

# HOLY FAMILY CATHOLIC PARISH MENAI

LIVING AND SHARING THE CHRISTIAN LIFE AS A GROWING PARISH FAMILY

Alfords Point Bangor Barden Ridge Illawong Lucas Heights Menai Woronora West



## SECOND SUNDAY IN ORDINARY TIME 19 January 2025 Year C/1—Divine office Psalter Week 2

### ENTRANCE ANTIPHON

All the earth shall bow down before you, O God,  
and shall sing to you,  
shall sing to your name, O Most High!

### First Reading

A reading from the prophet Isaiah  
(Isaiah 62:1-5)

About Zion I will not be silent, about Jerusalem I will not grow weary, until her integrity shines out like the dawn and her salvation flames like a torch.

The nations then will see your integrity, all the kings your glory, and you will be called by a new name, one which the mouth of the Lord will confer.

You are to be a crown of splendour in the hand of the Lord, a princely diadem in the hand of your God; no longer are you to be named 'Forsaken', nor your land 'Abandoned', but you shall be called 'My Delight' and your land 'The Wedded'; for the Lord takes delight in you and your land will have its wedding.

Like a young man marrying a virgin, so will the one who built you wed you, and as the bridegroom rejoices in his bride, so will your God rejoice in you.

The Word of the Lord

Thanks be to God

### Responsorial Psalm

(R.) Proclaim his marvellous deeds to all the nations.

O sing a new song to the Lord, sing to the Lord all the earth. O sing to the Lord, bless his name. (R.)

Proclaim his help day by day, tell among the nations his glory and his wonders among all the peoples. (R.)

Give the Lord, you families of peoples, give the Lord glory and power, give the Lord the glory of his name. (R.)

Worship the Lord in his temple. O earth, tremble before him. Proclaim to the nations: 'God is king. He will judge the peoples in fairness. (R.)

### Second Reading

A reading from the first letter of St Paul to the Corinthians (1 Cor 12:4-11)

There is a variety of gifts but always the same Spirit; there are all sorts of service to be done, but always to the same Lord; working in all sorts of different ways in different people, it is the same God who is working in all of them. The particular way in which the Spirit is given to each person is for a good purpose. One may have the gift of preaching with wisdom given him by the Spirit; another may have the gift of preaching instruction given him by the

same Spirit; and another the gift of faith given by the same Spirit; another again the gift of healing, through this one Spirit; one, the power of miracles; another, prophecy; another the gift of recognising spirits; another the gift of tongues and another the ability to interpret them. All these are the work of one and the same Spirit, who distributes different gifts to different people just as he chooses.

The Word of the Lord

Thanks be to God

### Gospel Acclamation

Alleluia, alleluia!

God has called us with the gospel to share in the glory of our Lord Jesus Christ.

Alleluia!

### Gospel

A reading from the holy Gospel according to John (John 2:1-11)

There was a wedding at Cana in Galilee. The mother of Jesus was there, and Jesus and his disciples had also been invited. When they ran out of wine, since the wine provided for the wedding was all finished, the mother of Jesus said to him, 'They have no wine.' Jesus said, 'Woman, why turn to me? My hour has not come yet.' His mother said to the servants, 'Do whatever he tells you.' There were six stone water jars standing there, meant for the ablutions that are customary among the Jews; each could hold twenty or thirty gallons. Jesus said to the servants, 'Fill the jars with water.' and they filled them to the brim. 'Draw some out now' he told them, 'and take it to the steward.' They did this; the steward tasted the water, and it had turned into wine. Having no idea where it came from — only the servants who had drawn the water knew — the steward called the bridegroom and said, 'People generally serve the best wine first, and keep the cheaper sort till the guests have had plenty to drink, but you have kept the best wine till now.'

This was the first of the signs given by Jesus: it was given at Cana in Galilee. He let his glory be seen, and his disciples believed in him.

The Gospel of the Lord

Praise to you, Lord Jesus Christ.

