

HOLY FAMILY CATHOLIC PARISH MENAI

LIVING AND SHARING THE CHRISTIAN LIFE AS A GROWING PARISH FAMILY

Alfords Point Bangor Barden Ridge Illawong Lucas Heights Menai Woronora West



PENTECOST SUNDAY

8 June 2025 Year C/1—Divine office Psalter Week 2

ENTRANCE ANTIPHON

**The Spirit of the Lord has filled the whole world
and that which contains all things
understands what is said, alleluia.**

First Reading

A reading from the Acts of the Apostles
(Acts of the Apostles 2:1-11)

When Pentecost day came round, the apostles had all met in one room, when suddenly they heard what sounded like a powerful wind from heaven, the noise of which filled the entire house in which they were sitting; and something appeared to them that seemed like tongues of fire; these separated and came to rest on the head of each of them. They were all filled with the Holy Spirit, and began to speak foreign languages as the Spirit gave them the gift of speech.

Now there were devout men living in Jerusalem from every nation under heaven, and at this sound they all assembled, each one bewildered to hear these men speaking his own language. They were amazed and astonished. 'Surely' they said 'all these men speaking are Galileans? How does it happen that each of us hears them in his own native language? Parthians, Medes and Elamites; people from Mesopotamia, Judaea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya round Cyrene; as well as visitors from Rome – Jews and proselytes alike – Cretans and Arabs; we hear them preaching in our own language about the marvels of God.'

The Word of the Lord
Thanks be to God

Responsorial Psalm

(R.) Lord, send out your Spirit and renew the face of the earth.

Second Reading

A reading from the letter of St Paul to the Romans(Romans 8:8-17)

People who are interested only in unspiritual things can never be pleasing to God. Your interests, however, are not in the unspiritual, but in the spiritual, since the Spirit of God has made his home in you. In fact, unless you possessed the Spirit of Christ you would not belong to him. Though your body may be dead it is because of sin, but if Christ is in you then your spirit is life itself because you have been justified; and if the Spirit of him who raised Jesus from the dead is living in you, then he who raised Jesus from the dead will give life to your own mortal bodies through his Spirit living in you.

So then, my brothers, there is no necessity for us to obey our unspiritual selves or to live unspiritual lives. If you do live in that way, you are doomed to die; but if by the Spirit you put an end to the misdeeds of the body you will live.

Everyone moved by the Spirit is a son of God. The spirit you received is not the spirit of slaves bringing fear into your lives again; it is the spirit of sons, and it makes us cry out, 'Abba, Father!' The Spirit himself and our spirit bear united witness that we are children

of God. And if we are children we are heirs as well: heirs of God and coheirs with Christ, sharing his sufferings so as to share his glory.

The Word of the Lord
Thanks be to God

Sequence

Holy Spirit, Lord of light, From the clear celestial height Thy pure beaming radiance give.

Come, thou Father of the poor, Come with treasures which endure; Come, thou light of all that live!

Thou, of all consolers best, Thou, the soul's delightful guest, Dost refreshing peace bestow; Thou in toil art comfort sweet; Pleasant coolness in the heat; Solace in the midst of woe.

Light immortal, light divine, Visit thou these hearts of thine, And our inmost being fill: If thou take thy grace away, Nothing pure in man will stay; All his good is turned to ill.

Heal our wounds, our strength renew; On our dryness pour thy dew; Wash the stains of guilt away.

Bend the stubborn heart and will; Melt the frozen, warm the chill; Guide the steps that go astray.

Thou, on us who evermore Thee confess and thee adore, With thy sevenfold gifts descend:

Give us comfort when we die; Give us life with thee on high; Give us joys that never end.

Gospel Acclamation

Alleluia, alleluia!

Come, Holy Spirit; fill the hearts of your faithful and kindle in them the fire of your love.

Alleluia!

Gospel

A reading from the holy Gospel according to John (John 14:15-16, 23-26)
Jesus said to his disciples

'If you love me you will keep my commandments. I shall ask the Father and he will give you another Advocate to be with you for ever. If anyone loves me he will keep my word, and my Father will love him, and we shall come to him and make our home with him. Those who do not love me do not keep my words. And my word is not my own; it is the word of the one who sent me. I have said these things to you while still with you; but the Advocate, the Holy Spirit, whom the Father will send in my name, will teach you everything and remind you of all that I have said to you.'

The Gospel of the Lord
Praise to you, Lord Jesus Christ.

