
Tuesday, Thursday & Friday: 9am - 4pm

Mass Timings:
Weekday: Tue - Sat 9.15am
1st Friday of the month: 7.00pm
Weekend: Saturday Vigil 5.30pm
Sunday: 8.30am, 10.00am

Blessed Sacrament Exposition

Tue - Sat: 8.30am - 9.10am
Fri - 8.30am Laud's music
8.45am Divine Mercy Chaplet
9am Benediction of the Blessed Sacrament

1st Friday of the month (after 7pm Mass - 12am)

Lauds Tue, Wed and Thu - 8.45am

Reconciliation: Sat: 4.30 - 5.15pm
Or by appointment.

Holy Communion or Visit at Home:
Please contact the parish office to arrange a time.

Baptisms: 1st Sunday during 10am Mass and every 2nd and 4th Sunday, 11.15am (no baptisms during Lent)

Baptism Preparation Program:
11am on the 1st Sat of each month.

In your love and concern, please pray for all the sick and vulnerable members of our Holy Family community:

Finley(2year old), Patrick O'Sullivan, Robert Haymes, Lila Diakos, Doris Attard, Lena Galdes, Marko Petrak, Peter Kaye, Lynette Rocca, Marie Gonsalvez, Victoriano Mendoza, Jan Kurianski, Bernadette O'Brien, Ivan David, Tony Trainor, Ilse Von Stamm, Anthony Mifsud, Dympna Fitzpatrick, Sandra Thomas, Frances Rupolo, Matthew McLachlan, Mark F, Robbert A, Carlos Simoes, Beatrice Gonsalvez, Matilda Oliver-Nalder, Angela Symons, Carol Galdes, Julie Gonsalvez, Robert Nicholls, Brad Jory, Jayden, Natividad Sora, Bernard Aclan, Julius Aclan, Jean Aclan, Geoff Eastgate, Joanne Mannah and Chris Halvey.

We remember those whose Anniversaries and Special Prayers have been requested :

Elizabeth Mangan, Milan Moric, Flo D'Mello, Marilyn Nicholls, Johanna Nicholls, Justin Oliffe, Barry Whaley, Peter Howlett, Ken Howell, Joe Bridget, Peter Damian Netto, Theo Fernandes, Faten Harb, Gary McGuinness and Joseph and Nancy Doyle.

Recently Deceased.

Fr Chris Riley, Rita Lepre, Ante Zovak, Marie Isbester, Michael Fallon, Anne Colthart, Maria Guidi, Janet Haymes, and Amy McLachlan Wright.

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May the souls of all the faithful departed, through the mercy of God, rest in peace. - Amen -

THE GLORIA

Glory to God in the highest, and on earth peace to people of good will.

We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us;

you take away the sins of the world, receive our prayer;

you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

THE NICENE CREED

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages.

God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made.

For us men and for our salvation he came down from heaven,

(all bow) and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate,

he suffered death and was buried, and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is

seated at the right hand of the Father.

He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified,

who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins

and I look forward to the resurrection of the dead

and the life of the world to come.

Amen.

AFTER THE PREFACE

Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

COMMUNION ANTIPHON

O Jerusalem, glorify the Lord, who gives you your fill of finest wheat.

THE MYSTERY OF FAITH.

We proclaim your Death, O Lord, and profess your Resurrection until you come again.

THE JUBILEE PRAYER

Father in heaven, may the faith you have given us in your son, Jesus Christ, our brother, and the flame of charity enkindled in our hearts by the Holy Spirit, reawaken in us the blessed hope for the coming of your Kingdom.

May your grace transform us into tireless cultivators of the seeds of the Gospel.

May those seeds transform from within both humanity and the whole cosmos in the sure expectation of a new heaven and a new earth, when, with the powers of Evil vanquished, your glory will shine eternally.

May the grace of the Jubilee reawaken in us, Pilgrims of Hope, a yearning for the treasures of heaven.

May that same grace spread the joy and peace of our Redeemer throughout the earth.

To you our God, eternally blessed, be glory and praise for ever. **Amen.**

PRAYER TO ST MICHAEL

Saint Michael the Archangel, defend us in the day of battle. Be our safeguard against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou, O Prince of the Heavenly Host, by the power of God, cast into hell satan and all evil spirits who wander through the world seeking the ruin of souls. Amen

What's on at Holy Family Parish

† **Exposition of the Blessed Sacrament** - Tue - Sat: 8.30am - 9.10am

† **Morning Prayer (Lauds)** - Tue - Thu 8.45am.