#### Parish Priest:

Rev. Mani Malana msfs  
E: pastor@holymenai.org.au

#### Assistant Priest:

Rev. Tom Jose msfs  
E: tom.jose@sydneycatholic.org

#### Parish Secretary/Bookkeeper:

Andrea Hunt  
Phone: 02 9543 2677  
E: admin@holymenai.org.au

#### Sacramental Coordinator:

Phone: 02 9543 2677  
E: sacraments@holymenai.org.au

#### Parish Pastoral Council

##### Chair Person:

Ivan David  
E: ivandavid445@gmail.com

#### Parish Finance Committee

##### Chair Person:

Robert Mulcahy  
E: rmulcahy@bigpond.com

#### Parish Safeguarding Officer:

Nicole Makdessi  
E: psso@holymenai.org.au

#### Parish WH&S Management Officer:

George Szymura  
E: georgeszymura1@gmail.com

#### St Vincent de Paul, Menai

##### Conference - Contact

Chrissie Guglielmini  
E: Chrissie.guglielmini@vinnies.org.au

#### Holy Family Primary Principal:

Phillip Tax Ph 9543 2614

#### Aquinas College Principal:

James Clancy Ph 9543 0188

#### Garden Maintenance:

Steve Connor  
E: titan.lawnmowing@gmail.com

#### Holy Family Parish Menai

1D Anzac Rd Menai NSW 2234

Phone: 02 9543 2677

E: admin@holymenai.org.au

Web: [HolyFamilyMenai.org.au](http://HolyFamilyMenai.org.au)

#### Parish Office hours:

Tuesday, Thursday & Friday: 9am - 4pm

#### Mass Timings:

Weekday: Tue - Sat 9.15am

1st Friday of the month: 7.00pm

Weekend: Saturday Vigil 5.30pm

Sunday: 8.30am, 10.00am

#### Blessed Sacrament Exposition

Tue - Sat: 8.30am - 9.10am

Fri - 8.30am Laud's music  
8.45am Divine Mercy Chaplet  
9am Benediction of the Blessed Sacrament

1st Friday of the month (after 7pm Mass - 12am)

Lauds Tue, Wed and Thu - 8.45am

Reconciliation: Sat: 4.30 - 5.15pm

Or by appointment.

#### Holy Communion or Visit at Home:

Please contact the parish office to arrange a time.

Baptisms: 1st Sunday during 10am Mass and every 2nd and 4th Sunday, 11.15am (no baptisms during Lent)

#### Baptism Preparation Program:

11am on the 1st Sat of each month.

*In your love and concern, please pray for all the sick and vulnerable members of our Holy Family community:*

Ivan David, Adelaide Buttigieg, Tony Trainor, Ilse Von Stamm, Anthony Mifsud, Dympna Fitzpatrick, Sandra Thomas, Frances Rupolo, Matthew McLachlan, Lina D'Amato, Mark F, Robbert A, Charlie Callus, Carlos Simoes, Beatrice Gonsalvez, Matilda Oliver-Nalder, Angela Symons, Carol Galdes, Julie Gonsalvez, Robert Nicholls, Brad Jory, Jayden, Natividad Sora, Bernard Aclan, Julius Aclan, Jean Aclan, Geoff Eastgate, Joanne Mannah, Marie Collins and Chris Halvey.

*We remember those whose Anniversaries and Special Prayers have been requested:*

John O'Regan, Domenico Brisigotti, Marilyn Nicholls, Johanna Nicholls, Justin Oliffe, Joe Bridgett and Peter Howlett.

*Recently Deceased.*

Lina D'Amato, Azrael Huang, Grace Francis, Joan Carter and Dorothy Alphonso.

*Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May the souls of all the faithful departed, through the mercy of God, rest in peace. - Amen -*

## THE GLORIA

Glory to God in the highest, and on earth peace to people of good will.

We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us;

you take away the sins of the world, receive our prayer;

you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

## THE NICENE CREED

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages.

God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made.

For us men and for our salvation he came down from heaven,

**(all bow) and by the Holy Spirit was incarnate of the Virgin Mary, and became man.**

For our sake he was crucified under Pontius Pilate,

he suffered death and was buried, and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified,

who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins

and I look forward to the resurrection of the dead

and the life of the world to come.

Amen.

## AFTER THE PREFACE

Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

## COMMUNION ANTIPHON

**You have prepared a table before me,  
and how precious is the chalice that quenches my thirst.**

## THE MYSTERY OF FAITH.

When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again.

## HOLY FAMILY PRAYER

Jesus, Mary and Joseph, in you we contemplate the splendour of true love; to you we turn with trust.

Heavenly Father, grant that our families too may be places of

Communion and prayer, authentic schools of the Gospel and small domestic churches.

Heavenly Father, may families never again experience violence, rejection and division; may all who have been hurt or scandalised find ready comfort and healing.

