

# HOLY FAMILY CATHOLIC PARISH MENAI

LIVING AND SHARING THE CHRISTIAN LIFE AS A GROWING PARISH FAMILY

Alfords Point Bangor Barden Ridge Illawong Lucas Heights Menai Woronora West



## SIXTH SUNDAY OF EASTER

25 May 2025 Year C/1—Divine office Psalter Week 2

### ENTRANCE ANTIPHON

**Proclaim a joyful sound and let it be heard;  
proclaim to the ends of the earth:  
The Lord has freed his people, alleluia.**

### First Reading

**A reading from the Acts of the Apostles**  
(Acts of the Apostles 15:1-2. 22-29)

Some men came down from Judaea and taught the brothers, 'Unless you have yourselves circumcised in the tradition of Moses you cannot be saved.' This led to disagreement, and after Paul and Barnabas had had a long argument with these men it was arranged that Paul and Barnabas and others of the church should go up to Jerusalem and discuss the problem with the apostles and elders.

Then the apostles and elders decided to choose delegates to send to Antioch with Paul and Barnabas; the whole church concurred with this. They chose Judas known as Barsabbas and Silas, both leading men in the brotherhood, and gave them this letter to take with them:

'The apostles and elders, your brothers, send greetings to the brothers of pagan birth in Antioch, Syria and Cilicia. We hear that some of our members have disturbed you with their demands and have unsettled your minds. They acted without any authority from us, and so we have decided unanimously to elect delegates and to send them to you with Barnabas and Paul, men we highly respect who have dedicated their lives to the name of our Lord Jesus Christ. Accordingly we are sending you Judas and Silas, who will confirm by word of mouth what we have written in this letter. It has been decided by the Holy Spirit and by ourselves not to saddle you with any burden beyond these essentials: you are to abstain from food sacrificed to idols, from blood, from the meat of strangled animals and from fornication. Avoid these, and you will do what is right. Farewell.'

The Word of the Lord  
Thanks be to God

### Responsorial Psalm

**(R.) O God, let all the nations praise you!**

### Second Reading

**A reading from the book of the Apocalypse**  
(Revelation 21:10-14, 22-23)

In the spirit, the angel took me to the top of an enormous high mountain and showed me Jerusalem, the holy city, coming down from God out of heaven. It had all the radiant glory of God and glittered like some precious jewel of crystal-clear diamond. The walls of it were of a great height, and had twelve gates; at each of the twelve gates there was an angel, and over the gates were written the names of the

twelve tribes of Israel; on the east there were three gates, on the north three gates, on the south three gates, and on the west three gates. The city walls stood on twelve foundation stones, each one of which bore the name of one of the twelve apostles of the Lamb.

I saw that there was no temple in the city since the Lord God Almighty and the Lamb were themselves the temple, and the city did not need the sun or the moon for light, since it was lit by the radiant glory of God and the Lamb was a lighted torch for it.

The Word of the Lord  
Thanks be to God

### Gospel Acclamation

**Alleluia, alleluia!**

All who love me will keep my words, and my Father will love them and we will come to them.

**Alleluia!**

### Gospel

**A reading from the holy Gospel according to John** (John 14:23-29)

Jesus said to his disciples:

'If anyone loves me he will keep my word, and my Father will love him, and we shall come to him and make our home with him.

Those who do not love me do not keep my words.

And my word is not my own:

it is the word of the one who sent me.

I have said these things to you while still with you; but the Advocate, the Holy Spirit, whom the Father will send in my name, will teach you everything and remind you of all I have said to you.

Peace I bequeath to you, my own peace I give you, a peace the world cannot give, this is my gift to you.

Do not let your hearts be troubled or afraid.

You heard me say:

I am going away, and shall return.

If you loved me you would have been glad to know that I am going to the Father, for the Father is greater than I.

I have told you this now before it happens, so that when it does happen you may believe.'

