

HOLY FAMILY CATHOLIC PARISH MENAI

LIVING AND SHARING THE CHRISTIAN LIFE AS A GROWING PARISH FAMILY

Alfords Point Bangor Barden Ridge Illawong Lucas Heights Menai Woronora West



THE ASCENSION OF THE LORD

1 June 2025 Year C/1—Divine office Psalter Week 3

ENTRANCE ANTIPHON

**Men of Galilee, why gaze in wonder at the heavens?
This Jesus whom you saw ascending into heaven
will return as you saw him go, alleluia.**

First Reading

A reading from the Acts of the Apostles
(Acts of the Apostles 1:1-11)

In my earlier work, Theophilus, I dealt with everything Jesus had done and taught from the beginning until the day he gave his instructions to the apostles he had chosen through the Holy Spirit, and was taken up to heaven. He had shown himself alive to them after his Passion by many demonstrations: for forty days he had continued to appear to them and tell them about the kingdom of God. When he had been at table with them, he had told them not to leave Jerusalem, but to wait there for what the Father had promised. 'It is,' he had said, 'what you have heard me speak about: John baptised with water but you, not many days from now, will be baptised with the Holy Spirit.'

Now having met together, they asked him, 'Lord, has the time come? Are you going to restore the kingdom to Israel?' He replied, 'It is not for you to know times or dates that the Father has decided by his own authority, but you will receive power when the Holy Spirit comes on you, and then you will be my witnesses not only in Jerusalem but throughout Judaea and Samaria, and indeed to the ends of the earth.'

As he said this he was lifted up while they looked on, and a cloud took him from their sight. They were still staring into the sky when suddenly two men in white were standing near them and they said, 'Why are you men from Galilee standing here looking into the sky? Jesus who has been taken up from you into heaven, this same Jesus will come back in the same way as you have seen him go there.'

The Word of the Lord
Thanks be to God

Responsorial Psalm

**(R.) God mounts his throne to shouts of joy:
a blare of trumpets for the Lord.**

Second Reading

A reading from the letter of St Paul to the Ephesians (Ephesians 1:17-23)

May the God of our Lord Jesus Christ, the Father of glory, give you a spirit of wisdom and perception of what is revealed, to bring

you to full knowledge of him. May he enlighten the eyes of your mind so that you can see what hope his call holds for you, what rich glories he has promised the saints will inherit and how infinitely great is the power that he has exercised for us believers. This you can tell from the strength of his power at work in Christ, when he used it to raise him from the dead and to make him sit at his right hand, in heaven, far above every Sovereignty, Authority, Power, or Domination, or any other name that can be named, not only in this age, but also in the age to come. He has put all things under his feet, and made him, as the ruler of everything, the head of the Church; which is his body, the fullness of him who fills the whole creation.

The Word of the Lord
Thanks be to God

Gospel Acclamation

Alleluia, alleluia!

Go and teach all people my gospel. I am with you always, until the end of the world.

Alleluia!

Gospel

A reading from the holy Gospel according to Luke (Luke 24:46-53)

Jesus said to his disciples: 'You see how it is written that the Christ would suffer and on the third day rise from the dead, and that, in his name, repentance for the forgiveness of sins would be preached to all the nations, beginning from Jerusalem. You are witnesses to this.

'And now I am sending down to you what the Father has promised. Stay in the city then, until you are clothed with the power from on high.' Then he took them out as far as the outskirts of Bethany, and lifting up his hands he blessed them. Now as he blessed them, he withdrew from them and was carried up to heaven. They worshipped him and then went back to Jerusalem full of joy; and they were continually in the Temple praising God.

The Gospel of the Lord
Praise to you, Lord Jesus Christ.