† **Divine Mercy Chaplet and Benediction of the Blessed Sacrament** - Fri 8.45am

1st Friday of the month (after 7pm Mass - 12am)

† **Rosary** - Sat - 8.45am.

† **Mass** - Tue - Sat 9.15am, during Lent Wed 7.30pm and Fri 7pm (Confession available during Adoration)

† **Children's Liturgy** - Sun - 8.30am Mass (Not during school holidays)

† **Daily Rosary, Rosary** at 8-8.30pm on Zoom, please text (ROSARY) to 0418 433 333 to receive the link.

St Vincent de Paul meeting - Tue 12 August, 7pm

Parish Pastoral meeting - Tue 19 August, 7.30pm

St Vincent de Paul meeting - Sat 23 August, 3pm

Fr Mani will be taking sabbatical leave from Monday 25th August returning on Tuesday 25th November.

READERS NEEDED FOR MASS

Ideally, we would like to have 3 readers for each Mass.

If you're interested in reading, please:

- Put your name down for any Mass that currently has **only 2 readers**, or
- Contact Emma Gioiello** directly at **0416 247 912**

Thank you so much for your support!

Emma Gioiello

The Gospel of John Bible Study continues on

Friday 15th August at 7.30pm.

Chapter 11

Speaker will be **Adrian D'Mello**.

THE Catholic Weekly

SUNDAY, 10 AUGUST 2025

PULPIT POINTS

- ◆ "Do great things," Pope Leo tells million young people
- ◆ FertilityCare conference brings hope to couples
- ◆ How the St Joseph Camino transformed one family
- ◆ Aussies welcome Cardinal Newman's promotion to Doctor
- ◆ Fr Chris Riley remembered as a tireless advocate for youth
- ◆ Researcher calls for age classifications for books

Available to purchase in the foyer. **Only \$2 please leave the money in the box provided.** Thank you.



Have you...

Ever wonder what Catholics believe? Ever wishes that GOD was part of your life? Ever wanted to know more about God?

This time is for people who:

Are not yet Baptised; Are uncommitted to a particular faith; Do not know GOD but would like to.

Are Catholics, but would like to know more about their faith, Desire a deeper understanding of their Catholic partner.

Have Catholic Children and would like to help them in their spiritual development.

The process is about:

A journey in GOD'S family; Belonging; Learning; Praying; Celebrating; Suffering; Feeling at home with GOD.

The RCIA process will be starting soon. An enquiry night is being held on

Wednesday 27 August at 7.30pm in the Church meeting rooms.

If you are unable to make it to the enquiry night or for further information, please contact the parish office on 9543 2677 or Keith on 9543 0665.

ROSTER FOR 16/17 AUGUST (3RD WEEKEND) 20TH SUNDAY IN ORDINARY TIME		5.30pm	8.30am	10am	OTHER
	ACOLYTES/ SERVERS	Peter McLachlan Raf Saad	Phil Tax	Bernard Govind	Counters: Gino Ferraro's Team
	READERS	Linda O'Regan Lauren Hosking	Emma Gioiello Tiarna Pender	Bridget Nappa Sally Dable Nuha Vries	Children's Liturgy: Georgia and Laura
	COMMENTATOR	Melanie Stock	Lou Pender	Julie Monk	Aeralife Aged Care: Mona
	WARDENS	Charlie Zammit/Benny Falls	George Szymura/Jim Montague	Adrian D'Mello	Barden Lodge Aged Care: Luce and Vanessa
	MUSICIANS	Jeff and Sue Low	Emma (PowerPoint MP3)	Daniel D (PowerPoint MP3)	
	PIETY STALL	Volunteer Needed	Vanessa	Marie W	



A message from the Archdiocese of Sydney:

Child sexual abuse is a crime. The appropriate people to deal with crimes are the police. If you, or anyone you know, have been abused, please contact the police. Alternatively, you can contact the Safeguarding and Ministerial Integrity Office at (02) 9390 5810 or safeguardingenquiries@sydneycatholic.org. You may also want to speak to your Parish Priest who will be able to provide support and guidance. The Archdiocese has a legal obligation to report crimes to the police.

Donate to the Charitable Works Fund Appeal

2 and 3 August 2025

The CWF is the charity of the Catholic community in Sydney and your local parish. Together, we bring hope and care to those who need it most.



Give generously.
Your tax-deductible gift changes lives.