Parish Priest:
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Chair Person:
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Web: HolyFamilyMenai.org.au

Parish Office hours:
Tuesday, Thursday & Friday: 9am - 4pm

Mass Timings:
Weekday: Tue - Sat 9.15am
1st Friday of the month: 7.00pm
Weekend: Saturday Vigil 5.30pm
Sunday: 8.30am, 10.00am

Blessed Sacrament Exposition
Tue - Sat: 8.30am - 9.10am

Fri - 8.30am Laud's music
8.45am Divine Mercy Chaplet
9am Benediction of the Blessed Sacrament

1st Friday of the month (after 7pm Mass - 12am)

Lauds Tue, Wed and Thu - 8.45am

Reconciliation: Sat: 4.30 - 5.15pm
Or by appointment.

Holy Communion or Visit at Home:
Please contact the parish office to arrange a time.

Baptisms: 1st Sunday during 10am Mass and every 2nd and 4th Sunday, 11.15am (no baptisms during Lent)

Baptism Preparation Program:
11am on the 1st Sat of each month.

In your love and concern, please pray for all the sick and vulnerable members of our Holy Family community:

Lila Diakos, Doris Attard, Lena Galdes, Marko Petrak, Peter Kaye, Lynette Rocca, Marie Gonsalvez, Victoriano Mendoza, Jan Kurianski, Bernadette O'Brien, Ivan David, Tony Trainor, Ilse Von Stamm, Anthony Mifsud, Dymrna Fitzpatrick, Sandra Thomas, Frances Rupolo, Matthew McLachlan, Mark F, Robbert A, Carlos Simoes, Beatrice Gonsalvez, Matilda Oliver-Nalder, Angela Symons, Carol Galdes, Julie Gonsalvez, Robert Nicholls, Brad Jory, Jayden, Natividad Sora, Bernard Aclan, Julius Aclan, Jean Aclan, Geoff Eastgate, Joanne Mannah and Chris Halvey.

We remember those whose Anniversaries and Special Prayers have been requested :

Rebecca Fonseca, Vernon Fonseca, Michael Halvey, Piero Sordo, Agostino, Aurelio and Assunta Tuosto, Sofia Salugsugan Aclan, Slavko Ersegovic, Ljuba Zoraja, Bozo Glavan, Marilyn Nicholls, Johanna Nicholls, Justin Oliffe, Ken Oliffe, Joe Bridgett and Peter Howlett.

Recently Deceased.

Amy McLachlan Wright, Barry Walley, Mark Halavazis and Marie Collins.

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May the souls of all the faithful departed, through the mercy of God, rest in peace. - Amen -

THE GLORIA

Glory to God in the highest, and on earth peace to people of good will.

We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us;

you take away the sins of the world, receive our prayer;

you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

THE NICENE CREED

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages.

God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made.

For us men and for our salvation he came down from heaven,

(all bow) and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate,

he suffered death and was buried, and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is

seated at the right hand of the Father.

He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified,

who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins

and I look forward to the resurrection of the dead

and the life of the world to come.

Amen.

AFTER THE PREFACE

Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

COMMUNION ANTIPHON

They were all filled with the Holy Spirit and spoke of the marvels of God, alleluia.

THE MYSTERY OF FAITH.

When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again.

THE JUBILEE PRAYER

Father in heaven, may the faith you have given us in your son, Jesus Christ, our brother, and the flame of charity enkindled in our hearts by the Holy Spirit, reawaken in us the blessed hope for the coming of your Kingdom.

May your grace transform us into tireless cultivators of the seeds of the Gospel.

May those seeds transform from within both humanity and the whole cosmos in the sure expectation of a new heaven and a new earth, when, with the powers of Evil vanquished, your glory will shine eternally.

May the grace of the Jubilee reawaken in us, Pilgrims of Hope, a yearning for the treasures of heaven.

May that same grace spread the joy and peace of our Redeemer throughout the earth.

To you our God, eternally blessed, be glory and praise for ever. **Amen.**

THE REGINA COELI

(during Easter Season)

V. Queen of Heaven Rejoice, Alleluia

R. For he whom you did merit to bear, Alleluia

V. Has risen as He said. Alleluia

R. Pray for us to God. Alleluia

V. Rejoice and be glad, O Virgin Mary, Alleluia

R. For the Lord is truly risen! Alleluia!

Let us pray

O God, who gave joy to the world through the resurrection of Your Son, our Lord Jesus Christ; grant, we beseech You, that through the intercession of the Virgin Mary, His Mother, we may obtain the joys of everlasting life: Through the same Christ our Lord. Amen.

What's on at Holy Family Parish

- † **Exposition of the Blessed Sacrament** - Tue - Sat: 8.30am - 9.10am
- † **Morning Prayer (Lauds)** - Tue - Thu 8.45am.
- † **Divine Mercy Chaplet and Benediction of the Blessed Sacrament** - Fri 8.45am
1st Friday of the month (after 7pm Mass - 12am)
- † **Rosary** - Sat - 8.45am.
- † **Mass** - Tue - Sat 9.15am, during Lent Wed 7.30pm and Fri 7pm (Confession available during Adoration)

- † **Children's Liturgy** - Sun - 8.30am Mass
- † **Daily Rosary, Rosary** at 8-8.30pm on Zoom, please text (ROSARY) to 0418 433 333 to receive the link.

