

HOLY FAMILY CATHOLIC PARISH MENAI

LIVING AND SHARING THE CHRISTIAN LIFE AS A GROWING PARISH FAMILY

Alfords Point Bangor Barden Ridge Illawong Lucas Heights Menai Woronora West



THE MOST HOLY TRINITY

15 June 2025 Year C/1—Divine office Psalter Week 3

ENTRANCE ANTIPHON

**Blest be God the Father, and the Only Begotten Son of God,
and also the Holy Spirit,
for he has shown us his merciful love.**

First Reading

A reading from the book of Proverbs
(Proverbs 8:22-31)

The Wisdom of God cries aloud:

The Lord created me when his purpose first unfolded, before the oldest of his works.

From everlasting I was firmly set, from the beginning, before earth came into being.

The deep was not, when I was born, there were no springs to gush with water.

Before the mountains were settled, before the hills, I came to birth;

before he made the earth, the countryside, or the first grains of the world's dust.

When he fixed the heavens firm, I was there, when he drew a ring on the surface of the deep, when he thickened the clouds above, when he fixed fast the springs of the deep, when he assigned the sea its boundaries – and the waters will not invade the shore – when he laid down the foundations of the earth, I was by his side, a master craftsman, delighting him day after day, ever at play in his presence, at play everywhere in his world, delighting to be with the sons of men.

The Word of the Lord

Thanks be to God

Responsorial Psalm

(R.) O Lord, our God, how wonderful your name in all the earth!

Second Reading

A reading from the letter of St Paul to the Romans (Romans 5:1-5)

Through our Lord Jesus Christ, by faith we are judged righteous and at peace with God, since it is by faith and through Jesus that we have

entered this state of grace in which we can boast about looking forward to God's glory. But that is not all we can boast about; we can boast about our sufferings. These sufferings bring patience, as we know, and patience brings perseverance, and perseverance brings hope, and this hope is not deceptive, because the love of God has been poured into our hearts by the Holy Spirit which has been given us.

The Word of the Lord

Thanks be to God

Gospel Acclamation

Alleluia, alleluia!

Glory to the Father, the Son, and the Holy Spirit: to God who is, who was, and who is to come.

Alleluia!

Gospel

A reading from the holy Gospel according to John (John 16:12-15)

Jesus said to his disciples:

‘I still have many things to say to you but they would be too much for you now.

But when the Spirit of truth comes he will lead you to the complete truth, since he will not be speaking as from himself but will say only what he has learnt; and he will tell you of the things to come.

He will glorify me, since all he tells you will be taken from what is mine.

Everything the Father has is mine; that is why I said:

All he tells you will be taken from what is mine.’

The Gospel of the Lord

Praise to you, Lord Jesus Christ.

Parish Priest:
Rev. Mani Malana msfs
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Assistant Priest:
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Holy Family Parish Menai
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Web: HolyFamilyMenai.org.au

Parish Office hours:
Tuesday, Thursday & Friday: 9am - 4pm

Mass Timings:
Weekday: Tue - Sat 9.15am
1st Friday of the month: 7.00pm
Weekend: Saturday Vigil 5.30pm
Sunday: 8.30am, 10.00am

Blessed Sacrament Exposition

Tue - Sat: 8.30am - 9.10am
Fri - 8.30am Laud's music
8.45am Divine Mercy Chaplet
9am Benediction of the Blessed Sacrament

1st Friday of the month (after 7pm Mass - 12am)

Lauds Tue, Wed and Thu - 8.45am

Reconciliation: Sat: 4.30 - 5.15pm
Or by appointment.

Holy Communion or Visit at Home:
Please contact the parish office to arrange a time.

Baptisms: 1st Sunday during 10am Mass and every 2nd and 4th Sunday, 11.15am (no baptisms during Lent)

Baptism Preparation Program:
11am on the 1st Sat of each month.