To donate:
Scan the QR code
Visit: www.ourfaithourworks.org/give-to-cwf
Call: 1800 733 959
Or complete the parish envelope.



JOIN US FOR ALPHA NIGHT!

DISCOVER A WARM AND WELCOMING COMMUNITY

Come and see what we're all about on
Wednesday, 13th August at 7pm.

'A taste of Alpha' for all who would like to understand what Alpha is.

Includes: fingerfood, wine, cheese, video and discussion



EVERYONE IS WELCOME!

FOR CATERING PURPOSES, PLEASE REGISTER YOUR INTEREST ON THE SIGN UP SHEET IN THE FOYER. THANK YOU.

Teachers Mass

Saturday 16th August

5:30pm Vigil Mass

Welcome Bishop Tony Percy

Join us and the teachers in our parish as we pray for them and their important vocation.



IT'S NOT TOO LATE TO DONATE TO THE CWF APPEAL.
ENVELOPES CAN BE FOUND AT THE END OF THE PEWS.

Menai Parish Target is \$11,300. If our target is not met, the remaining balance is taken from the Church account.



ARCHBISHOP FISHER HAS CONVOKED AN ARCHDIOCESAN SYNOD FOR 2026 IN RESPONSE TO HOLY SPIRIT-INSPIRED LONGINGS FROM SYDNEY CATHOLICS FOR **MORE PRAYERFUL LITURGIES, MORE CHRIST-CENTRED COMMUNITIES, AND A MORE MISSION-ORIENTED CHURCH.**

IN PREPARATION, THE ARCHBISHOP INVITES YOU TO SHARE YOUR POSITIVE, FAITHFUL, AND PRACTICAL IDEAS ON HOW THESE LONGINGS CAN BE MET, BY ATTENDING ANY OF THE **THREE REGIONAL CONSULTATIONS:**

SATURDAY 30 AUGUST 9AM - 12PM, HOLY FAMILY MENAI (JP II HALL)

TO LEARN MORE AND REGISTER: BROCHURES AND PRAYER CARDS ARE AVAILABLE TO TAKE HOME IN THE FOYER.

The Assumption of the Blessed Virgin Mary

FRIDAY | 15, AUGUST | MASSES AT 9.15AM & 7PM

HOLY DAY OF OBLIGATION

Please join us



Holy Family Catholic Church Menai,
1D Anzac Road, Menai 2234

Thank you to Raff and Sarina, for the beautiful gift of the double paten with lid from Rome.

We are truly grateful for your thoughtful generosity. It will be used with reverence and care in our Church liturgies. May God bless you always for your kindness and support!



Jubilee Year of Hope 2025

Our Pilgrimage to Mount Schoenstatt Shrine

230 Fairlight Road, Mulgoa

A Day of Renewal, Reflection, and Spiritual Growth

Monday 15th September

Program Schedule:

- 9:00AM - Depart Holy Family Car Park by bus
- 11:00 AM - Arrival
Exposition of the Blessed Sacrament in the Shrine
Confessions available in the Pilgrim Centre
- 11:30 AM - Holy Mass (in the Shrine)
- 12:30 PM - Lunch (served in the Pilgrim Centre)
- 1:30 PM - Talk
Presented by a Schoenstatt Sister in the Pilgrim Centre
- 2:00 PM - Free Time
(Explore the grounds, pray the Stations of the Cross, or rest in quiet reflection)
- 3:00 PM - Rosary (in the Shrine)
- Approx. 4:00 PM - Departure
- Arrive approximately 5:00PM back to Holy Family Car Park



Cost: \$25

Minimum 15 people required to book.

Please register your interest by 24th August, so we can confirm numbers and secure the group booking. There is a sign up sheet in the foyer.

All are welcome - come and be renewed in hope.

Jubilee Year of Hope 2025

HOLY FAMILY PARISH MENAI

Pilgrimage to the Shrine of Our Lady of Mercy

In honour of Our Lady of Fatima



Monday 13 October

Cost \$25 per person

Program

- 8am Depart Holy Family car park
- 10am Exposition of the Blessed Sacrament & Confessions
- 10:30am Rosary
- 11am Solemn Mass
- 12 noon Lunch BYO
- 1:30 pm Eucharistic Procession to the Grotto while reciting the Rosary.
- 2pm Prayers and Devotions at the Grotto, and blessing of pilgrims.
- 3pm Return to bus.

Please register your interest by 15th September, so we can confirm numbers and secure the bus. There is a sign up sheet in the foyer.

Join us in a spiritual journey to Penrose Park.