Parish Priest:
Rev. Mani Malana msfs
E: pastor@holyfamilymenai.org.au

Assistant Priest:
Rev. Tom Jose msfs
E: tom.jose@sydneycatholic.org

Parish Secretary/Bookkeeper:
Andrea Hunt
Phone: 02 9543 2677
E: admin@holyfamilymenai.org.au

Sacramental Coordinator:
Katarina Moric
Phone: 02 9543 2677
E: sacraments@holyfamilymenai.org.au

Parish Pastoral Council
Chair Person:
Ivan David
E: ivandavid445@gmail.com

Parish Finance Committee
Chair Person:
Robert Mulcahy
E: rmulcahy@bigpond.com

Parish Safeguarding Officer:
Nicole Makdessi
E: psso@holyfamilymenai.org.au

Parish WH&S Management Officer:
George Szymura
E: georgeszymura1@gmail.com

St Vincent de Paul, Menai
Conference - Contact
Chrissie Guglielmini
E: Chrissie.guglielmini@vinnies.org.au

Holy Family Primary Principal:
Philip Tax Ph 9543 2614

Aquinas College Principal:
James Clancy Ph 9543 0188

Garden Maintenance:
Steve Connor
E: titan.lawnmowing@gmail.com

Holy Family Parish Menai
1D Anzac Rd Menai NSW 2234
Phone: 02 9543 2677
E: admin@holyfamilymenai.org.au
Web: HolyFamilyMenai.org.au

Parish Office hours:
Tuesday, Thursday & Friday: 9am - 4pm

Mass Timings:
Weekday: Tue - Sat 9.15am
1st Friday of the month: 7.00pm
Weekend: Saturday Vigil 5.30pm
Sunday: 8.30am, 10.00am

Blessed Sacrament Exposition
Tue - Sat: 8.30am - 9.10am

Fri - 8.30am Laud's music
8.45am Divine Mercy Chaplet
9am Benediction of the Blessed Sacrament

1st Friday of the month (after 7pm Mass - 12am)

Lauds Tue, Wed and Thu - 8.45am

Reconciliation: Sat: 4.30 - 5.15pm
Or by appointment.

Holy Communion or Visit at Home:
Please contact the parish office to arrange a time.

Baptisms: 1st Sunday during 10am Mass and every 2nd and 4th Sunday, 11.15am (no baptisms during Lent)

Baptism Preparation Program:
11am on the 1st Sat of each month.

In your love and concern, please pray for all the sick and vulnerable members of our Holy Family community:

Doris Attard, Lena Galdes, Marko Petrak, Peter Kaye, Lynette Rocca, Marie Gonsalvez, Victoriano Mendoza, Jan Kurianski, Bernadette O'Brien, Ivan David, Tony Trainor, Ilse Von Stamm, Anthony Mifsud, Dympna Fitzpatrick, Sandra Thomas, Frances Rupolo, Matthew McLachlan, Mark F, Robbert A, Carlos Simoes, Beatrice Gonsalvez, Matilda Oliver-Nalder, Angela Symons, Carol Galdes, Julie Gonsalvez, Robert Nicholls, Brad Jory, Jayden, Natividad Sora, Bernard Aclan, Julius Aclan, Jean Aclan, Geoff Eastgate, Joanne Mannah and Chris Halvey.

We remember those whose Anniversaries and Special Prayers have been requested:

Vernon Fonseca, Slavko Ersegovic, Ljuba Zoraja, Bozo Glavan, Marilyn Nicholls, Johanna Nicholls, Barry Whally, Justin Olliffe, Ken Olliffe and Joe Bridgett.

Recently Deceased.

Amy McLachlan Wright, Mark Halavazis and Marie Collins.

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May the souls of all the faithful departed, through the mercy of God, rest in peace. - Amen -

THE GLORIA

Glory to God in the highest, and on earth peace to people of good will.

We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us;

you take away the sins of the world, receive our prayer;

you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

THE NICENE CREED

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages.

God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made.

For us men and for our salvation he came down from heaven,

(all bow) and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate,

he suffered death and was buried, and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is

seated at the right hand of the Father.