Heavenly Father, make us once more mindful of the sacredness and inviolability of the family, and its beauty in God's plan.

Jesus, Mary and Joseph, graciously hear our prayer. Amen

## HAIL, HOLY QUEEN

Hail, Holy Queen, Mother of Mercy, hail, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve: to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, O most gracious Advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus, O clement, O loving, O sweet Virgin Mary.

Pray for us, O Holy Mother of God.

That we may be made worthy of the promises of Christ.

## PRAYER TO ST MICHAEL

Saint Michael the Archangel, defend us in the day of battle. Be our safeguard against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou, O Prince of the Heavenly Host, by the power of God, cast into hell satan and all evil spirits who wander through the world seeking the ruin of souls. Amen

# What's on at Holy Family Parish

- † **Exposition of the Blessed Sacrament** - Tue - Sat: 8.30am - 9.10am
  - † **Morning Prayer (Lauds)** - Tue - Thu 8.45am.
  - † **Divine Mercy Chaplet and Benediction of the Blessed Sacrament** - Fri 8.45am
  - 1st Friday of the month (after 7pm Mass - 12am)
  - † **Rosary** - Sat - 8.45am.
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- † **Children's Liturgy** - Not in the School Holidays
  - † **Daily Rosary, Rosary** at 8-8.30pm on Zoom, please text (ROSARY) to 0418 433 333 to receive the link.

## SACRAMENTAL COORDINATOR

Nicole Makdessi who has been employed as the Parish Sacramental Coordinator for the last 17 months, has decided to resign due to family commitments.

We thank Nicole for her support and hard work with the looking after the children and parents, helping them prepare for their Sacraments. We wish her God's blessings.

**As the position of Sacramental Coordinator is now vacant (15 hours a week during school terms), if anyone is interested in applying for the position or would like to find out more about the role, please contact the parish office on 9543 2677.**

**Applications close on 9 February 2025.**

# THE Catholic Weekly

**SUNDAY, 19 JANUARY 2025**

PULPIT POINTS

- ♦ Family blessings bring hope to Sydney's domestic church
- ♦ Archbishop supports inquiry into the harmful effects of pornography
- ♦ Fact-checkers: Facebook's fight against censorship
- ♦ Catholics reconnect with Exodus and Fiat programs
- ♦ Matt and Cameron Fradd to help couples to deepen marriages

Available to purchase in the foyer. **Only \$2 please leave the money in the box provided.** Thank you.

## The Jubilee Prayer

Father in heaven,  
may the faith you have given us  
in your son, Jesus Christ, our brother,  
and the flame of charity enkindled  
in our hearts by the Holy Spirit,  
reawaken in us the blessed hope  
for the coming of your Kingdom.

May your grace transform us  
into tireless cultivators of the seeds of the Gospel.  
May those seeds transform from within both  
humanity and the whole cosmos  
in the sure expectation  
of a new heaven and a new earth,  
when, with the powers of Evil vanquished,  
your glory will shine eternally.

May the grace of the Jubilee  
reawaken in us, Pilgrims of Hope,  
a yearning for the treasures of heaven.

May that same grace spread  
the joy and peace of our Redeemer  
throughout the earth.

To you our God, eternally blessed,  
be glory and praise for ever.

**Amen.**

*Franciscus*

ROSTER FOR 25/26 JANUARY: (4TH WEEKEND) 3RD SUNDAY IN ORDINARY TIME YEAR C		5.30pm	8:30am	10am	OTHER
	ACOLYTE SERVERS	Justin Coupland	George Szymura	Phil Collins Adrian D'Mello	Counters: Manuel Ortiz's Team
	READERS	Anne Newman Hastie Family	Bernard Govind Mia Apomayta Andrea King	Emma Gioiello Nuha De Vries	Children's Liturgy: Not in the school holidays
	WARDENS	Charlie Zammit/Benny Falls	George Szymura/Jim Montague	Tony Ibrahim	Heritage Aged Care: George & Wendy
	MUSICIANS	Peter Newman	Daniel Nakhl	Volunteers Welcome	Barden Lodge Aged Care: Andrea K
	PIETY STALL	Anne	Terri	Volunteer Needed	



A message from the Archdiocese of Sydney:

Child sexual abuse is a crime. The appropriate people to deal with crimes are the police. If you, or anyone you know, have been abused, please contact the police. Alternatively, you can contact the Safeguarding and Ministerial Integrity Office at (02) 9390 5810 or [safeguardingenquiries@sydneycatholic.org](mailto:safeguardingenquiries@sydneycatholic.org). You may also want to speak to your Parish Priest who will be able to provide support and guidance. The Archdiocese has a legal obligation to report crimes to the police.