In your love and concern, please pray for all the sick and vulnerable members of our Holy Family community:

Lila Diakos, Doris Attard, Lena Galdes, Marko Petrak, Peter Kaye, Lynette Rocca, Marie Gonsalvez, Victoriano Mendoza, Jan Kurianski, Bernadette O'Brien, Ivan David, Tony Trainor, Ilse Von Stamm, Anthony Mifsud, Dymrna Fitzpatrick, Sandra Thomas, Frances Rupolo, Matthew McLachlan, Mark F, Robbert A, Carlos Simoes, Beatrice Gonsalvez, Matilda Oliver-Nalder, Angela Symons, Carol Galdes, Julie Gonsalvez, Robert Nicholls, Brad Jory, Jayden, Natividad Sora, Bernard Aclan, Julius Aclan, Jean Aclan, Geoff Eastgate, Joanne Mannah and Chris Halvey.

We remember those whose Anniversaries and Special Prayers have been requested:

Margaret Calman, Toby Jamolin, Rebecca Fonseca, Vernon Fonseca, Michael Halvey, Piero Sordo, Agostino, Aurelio and Assunta Tuosto, Sofia Salugsugan Aclan, Slavko Ersegovic, Ljuba Zoraja, Bozo Glavan, Marilyn Nicholls, Johanna Nicholls, Justin Oliffe, Ken Olliffe, Joe Bridgett and Peter Howlett.

Recently Deceased.

Amy McLachlan Wright, Barry Walley, Mark Halavazis and Marie Collins.

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May the souls of all the faithful departed, through the mercy of God, rest in peace. - Amen -

THE GLORIA

Glory to God in the highest, and on earth peace to people of good will.

We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us;

you take away the sins of the world, receive our prayer;

you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

THE NICENE CREED

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages.

God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made.

For us men and for our salvation he came down from heaven,

(all bow) and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate,

he suffered death and was buried, and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is

seated at the right hand of the Father.

He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified,

who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins

and I look forward to the resurrection of the dead

and the life of the world to come.

Amen.

AFTER THE PREFACE

Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

COMMUNION ANTIPHON

**Since you are children of God,
God has sent into your hearts
the Spirit of his Son, the Spirit
who cries out: Abba, Father.**

THE MYSTERY OF FAITH.

We proclaim your Death, O Lord, and profess your Resurrection until you come again.

THE JUBILEE PRAYER

Father in heaven, may the faith you have given us in your son, Jesus Christ, our brother, and the flame of charity enkindled in our hearts by the Holy Spirit, reawaken in us the blessed hope for the coming of your Kingdom.

May your grace transform us into tireless cultivators of the seeds of the Gospel.

May those seeds transform from within both humanity and the whole cosmos in the sure expectation of a new heaven and a new earth, when, with the powers of Evil vanquished, your glory will shine eternally.

May the grace of the Jubilee reawaken in us, Pilgrims of Hope, a yearning for the treasures of heaven.

May that same grace spread the joy and peace of our Redeemer throughout the earth.

To you our God, eternally blessed, be glory and praise for ever. **Amen.**

PRAYER TO ST MICHAEL

Saint Michael the Archangel, defend us in the day of battle. Be our safeguard against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou, O Prince of the Heavenly Host, by the power of God, cast into hell satan and all evil spirits who wander through the world seeking the ruin of souls. Amen

What's on at Holy Family Parish

THE Catholic Weekly

SUNDAY, 15 JUNE 2025

PULPIT POINTS

- † **Exposition of the Blessed Sacrament** - Tue - Sat: 8.30am - 9.10am
- † **Morning Prayer (Lauds)** - Tue - Thu 8.45am.
- † **Divine Mercy Chaplet and Benediction of the Blessed Sacrament** - Fri 8.45am
1st Friday of the month (after 7pm Mass - 12am)
- † **Rosary** - Sat - 8.45am.
- † **Mass** - Tue - Sat 9.15am, during Lent Wed 7.30pm and Fri 7pm (Confession available during Adoration)

- ♦ Sydney Catholics invited to help shape the church's future
- ♦ Catholics listed among King's Birthday honours recipients
- ♦ Christians separated by war in Gaza
- ♦ In conversation with Broome's Bishop Tim Norton SVD
- ♦ Parish renewal: What is Christ asking of our parishes?
- ♦ Commercial surrogacy: An urgent pro-life issue

Available to purchase in the foyer. **Only \$2 please leave the money in the box provided.** Thank you.