The Gospel of the Lord

**Praise to you, Lord Jesus Christ.**

**Parish Priest:**  
Rev. Mani Malana msfs  
E: pastor@holyfamilymenai.org.au

**Assistant Priest:**  
Rev. Tom Jose msfs  
E: tom.jose@sydneycatholic.org

**Parish Secretary/Bookkeeper:**  
Andrea Hunt  
Phone: 02 9543 2677  
E: admin@holyfamilymenai.org.au

**Sacramental Coordinator:**  
Katarina Moric  
Phone: 02 9543 2677  
E: sacraments@holyfamilymenai.org.au

**Parish Pastoral Council**  
**Chair Person:**  
Ivan David  
E: ivandavid445@gmail.com

**Parish Finance Committee**  
**Chair Person:**  
Robert Mulcahy  
E: rmulcahy@bigpond.com

**Parish Safeguarding Officer:**  
Nicole Makdessi  
E: psso@holyfamilymenai.org.au

**Parish WH&S Management Officer:**  
George Szymura  
E: georgeszymura1@gmail.com

**St Vincent de Paul, Menai**  
**Conference - Contact**  
Chrissie Guglielmini  
E: Chrissie.guglielmini@vinnies.org.au

**Holy Family Primary Principal:**  
Phillip Tax Ph 9543 2614

**Aquinas College Principal:**  
James Clancy Ph 9543 0188

**Garden Maintenance:**  
Steve Connor  
E: titan.lawnmowing@gmail.com

**Holy Family Parish Menai**  
**1D Anzac Rd Menai NSW 2234**  
Phone: 02 9543 2677  
E: admin@holyfamilymenai.org.au  
Web: [HolyFamilyMenai.org.au](http://HolyFamilyMenai.org.au)

**Parish Office hours:**  
Tuesday, Thursday & Friday: 9am - 4pm

**Mass Timings:**  
Weekday: Tue - Sat 9.15am  
1st Friday of the month: 7.00pm  
Weekend: Saturday Vigil 5.30pm  
Sunday: 8.30am, 10.00am

**Blessed Sacrament Exposition**

Tue - Sat: 8.30am - 9.10am  
Fri - 8.30am Laud's music  
8.45am Divine Mercy Chaplet  
9am Benediction of the Blessed Sacrament

1st Friday of the month (after 7pm Mass - 12am)

**Lauds** Tue, Wed and Thu - 8.45am

**Reconciliation:** Sat: 4.30 - 5.15pm  
Or by appointment.

**Holy Communion or Visit at Home:**  
Please contact the parish office to arrange a time.

**Baptisms:** 1st Sunday during 10am Mass and every 2nd and 4th Sunday, 11.15am (no baptisms during Lent)

**Baptism Preparation Program:**  
11am on the 1st Sat of each month.

*In your love and concern, please pray for all the sick and vulnerable members of our Holy Family community:*

Doris Attard, Lena Galdes, Marko Petrak, Peter Kaye, Lynette Rocca, Marie Gonsalvez, Victoriano Mendoza, Jan Kurianski, Bernadette O'Brien, Ivan David, Tony Trainor, Ilse Von Stamm, Anthony Mifsud, Dympna Fitzpatrick, Sandra Thomas, Frances Rupolo, Matthew McLachlan, Mark F, Robbert A, Carlos Simoes, Beatrice Gonsalvez, Matilda Oliver-Nalder, Angela Symons, Carol Galdes, Julie Gonsalvez, Robert Nicholls, Brad Jory, Jayden, Natividad Sora, Bernard Aclan, Julius Aclan, Jean Aclan, Geoff Eastgate, Joanne Mannah and Chris Halvey.

*We remember those whose Anniversaries and Special Prayers have been requested:*

Ljuba Zoraja, Bozo Glavan, Joseph Mannah, James Casey, Salim and Sayde Ghostin and family, Mahboube Chedid, Victor Buttigieg, Laurie and Elizabeth Greening, Bridget Netto, Megan Pettitt, Lucia Cristiano, Ronald Ball, Teresa Jacob, Felicity Thomas, Maria De Bellis, David Stephenson, Cassie Fonseca, Joseph Alam, Thomas Trutwein, Marilyn Nicholls, Johanna Nicholls, Justin Oliffe, Ken Olliffe, Joe Bridgett and Peter Howlett.

*Recently Deceased.*

Pope Francis, Mark Halavazis, Marie Collins and Marie Isbester.

*Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May the souls of all the faithful departed, through the mercy of God, rest in peace. - Amen -*

## THE GLORIA

Glory to God in the highest, and on earth peace to people of good will.

We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us;

you take away the sins of the world, receive our prayer;

you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

## THE NICENE CREED

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God,

born of the Father before all ages.

God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made.

For us men and for our salvation he came down from heaven,

**(all bow) and by the Holy Spirit was incarnate of the Virgin Mary, and became man.**

For our sake he was crucified under Pontius Pilate,

he suffered death and was buried, and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is

seated at the right hand of the Father.

He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified,

who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins

and I look forward to the resurrection of the dead

and the life of the world to come.

Amen.

## AFTER THE PREFACE

Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

## COMMUNION ANTIPHON

**If you love me, keep my commandments, says the Lord, and I will ask the Father and he will send you another Paraclete, to abide with you for ever, alleluia.**

## THE MYSTERY OF FAITH.

We proclaim your Death, O Lord, and profess your Resurrection until you come again.

## THE JUBILEE PRAYER

Father in heaven, may the faith you have given us in your son, Jesus Christ, our brother, and the flame of charity enkindled in our hearts by the Holy Spirit, reawaken in us the blessed hope for the coming of your Kingdom.

May your grace transform us into tireless cultivators of the seeds of the Gospel.

May those seeds transform from within both humanity and the whole cosmos in the sure expectation of a new heaven and a new earth, when, with the powers of Evil vanquished, your glory will shine eternally.

May the grace of the Jubilee reawaken in us, Pilgrims of Hope, a yearning for the treasures of heaven.

May that same grace spread the joy and peace of our Redeemer throughout the earth.

To you our God, eternally blessed, be glory and praise for ever. **Amen.**

## THE REGINA COELI

**(during Easter Season)**

V. Queen of Heaven Rejoice, Alleluia

R. For he whom you did merit to bear, Alleluia

V. Has risen as He said. Alleluia

R. Pray for us to God. Alleluia

V. Rejoice and be glad, O Virgin Mary, Alleluia

R. For the Lord is truly risen! Alleluia!

## Let us pray

O God, who gave joy to the world through the resurrection of Your Son, our Lord Jesus Christ; grant, we beseech You, that through the intercession of the Virgin Mary, His Mother, we may obtain the joys of everlasting life: Through the same Christ our Lord. Amen.

# What's on at Holy Family Parish

† **Exposition of the Blessed Sacrament** - Tue - Sat: 8.30am - 9.10am

† **Morning Prayer (Lauds)** - Tue - Thu 8.45am.

† **Divine Mercy Chaplet and Benediction of the Blessed Sacrament** - Fri 8.45am

1st Friday of the month (after 7pm Mass - 12am)

† **Rosary** - Sat - 8.45am.

† **Mass** - Tue - Sat 9.15am, during Lent Wed 7.30pm and Fri 7pm (Confession available during Adoration)



† **Children's Liturgy** - Sun - 8.30am Mass

† **Daily Rosary, Rosary** at 8-8.30pm on Zoom, please text (ROSARY) to 0418 433 333 to receive the link.

## CAN YOU HELP?

If you could bring in any of the below to the Parish Office we would be most appreciative as these items will be given to those in need.



- Small four/six packs of long life milk
- Breakfast or Muesli Bars
- Cereal

Thank you in advance for the ongoing support for this worthy cause!

# THE Catholic Weekly

SUNDAY, 25 MAY 2025

PULPIT POINTS

- ♦ Sydney's clergy prepare to Walk with Christ
- ♦ Australian leaders attend Pope Leo XIV's inauguration
- ♦ New light on the Nicene Creed
- ♦ God's love and literature: Joseph Pearce tours Australia
- ♦ The Augustinian spirituality of Pope Leo XIV

Available to purchase in the foyer. **Only \$2 please leave the money in the box provided.** Thank you.

## Sacrament of Confirmation 2025

If you have a child in year six or above and they have already completed their First Reconciliation and First Holy Communion and would like to make their Confirmation this year, the parent information sessions will be next Tuesday 27th May and Thursday 29th May, both at 6.30pm. You only need to attend ONE session.