He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified,

who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins

and I look forward to the resurrection of the dead

and the life of the world to come.

Amen.

AFTER THE PREFACE

Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

COMMUNION ANTIPHON

Behold, I am with you always, even to the end of the age, alleluia.

THE MYSTERY OF FAITH.

When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again.

THE JUBILEE PRAYER

Father in heaven, may the faith you have given us in your son, Jesus Christ, our brother, and the flame of charity enkindled in our hearts by the Holy Spirit, reawaken in us the blessed hope for the coming of your Kingdom.

May your grace transform us into tireless cultivators of the seeds of the Gospel.

May those seeds transform from within both humanity and the whole cosmos in the sure expectation of a new heaven and a new earth, when, with the powers of Evil vanquished, your glory will shine eternally.

May the grace of the Jubilee reawaken in us, Pilgrims of Hope, a yearning for the treasures of heaven.

May that same grace spread the joy and peace of our Redeemer throughout the earth.

To you our God, eternally blessed, be glory and praise for ever. **Amen.**

THE REGINA COELI

(during Easter Season)

V. Queen of Heaven Rejoice, Alleluia

R. For he whom you did merit to bear, Alleluia

V. Has risen as He said. Alleluia

R. Pray for us to God. Alleluia

V. Rejoice and be glad, O Virgin Mary, Alleluia

R. For the Lord is truly risen! Alleluia!

Let us pray

O God, who gave joy to the world through the resurrection of Your Son, our Lord Jesus Christ; grant, we beseech You, that through the intercession of the Virgin Mary, His Mother, we may obtain the joys of everlasting life: Through the same Christ our Lord. Amen.

What's on at Holy Family Parish

† **Exposition of the Blessed Sacrament** - Tue - Sat: 8.30am - 9.10am

† **Morning Prayer (Lauds)** - Tue - Thu 8.45am.

† **Divine Mercy Chaplet and Benediction of the Blessed Sacrament** - Fri 8.45am

1st Friday of the month (after 7pm Mass - 12am)

† **Rosary** - Sat - 8.45am.

† **Mass** - Tue - Sat 9.15am, during Lent Wed 7.30pm and Fri 7pm (Confession available during Adoration)



† **Children's Liturgy** - Sun - 8.30am Mass

† **Daily Rosary, Rosary** at 8-8.30pm on Zoom, please text (ROSARY) to 0418 433 333 to receive the link.

CAN YOU HELP?

If you could bring in any of the below to the Parish Office we would be most appreciative as these items will be given to those in need.



- Small four/six packs of long life milk
- Breakfast or Muesli Bars
- Cereal

Thank you in advance for the ongoing support for this worthy cause!

THE Catholic Weekly

SUNDAY, 1 JUNE 2025

PULPIT POINTS

- ◆ New Catholics welcomed at the Pascal Eucharist
- ◆ The next religious freedom battle looms
- ◆ Liverpool launches its vision for mission

Available to purchase in the foyer. **Only \$2 please leave the money in the box provided.** Thank you.

Special Wedding Anniversary Blessing
at all Masses this weekend, for all couples celebrating their Wedding Anniversary during the month of **June**.

SACRAMENT OF CONFIRMATION 2025

CONFIRMATION WILL BE HELD ON SUNDAY 17 AUGUST AT ST MARY'S CATHEDRAL AT 3.30PM.

If you have a child in year six or above and they have already completed their First Reconciliation and First Holy Communion and would like to make their Confirmation this year, to register please go to <https://www.holyfamilymenai.org.au/>. **Lessons commence on Tuesday 17 June 2025.**