- † **Children's Liturgy** - Sun - 8.30am Mass
- † **Daily Rosary, Rosary** at 8-8.30pm on Zoom, please text (ROSARY) to 0418 433 333 to receive the link.

CAN YOU HELP?

If you could bring in any of the below to the Parish Office we would be most appreciative as these items will be given to those in need.



- Small four/six packs of long life milk
- Breakfast or Muesli Bars
- Cereal

Thank you in advance for the ongoing support for this worthy cause!

SACRAMENT OF CONFIRMATION 2025

CONFIRMATION WILL BE HELD ON SUNDAY 17 AUGUST AT ST MARY'S CATHEDRAL AT 3.30PM.

If you have a child in year six or above and they have already completed their First Reconciliation and First Holy Communion and would like to make their Confirmation this year, to register please go to <https://www.holyfamilymenai.org.au/>. **Lessons commence on Tuesday 17 June 2025.**



ROSTER FOR 21/22 JUNE (4TH WEEKEND) THE MOST HOLY BODY AND BLOOD OF CHRIST (CORPUS CHRISTI)		5.30pm	8:30am	10am	OTHER
	ACOLYTES/ SERVERS	Justin Coupland	George Szymura	Vacant	Counters: Gino Farraro's Team
	READERS	Anne Newman Hastie Family	Bernard Govind Mia Apomayta Andrea King	Emma Gioiello Nuha De Vries	Children's Liturgy: Teachers TBC
	WARDENS	Charlie Zammit/Benny Falls	George Szymura/Jim Montague	Tony Ibrahim	Aeralife Aged Care: George & Wendy
	MUSICIANS	Peter Newman	Daniel Nakhl	Volunteers Welcome	Barden Lodge Aged Care: Elise
	PIETY STALL	Anne	Terri	Volunteer Needed	



A message from the Archdiocese of Sydney:

Child sexual abuse is a crime. The appropriate people to deal with crimes are the police. If you, or anyone you know, have been abused, please contact the police. Alternatively, you can contact the Safeguarding and Ministerial Integrity Office at (02) 9390 5810 or safeguardingenquiries@sydneycatholic.org. You may also want to speak to your Parish Priest who will be able to provide support and guidance. The Archdiocese has a legal obligation to report crimes to the police.

FIRST HOLY COMMUNION MASSES

First Holy Communion Masses will be celebrated at Holy Family on the following dates.

Saturday 14 June, 5.30pm Vigil Mass

Sunday 15 June, 10am Mass

Saturday 28 June, 5.30pm Vigil Mass

Sunday 29 June, 10am Mass

THERE WILL BE NO MORNING TEA

AFTER MASS NEXT WEEKEND
AS WE HAVE OUR CORPUS
CHRISTI PROCESSION

NEXT MORNING TEA WILL BE
SUNDAY 13 JULY
AFTER 10AM MASS

THE NATIVITY OF ST. JOHN THE BAPTIST

JUNE 24

SPECIAL MASSES

9.15AM & 7.30PM

PLEASE NOTE THAT THE EVENING MASS IS LATER DUE
TO OUR SACRAMENT OF CONFIRMATION LESSONS.