ROSTER FOR 31 MAY/1 JUNE (1ST WEEKEND)  THE ASCENSION OF THE LORD		5.30pm	8:30am	10am	OTHER
	ACOLYTES/ SERVERS	Christopher Fetherston Peter McLachlan	Paul Tyson	Bernard Govind	Counters: Jeff Low's Team
	READERS	Simon Bradstock Margaret Keyes Sophie Kerr	Emma Gioiello Erica O'Brien Julie Tyson	Adrian D'Mello Marina D'Mello	Children's Liturgy: Teachers TBC
	WARDENS	Charlie Zammit/Benny Falls	George Szymura/Jim Montague	Robert Pedic/Tony Ibrahim	Aeralife Aged Care: Terri
	MUSICIANS	Holy Family Singers	Gino Ferraro (PowerPoint MP3)	Lisa (PowerPoint MP3)	Barden Lodge Aged Care: Peter
	PIETY STALL	Maria G	Priscilla	Laura/Georgia	



A message from the Archdiocese of Sydney:

Child sexual abuse is a crime. The appropriate people to deal with crimes are the police. If you, or anyone you know, have been abused, please contact the police. Alternatively, you can contact the Safeguarding and Ministerial Integrity Office at (02) 9390 5810 or [safeguardingenquiries@sydneycatholic.org](mailto:safeguardingenquiries@sydneycatholic.org). You may also want to speak to your Parish Priest who will be able to provide support and guidance. The Archdiocese has a legal obligation to report crimes to the police.



## **POPE LEO XIV'S FIRST HOMILY CONTINUED...**

(REFER BULLETIN OF 18/5/25):

### **WHO DO THE PEOPLE SAY JESUS IS? TWO ANSWERS AND A TASK**

Then there is the other possible response to Jesus' question: that of ordinary people. For them, the Nazarene is not a charlatan, but an upright man, one who has courage, who speaks well and says the right things, like other great prophets in the history of Israel. That is why they follow him, at least for as long as they can do so without too much risk or inconvenience. Yet to them he is only a man, and therefore, in times of danger, during his passion, they too abandon him and depart disappointed.

What is striking about these two attitudes is their relevance today. They embody notions that we could easily find on the lips of many men and women in our own time, even if, while essentially identical, they are expressed in different language. Even today, there are many settings in which the Christian faith is considered absurd, meant for the weak and unintelligent. Settings where other securities are preferred, like technology, money, success, power, or pleasure.

These are contexts where it is not easy to preach the Gospel and bear witness to its truth, where believers are mocked, opposed, despised or at best tolerated and pitied. Yet, precisely for this reason, they are the places where our missionary outreach is desperately needed. A lack of faith is often tragically accompanied by the loss of meaning in life, the neglect of mercy, appalling violations of human dignity, the crisis of the family and so many other wounds that afflict our society.

Today, too, there are many settings in which Jesus, although appreciated as a man, is reduced to a kind of charismatic leader or superman. This is true not only among non-believers but also among many baptized Christians, who thus end up living, at this level, in a state of practical atheism.

This is the world that has been entrusted to us, a world in which, as Pope Francis taught us so many times, we are called to bear witness to our joyful faith in Christ the Saviour. Therefore, it is essential that we too repeat, with Peter: "You are the Christ, the Son of the living God" (Mt 16:16).

It is essential to do this, first of all, in our personal relationship with the Lord, in our commitment to a daily journey of conversion. Then, to do so as a Church, experiencing together our fidelity to the Lord and bringing the Good News to all (cf. *Lumen Gentium*, 1). I say this first of all to myself, as the Successor of Peter, as I begin my mission as Bishop of Rome and, according to the well-known expression of Saint Ignatius of Antioch, am called to preside in charity over the universal Church (cf. *Letter to the Romans*, Prologue). Saint Ignatius, who was led in chains to this city, the place of his impending sacrifice, wrote to the Christians there: "Then I will truly be a disciple of Jesus Christ, when the world no longer sees my body" (*Letter to the Romans*, IV, 1). Ignatius was speaking about being devoured by wild beasts in the arena — and so it happened — but his words apply more generally to an indispensable commitment for all those in the Church who exercise a ministry of authority. It is to move aside so that Christ may remain, to make oneself small so that he may be known and glorified (cf. *Jn* 3:30), to spend oneself to the utmost so that all may have the opportunity to know and love him.