CAN YOU HELP?

If you could bring in any of the below to the Parish Office we would be most appreciative as these items will be given to those in need.



- Small four/six packs of long life milk
- Breakfast or Muesli Bars
- Cereal

Thank you in advance for the ongoing support for this worthy cause!

THE Catholic Weekly

SUNDAY, 8 JUNE 2025

PULPIT POINTS

- ◆ Fr Tai Pham ordained in Sydney
- ◆ Archbishop Fisher OP declares a 'second spring'
- ◆ Pope Leo XIV makes new Sydney connections
- ◆ New Eileen O'Connor Centre opened in Coogee
- ◆ How the Holy Spirit 'cut through' mainstream journalists
- ◆ Pornography: Our new public health crisis

Available to purchase in the foyer. **Only \$2 please leave the money in the box provided.** Thank you.

SACRAMENT OF CONFIRMATION 2025

CONFIRMATION WILL BE HELD ON SUNDAY 17 AUGUST AT ST MARY'S CATHEDRAL AT 3.30PM.

If you have a child in year six or above and they have already completed their First Reconciliation and First Holy Communion and would like to make their Confirmation this year, to register please go to <https://www.holyfamilymenai.org.au/>. **Lessons commence on Tuesday 17 June 2025.**



ROSTER FOR 14/15 JUNE (3RD WEEKEND) THE MOST HOLY TRINITY		5.30pm	8:30am	10am	OTHER
	ACOLYTES/ SERVERS	Peter McLachlan Raf Saad	Phil Tax	Bernard Govind	Counters: Allen Oliver's Team
	READERS	First Holy Communion Roster	Emma Gioiello Mariko Mauch Tiarna Pender	First Holy Communion Roster	Children's Liturgy: Teachers TBC
	WARDENS	Charlie Zammit/Benny Falls	George Szymura/Jim Montague	Adrian D'Mello	Aeralife Aged Care: Mona
	MUSICIANS	Jeff and Sue Low	Emma (PowerPoint MP3)	Daniel D (PowerPoint MP3)	Barden Lodge Aged Care: Luce and Vanessa
	PIETY STALL	Volunteer Needed	Vanessa	Marie W	



A message from the Archdiocese of Sydney:

Child sexual abuse is a crime. The appropriate people to deal with crimes are the police. If you, or anyone you know, have been abused, please contact the police. Alternatively, you can contact the Safeguarding and Ministerial Integrity Office at (02) 9390 5810 or safeguardingenquiries@sydneycatholic.org. You may also want to speak to your Parish Priest who will be able to provide support and guidance. The Archdiocese has a legal obligation to report crimes to the police.


From Fr Mani's desk...

This Sunday Church celebrates the solemnity of Pentecost, marking the end and the culmination of Easter season. Next Monday we go back to tenth week in ordinary time (year C). When the Apostles received the Holy Spirit in the form of fire (shape of tongue) and wind, they were completely overwhelmed and transformed. Until then, they were in the grip of fear, failure and inadequacy. Though the risen Lord had commanded them to preach the good news and be witnesses to him; they did not know where to start and how to do it. When the Holy Spirit came down on them on the fiftieth day of his Resurrection, the apostles started to preach about the Risen Lord so convincingly and passionately that on the first day itself 3000 men joined them and the first community of believers started to go out to the whole world.

It is said that there are now 34,000 Protestant denominations which means on the average, more than sixty-nine new denominations had sprung up every year since the Reformation in 1517. So whose birthday is it anyway? We can proudly say Pentecost is the birthday of the Church Jesus established 2,000 years ago and no evil power can prevail over it. It is the same Holy Spirit that gives life and guidance to the Church today. What a soul is to body, is the Holy Spirit to the Church and to a Christian. It is the Holy Spirit who keeps the Church warm and bright and burns away the debris as the fire does.

Pope Benedict XVI rightly said, "Even though we are God's *chosen people*, we often behave more like God's *frozen people*--frozen in our prayer life, frozen in the way we relate with one another, frozen in the way we celebrate our Faith."

Let us pray with Blessed Cardinal Newman, "Come Holy Spirit make our ears to hear; make our eyes to see; make our mouths to speak; make our hearts to seek; make our hands to reach out and touch the world with your love."