THE MOST SACRED HEART OF JESUS

SPECIAL MASSES

9.15AM & 7PM



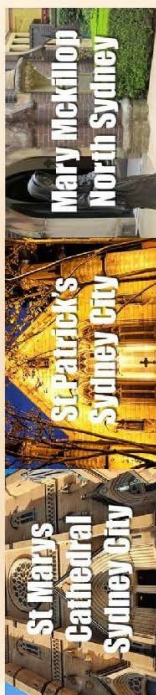
St Joseph Motor Pilgrimage Sydney Archdiocese 2025

Presents

Pilgrims of Hope

Visiting all 12 Jubilee Churches over 4 last Sundays of the month

Day 1: Sunday 29th June 2025



Opportunity for Plenary Indulgence for self and Souls in Purgatory
Pilgrim Graces for those in most need
Prayers, Reflections, Rosary, Eucharist

For more information and to download a booklet
go to trybooking.com/1385070 or scan the QR code



In preparation for the Sydney Synod from (30 April to 3 May 2026), Archbishop Anthony Fisher is seeking positive, practical, and faithful ideas on how we can make our Church in Sydney more vibrant through more prayerful liturgies, more Christ-centred communities and being more mission-oriented.

We invite you to bring your ideas to our regional consultations at:

Holy Family Menai, Saturday 9 am – 12 pm, 30 August 2025.

St Mary's Cathedral, Tuesday 6 – 9 pm, 14 October 2025.

All Saints Liverpool, Thursday 6 – 9 pm, 16 October 2025.

To find out more and to register your attendance at one of the regional consultations go to www.sydneycatholic.org/sydney-synod/ or scan the QR Code below. For further inquiries, email synod@sydneycatholic.org.

As the People of God in Sydney, let us join the Archbishop in praying, discerning, and acting with the Holy Spirit to make our Church more vibrant!



HOLY FAMILY CATHOLIC CHURCH MENAI



invites you to join our

Procession on the Feast of Corpus Christi

**Sunday 22 June
2025**

commences at
11am from the
Church

Procession with the
Blessed Sacrament
starting from the Church,
processing up into
Aquinas College grounds
and Holy Family
car park, finishing back at
the Church with
Benediction.



We would like to invite parishioners to join us in the Walk with Christ Eucharistic Procession through the City on Sunday, 22 June at 2.30pm.

We will be arranging a coach to take us departing from Holy Family car park at 1pm and return at approximately 5.30pm. We would love to take a full coach of parishioners. Free of charge. Coach capacity is 61 seats.

The Archdiocese will be covering the cost of the coach for this event.



We will be walking together as a Holy Family Menai group with our banner.

Please put your name and contact details on the sign up sheets or email admin@holyfamilymenai.org.au if you would like to attend with us on the coach.

All details can be found via the QR code or the by [visiting \[sydneycatholic.org/walkwithchrist\]\(https://visiting.sydneycatholic.org/walkwithchrist\)](https://visiting.sydneycatholic.org/walkwithchrist)



VISIT: [SYDNEYCATHOLIC.ORG/WALKWITHCHRIST](https://sydneycatholic.org/walkwithchrist)

FESTIVAL:
Martin Place from 1:00PM.

PROCESSION:
Begins at 2:30PM sharp.
Corner of Martin Place and Pitt St.



**CATHOLIC
WOMEN'S NETWORK**

Anointed

**WOMEN'S
CONFERENCE**
SATURDAY 27 SEPTEMBER 2025

8:30 AM | ROYAL RANDWICK
5:00 PM | RACECOURSE
SYDNEY

WITH KEYNOTE SPEAKER
SR MIRIAM JAMES HEIDLAND, S.O.L.T.

REGISTER
WWW.CATHOLICWOMENSNETWORK.ORG

CATHOLIC ARCHDIOCESE
OF SYDNEY

SYDNEY CENTRE FOR
EVANGELISATION

We are thrilled invite you to the Catholic Women's Network's inaugural Women's Conference! Let's gather a wonderful group from our parish to enjoy this amazing day together.

There will be inspiring talks, worship, fellowship and wisdom from special guest Sr Miriam James Heidland. If you book as a group of 5 friends, you'll receive a discounted ticket price of \$115 each, totalling \$575. Individual tickets are \$125 each. An optional bus service from St Patrick's is available for an additional \$20 per ticket.