May God grant me this grace, today and always, through the loving intercession of Mary, Mother of the Church.

The Sutherland Shire Network of Family Educators  
invite you to their inaugural  
**WOMEN'S EVENT**



*Fearfully & Wonderfully made*  
Psalm 139:14

Guest Speakers ♥ Q&A session included



**Meredith Lemos**  
Director,  
Engage and Enrich  
Consultancy

**Evie Farrell**  
#MUMPACKTRAVEL  
Author



**Bernadette Payne**  
Founder,  
That's My Style

**Katie O'Brien**  
Counsellor



Light refreshments provided ♥ Drinks available at own cost

**MONDAY**  
**26<sup>TH</sup> MAY**  
GYMEA HOTEL  
7PM - 9PM

\$10 tickets  
ALL PROCEEDS  
DONATED TO  
SHARE THE DIGNITY  
CHARITY

REGISTER



<https://www.trybooking.com/DBIFH>

This event is for women over 18 years.



**Special Wedding Anniversary Blessing** at all  
Masses next weekend 31 May/1 June, for all couples  
celebrating their Wedding Anniversary during the  
month of **June**.

FIRST FRIDAY OF  
EVERY MONTH

JOIN US FOR

**Sacred Heart  
of Jesus  
Mass**

followed by  
Adoration  
of the  
Blessed Sacrament

**FRIDAY 6 JUNE 2025**

MASS AT 7PM

Every First Friday we will  
be praying for our sick and  
vulnerable members of our  
Holy Family community at  
9.15am and 7pm Masses

ADORATION,  
STRAIGHT AFTER  
MASS UNTIL 12AM.

A time for reflection and  
prayer.

All are welcome.



In preparation for the Sydney Synod from (30 April to 3 May 2026),  
Archbishop Anthony Fisher is seeking positive, practical, and  
faithful ideas on how we can make our Church in Sydney more  
vibrant through more prayerful liturgies, more Christ-centred  
communities and being more mission-oriented.

We invite you to bring your ideas to our regional consultations at:

Holy Family Menai, Saturday 9 am – 12 pm, 30 August 2025.

St Mary's Cathedral, Tuesday 6 – 9 pm, 14 October 2025.

All Saints Liverpool, Thursday 6 – 9 pm, 16 October 2025.

To find out more and to register your attendance at one of the  
regional consultations go to [www.sydneycatholic.org/sydney-synod/](http://www.sydneycatholic.org/sydney-synod/) or scan the QR Code below. For further inquiries, email  
[synod@sydneycatholic.org](mailto:synod@sydneycatholic.org).

As the People of God in Sydney, let us join the Archbishop in  
praying, discerning, and acting with the Holy Spirit to make our  
Church more vibrant!



Scan to Purchase



THE  
AUSTRALIAN  
**HOLY**  
SHROUD  
CONFERENCE

**27-28 JUNE 2025**  
Liverpool Catholic Club

An intellectually engaging and  
spiritually enriching two-day  
conference with high profile speakers.

**Bishop Richard Umbers**  
Archdiocese of Sydney

**Fr Andrew Dalton, L.C.**  
Professor, Shroud Studies

**David Rolfe**  
Director, The Silent Witness

**William West**  
Author, Riddles of the Shroud

**Dr Paul Morrissey**  
President, Campion College



TOGETHER WE GROW AS  
HOLY FAMILY

## PLEASE JOIN US FOR OUR PARISH DINNER DANCE

FRIDAY • 20<sup>TH</sup> JUNE • 2025

DOORS OPEN AT 6.30PM  
FOR A 7PM START

CLUB CENTRAL MENAI,  
44-60 ALLISON CRESCENT,  
MENAI

TICKETS \$85 PER PERSON

TICKETS CAN BE  
PURCHASED  
ONLINE USING THE  
QR CODE OR YOU  
CAN CONTACT THE  
PARISH OFFICE IN  
PERSON OR ON  
9543 2677.