ROSTER FOR 7/8 JUNE (2ND WEEKEND) PENTECOST SUNDAY		5.30pm	8:30am	10am	OTHER
	ACOLYTES/ SERVERS	Ivan David	Peter Mauch	Adrian D'Mello	Counters: Robert Mulcahy's Team
	READERS	Luce Dunn Hastie Family Bridget Nappa	Allen Oliver Maguy Nakhl Georgette Roumanos	Julie or Michael Monk John Shanahan	Children's Liturgy: Teachers TBC
	WARDENS	Charlie Zammit/Benny Falls	George Szymura/Jim Montague	Cosimo Gioiello	Aeralife Aged Care: Adam
	MUSICIANS	Parish Choir	Jeff and Sue Low	Emma (PowerPoint MP3)	Barden Lodge Aged Care: Linda & Margaret
	PIETY STALL	Michelle	Roslyn	Dianna G	



A message from the Archdiocese of Sydney:

Child sexual abuse is a crime. The appropriate people to deal with crimes are the police. If you, or anyone you know, have been abused, please contact the police. Alternatively, you can contact the Safeguarding and Ministerial Integrity Office at (02) 9390 5810 or safeguardingenquiries@sydneycatholic.org. You may also want to speak to your Parish Priest who will be able to provide support and guidance. The Archdiocese has a legal obligation to report crimes to the police.

From Fr Mani's desk...

Ascension of our Lord

When we hear about the Ascension of our Lord, all that we can imagine is Jesus on the Mount of Olives, surrounded by his disciples, blessing them lovingly for the last time and going up majestically into the sky and disappearing behind the white cloud. Then we imagine Jesus being received by the Father at the gates of heaven, acclaimed by all the angels, followed by all the people in heaven and giving to Jesus his Son a beautiful throne at his right hand.

Ascension teaches us three great truths:

1. Ascension is the triumphant victory of Jesus; it is the award given by the Father for a hard job well done. If we too do the will of God with utmost love and dedication, we too can expect the glory as Jesus did get. Let us be aware that everything that happens to us in this life is a path to glory. What the world sees as failure, loss and negative can be our 'glory road' to God.
2. Ascension shows where our real destiny is. We are made of earth and in the world but we are not destined to remain on earth. Heaven is our real home. However we make our earth a lovely place, we have to leave it one day. On earth we are only renting.
3. Ascension shows Jesus' mode of presence today. After his resurrection, for forty days he appeared and disappeared to his apostles and with his ascension he would never again appear in human form. He can be present in many places, all the places simultaneously.

Today he is present in the Word and Sacrament, in the Eucharist and in the people through his Spirit.

With his Ascension, Jesus claims the universal Lordship. He has assured his continuing presence in the Church. So the point of the Ascension for us is that to meet the risen Christ today, we do not have to go to Jerusalem, Bethany or the Mount of Olives; we have only to come to church and you will meet him there.

"Know that I am with you always: yes, to the end of time". In what ways do you sense the presence of Jesus in yourself, in your family, in the Church and in the world?

"Go and make disciples of all nation". How do you see your role now in carrying out this mission of the Church?

CHILDREN'S LITURGY



PLEASE JOIN US

8.30AM MASS EVERY SUNDAY
DURING THE SCHOOL TERM.

FIRST HOLY COMMUNION MASSES

First Holy Communion Masses will be celebrated at Holy Family on the following dates.

Saturday 14 June, 5.30pm Vigil Mass

Sunday 15 June, 10am Mass

Saturday 28 June, 5.30pm Vigil Mass

Sunday 29 June, 10am Mass

FIRST FRIDAY OF
EVERY MONTH

JOIN US FOR

Sacred Heart of Jesus Mass

followed by
Adoration
of the
Blessed Sacrament

FRIDAY 6 JUNE 2025

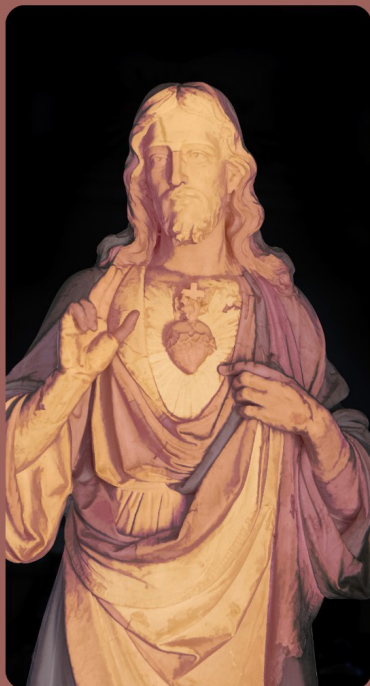
MASS AT 7PM

Every First Friday we will
be praying for our sick and
vulnerable members of our
Holy Family community at
9.15am and 7pm Masses