Secure your spot by booking tickets using the QR code or contact the parish office. Please book your tickets as soon as possible to avoid disappointment.

Congratulations to all our First Holy Communicants!

Saturday 14 June 2025

Addison Caleo	Isaac Chalk
Penelope Coelho	Henry Comarmond
Anastasia de Vere	Chloe de Vries
Evie Diakos	Brody Elliott
Lachlan Gu	Jax Elliott
Tristan Hilton	Henry Lukunic
Bailey Oliver	Xavier Moloney
Charles Spencer	Aidan Savaan
Billy Stark	Jaxon Stanford
Nicholas Thompson	Georgia Stimson
Christian Bartolotta	Jayda Zarnado
	Blake Zarnado

Sunday 15 June 2025

Ella Best	Aaliya Boers
Jamie Buckley	Joshua Burt
Lily Clement	Reion Costa
Valentino Di Francesco	Matthew Elias
Ava Evans	Connor Fanning
Henry Farah	Hannah Fiatarone
Edison Gildea	James Gulyas
Connor Hardiman	Ava Kamateros
Zara Kehane	Ava Kyprianou
Aiyah Lahoud	Harrison Merillo
Emily O'Dowd	Zara Moussa
Floyd Miller	Adam Perdikos
Connor Pollack	Isabelle Perdikos
Victoria Tanios	Luke Saad
Theo Wisnu	Oscar Williams

From Fr Mani's desk...

Solemnity of the Most Holy Trinity

All Semitic religions- Christianity, Judaism and Islam- believe in monotheism or in one God. But for us Christians, our faith is different: there is only one God and there are three persons in one God; Father, Son and Holy Spirit; they are equally powerful and yet they are different from each other in their functions: creator, redeemer and sanctifier.

The truth of the Trinity is not something that was discovered by some wise or holy men, nor is it a super discovery of science, nor something easy and comfortable to believe. It is a matter of faith because it is the way our God is revealed in the Bible and taught by Christ himself. In the 1st book of Bible, we read in the creation account God saying, "Let us make man in **our own** image" (Gen 1/26) It is the central mystery of Christian faith that all the three persons were present at the time of creation. God always was one in three and three in one. It will ever remain as a profound mystery.

If we are baptised and bless ourselves every time in the name of the Blessed Trinity and was created in the image of that Godhead, we got to model our life after that God. In the Trinity there is so much of love, harmony and give and take. There is so much of unity and transparency among them; none is superior or inferior to each other, they always co- exist. They are equal in majesty and undivided in splendor. Every Christian is called to belong to a community of people whether in the family or in the parish; helping and caring for each other; playing the god given functions honestly as mother or father or a child. Just as the Father renounces fully to Son and Son renounces entirely to Father and their mutual love and respect is the Holy Spirit, we should give ourselves entirely as self-gift to each other. By baptism we are plunged into that mystery of the Trinity and every time we celebrate the Mass we are swept into that communion of love. This is the mystery we celebrate today.

First Holy Communion

First Holy Communion is an unforgettable event not only in the life of these children but their family and relations. We are all happy that through these loving children we receive manifold blessings from God and it will be continued as you take the trouble to bring the children regularly to the church and attend the Holy Mass on days of obligation.

Mass is all that matters for us Catholics. It is not merely a church service or another reason for a celebration. It is something the Catholics do together as family, young and old, men and women, brown and white. We are not just spectators of an event but participants in the celebrations of the death and resurrection of Jesus. Mass is like an onion, this sacred event embraces layer upon layer of our tradition and mystery of our faith lived out by millions of people before us. The gospel story tells us that Jesus, on the night before he died, had a meal with his young friends in Jerusalem. It was not an ordinary meal but a special dinner, one that would be his last, one that his followers would remember for the rest of their lives. Let us remember all these and celebrate this event meaningfully with our children and pray that their faith in the Eucharistic Lord, may be deepened day by day, week after week, year after year.