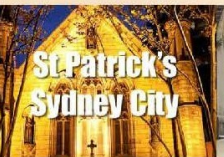
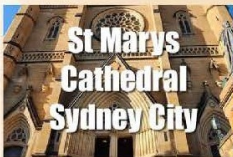
St Joseph Motor Pilgrimage Sydney Archdiocese 2025

Presents

Pilgrims of Hope


Visiting all 12 Jubilee Churches over 4 last Sundays of the month


Day 1: Sunday 29th June 2025



Opportunity for Plenary Indulgence for self and Souls in Purgatory
Pilgrim Graces for those in most need
Prayers, Reflections, Rosary, Eucharist

For more information and to download a booklet go to trybooking.com/1385070 or scan the QR code





FIRST HOLY COMMUNION MASSES

First Holy Communion Masses will be celebrated at Holy Family on the following dates.

Saturday 14 June, 5.30pm Vigil Mass

Sunday 15 June, 10am Mass

Saturday 28 June, 5.30pm Vigil Mass

Sunday 29 June, 10am Mass

HOLY FAMILY CATHOLIC CHURCH MENAI



invites you to join our

Procession on the Feast of Corpus Christi

**Sunday 22 June
2025**

commences at
11am from the
Church

Procession with the
Blessed Sacrament
starting from the Church,
processing up into
Aquinas College grounds
and Holy Family
car park, finishing back at
the Church with
Benediction.



We would like to invite parishioners to join us in the Walk with Christ Eucharistic Procession through the City on Sunday, 22 June at 2.30pm.

We will be arranging a coach to take us departing from Holy Family car park at 1pm and return at approximately 5.30pm. We would love to take a full coach of parishioners. Free of charge. Coach capacity is 61 seats.

The Archdiocese will be covering the cost of the coach for this event.



We will be walking together as a Holy Family Menai group with our banner.

Please put your name and contact details on the sign up sheets or email admin@holyfamilymenai.org.au if you would like to attend with us on the coach.

All details can be found via the QR code or the by [visiting \[sydneycatholic.org/walkwithchrist\]\(https://visiting.sydneycatholic.org/walkwithchrist\)](https://visiting.sydneycatholic.org/walkwithchrist)



VISIT: [SYDNEYCATHOLIC.ORG/WALKWITHCHRIST](https://sydneycatholic.org/walkwithchrist)

FESTIVAL:
Martin Place from 1:00PM.

PROCESSION:
Begins at 2:30PM sharp.
Corner of Martin Place and Pitt St.



**CATHOLIC
WOMEN'S NETWORK**

Anointed

**WOMEN'S
CONFERENCE**
SATURDAY 27 SEPTEMBER 2025

8:30 AM | ROYAL RANDWICK
5:00 PM | RACECOURSE
SYDNEY

WITH KEYNOTE SPEAKER
SR MIRIAM JAMES HEIDLAND, S.O.L.T.

REGISTER
[WWW.CATHOLICWOMENSNETWORK.ORG](https://www.catholicwomensnetwork.org)

CATHOLIC ARCHDIOCESE
OF SYDNEY

SYDNEY CENTRE FOR
EVANGELISATION

We are thrilled invite you to the Catholic Women's Network's inaugural Women's Conference! Let's gather a wonderful group from our parish to enjoy this amazing day together.

There will be inspiring talks, worship, fellowship and wisdom from special guest Sr Miriam James Heidland. If you book as a group of 5 friends, you'll receive a discounted ticket price of \$115 each, totalling \$575. Individual tickets are \$125 each. An optional bus service from St Patrick's is available for an additional \$20 per ticket.

Secure your spot by booking tickets using the QR code or contact the parish office. Please book your tickets as soon as possible to avoid disappointment.

TOGETHER WE GROW AS
HOLY FAMILY

PLEASE JOIN US FOR OUR
**PARISH DINNER
DANCE**

FRIDAY • **20TH** JUNE • 2025

**DOORS OPEN AT 6.30PM
FOR A 7PM START**

CLUB CENTRAL MENAI,
44-60 ALLISON CRESCENT,
MENAI

TICKETS \$85 PER PERSON

TICKETS CAN BE
PURCHASED ONLINE
USING THE QR
CODE OR YOU CAN
CONTACT THE
PARISH OFFICE IN
PERSON OR ON
9543 2677.



YOUR TICKET INCLUDES A WELCOME DRINK ON ARRIVAL AND A DELICIOUS TWO-COURSE MEAL, WITH ADDITIONAL BEVERAGES AVAILABLE FOR PURCHASE FROM THE BAR. GUESTS WILL ALSO BE ENTERTAINED BY WELL-LOVED LOCAL BAND, STONEMILL, MAKING FOR A WONDERFUL EVENING OF FELLOWSHIP AND LIVE MUSIC.

RSVP BY TUESDAY 10 JUNE 2025