ADORATION,
STRAIGHT AFTER
MASS UNTIL 12AM.

A time for reflection and
prayer.

All are welcome.



HOLY FAMILY CATHOLIC CHURCH MENAI



invites you to join our

Procession on the Feast of Corpus Christi

**Sunday 22 June
2025**

commences at
11am from the
Church



Procession with the
Blessed Sacrament
starting from the Church,
processing up into
Aquinas College grounds
and Holy Family
car park, finishing back at
the Church with
Benediction.



In preparation for the Sydney Synod from (30 April to 3 May 2026), Archbishop Anthony Fisher is seeking positive, practical, and faithful ideas on how we can make our Church in Sydney more vibrant through more prayerful liturgies, more Christ-centred communities and being more mission-oriented.

We invite you to bring your ideas to our regional consultations at:

Holy Family Menai, Saturday 9 am – 12 pm, **30 August 2025**.

St Mary's Cathedral, Tuesday 6 – 9 pm, **14 October 2025**.

All Saints Liverpool, Thursday 6 – 9 pm, **16 October 2025**.

To find out more and to register your attendance at one of the regional consultations go to www.sydneycatholic.org/sydney-synod/ or scan the QR Code below. For further inquiries, email synod@sydneycatholic.org.

As the People of God in Sydney, let us join the Archbishop in praying, discerning, and acting with the Holy Spirit to make our Church more vibrant!



We would like to invite parishioners to join us in the Walk with Christ Eucharistic Procession through the City on Sunday, 22 June at 2.30pm.

We will be arranging a coach to take us departing from Holy Family car park at 1pm and return at approximately 5.30pm. We would love to take a full coach of parishioners. Free of charge. Coach capacity is 61 seats.

The Archdiocese will be covering the cost of the coach for this event.



We will be walking together as a Holy Family Menai group with our banner.

Please put your name and contact details on the sign up sheets or email admin@holyfamilymenai.org.au if you would like to attend with us on the coach.

All details can be found via the QR code or the by visiting sydneycatholic.org/walkwithchrist



VISIT: SYDNEYCATHOLIC.ORG/WALKWITHCHRIST

FESTIVAL:
Martin Place from 1:00PM.

PROCESSION:
Begins at 2:30PM sharp.
Corner of Martin Place and Pitt St.



TOGETHER WE GROW AS
HOLY FAMILY

PLEASE JOIN US FOR OUR
**PARISH DINNER
DANCE**

FRIDAY • **20TH** JUNE • 2025

**DOORS OPEN AT 6.30PM
FOR A 7PM START**

CLUB CENTRAL MENAI,
44-60 ALLISON CRESCENT,
MENAI

TICKETS \$85 PER PERSON

TICKETS CAN BE
PURCHASED ONLINE
USING THE QR
CODE OR YOU CAN
CONTACT THE
PARISH OFFICE IN
PERSON OR ON
9543 2677.



YOUR TICKET INCLUDES A WELCOME DRINK ON ARRIVAL AND A DELICIOUS TWO-COURSE MEAL, WITH ADDITIONAL BEVERAGES AVAILABLE FOR PURCHASE FROM THE BAR. GUESTS WILL ALSO BE ENTERTAINED BY WELL-LOVED LOCAL BAND, STONEMILL, MAKING FOR A WONDERFUL EVENING OF FELLOWSHIP AND LIVE MUSIC.