ENTERTAINMENT BY **STONEMILL**



YOUR TICKET INCLUDES A WELCOME DRINK ON ARRIVAL AND A DELICIOUS TWO-COURSE MEAL, WITH ADDITIONAL BEVERAGES AVAILABLE FOR PURCHASE FROM THE BAR. GUESTS WILL ALSO BE ENTERTAINED BY WELL-LOVED LOCAL BAND, STONEMILL, MAKING FOR A WONDERFUL EVENING OF FELLOWSHIP AND LIVE MUSIC.

## HOLY FAMILY CATHOLIC CHURCH MENAI



invites you to join our

## Procession on the Feast of Corpus Christi

Sunday 22 June  
2025

commences at  
11am from the  
Church

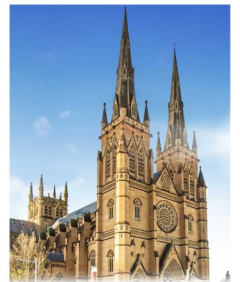
Procession with the  
Blessed Sacrament  
starting from the Church,  
processing up into  
Aquinas College grounds  
and Holy Family  
car park, finishing back at  
the Church with  
Benediction.



We would like to invite parishioners to join  
us in the Walk with Christ Eucharistic  
Procession through the City on Sunday, 22  
June at 2.30pm.

We will be arranging a coach to take us  
departing from Holy Family car park at  
1pm and return at approximately 5.30pm.  
We would love to take a full coach of  
parishioners. Free of charge. Coach  
capacity is 61 seats.

The Archdiocese will be covering the cost  
of the coach for this event.



We will be walking together as a  
Holy Family Menai group with  
our banner.

Please put your name and  
contact details on the sign up  
sheets or email  
admin@holymenai.org.au  
if you would like to attend with  
us on the coach.

All details can be found via the QR code or the  
by visiting [sydneycatholic.org/walkwithchrist](http://sydneycatholic.org/walkwithchrist)



VISIT: [SYDNEYCATHOLIC.ORG/WALKWITHCHRIST](http://SYDNEYCATHOLIC.ORG/WALKWITHCHRIST)

FESTIVAL:  
Martin Place from 1:00PM.

PROCESSION:  
Begins at 2:30PM sharp.  
Corner of Martin Place and Pitt St.



## CHILDREN'S LITURGY



PLEASE JOIN US

8.30AM MASS EVERY SUNDAY  
DURING THE SCHOOL TERM.

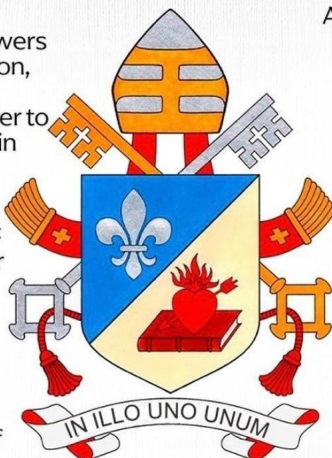
## THE COAT OF ARMS OF LEO XIV

### Silver mitre with three gold bands:

These bands  
represent the powers  
of order, jurisdiction,  
and magisterium,  
united at the center to  
signify their unity in  
one person.

### White lily on a blue background:

A flower and color  
traditionally  
associated with  
the Virgin Mary,  
emphasizing her  
central role in the  
Church's journey.  
Mary is a model of  
listening, humility,  
and total self-gift to  
God. The lily also  
symbolizes purity  
and innocence.



### Motto

These words were spoken by St. Augustine in a sermon  
(Exposition on Psalm 127) to explain that "although we  
Christians are many, in the one Christ we are one."

[ewtnvatican.com](http://ewtnvatican.com) - [catholicnewsagency.com](http://catholicnewsagency.com)

### Order of St. Augustine:

A closed book with  
a heart pierced by  
an arrow,  
symbolizing St.  
Augustine's  
conversion. It  
recalls his words:  
"You pierced my  
heart with Your  
Word" (Vulnerasti  
cor meum verbo  
tuo).

### The keys:

The keys  
represent the  
temporal (silver)  
and spiritual (gold)  
power of the  
papacy, referring  
to the passage in  
Matthew  
16:18-19.