## From Fr Mani's desk...

### *Ordinary time and the wedding at Cana*

We all know that life is not all celebrations- Christmas and New Year celebrations are over and many of us are back to normal life. As St Paul said there is a time for everything. We are in the Ordinary time of the liturgy. Life is lived mostly in the ordinary time or ordinary way. People are born in ordinary time, grow up in ordinary time, marry in ordinary time, have families in ordinary time. People age in ordinary time and die in ordinary time.

Though our ordinary time is not filled with outstanding activities; it is filled with reality – the reality of sin and grace. It is here that we need the Lord more. Liturgical color itself is green and green represents life and growth. We got to live up to and bring to fruition what we celebrated at Christmas.

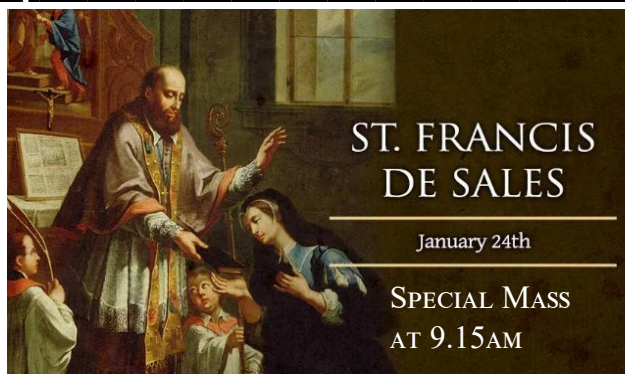
This Sunday we see the first miracle of Jesus according to John's gospel, the marriage at Cana where Jesus is revealing his Divine power. Here Jesus blesses the human marriage with his presence and making it a sacrament. We must pray for God's daily miracles in our families in this ordinary time.

Let us invite Jesus and Mary to remain with us when we feel shortages in our family lives. The spouses need them when their dreams are gone, mutual love seems dried up, relationships become boring and raising the children becomes a burden.

The whole atmosphere of stress and shame of the family is changed into joy because the people were ready to follow the instruction of Mary, "Do whatever he tells you". This is the only command given by Mary and it is a condition for miracles in our families. Jesus will tell us what we should do in the silence of our hearts if we are ready to listen to him.

Jesus asked the servants to fill the empty jars with water and Jesus could change it into the best wine, let us fill the empty hearts around us with love, mercy and concern to those around us.

There is the miracle at Cana taking place at every mass; the same Lord is transforming our gifts of bread and wine into his own body and blood to give us the spiritual nourishment. If our families have lost the savor of mutual love, let us renew them at the altar with the power of the Holy Spirit.

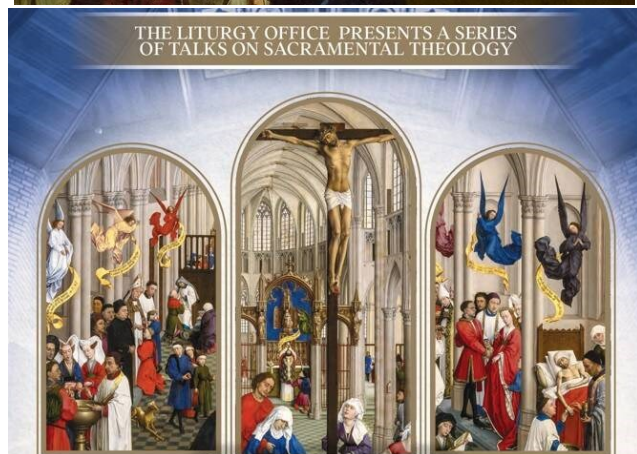


**ST. FRANCIS  
DE SALES**

January 24th

**SPECIAL MASS  
AT 9.15AM**

THE LITURGY OFFICE PRESENTS A SERIES  
OF TALKS ON SACRAMENTAL THEOLOGY



**INTRODUCTION TO THE  
7 SACRAMENTS**

SERIES OF PUBLIC LECTURES ON THE CATHOLIC UNDERSTANDING OF THE SACRAMENTS  
6 CONSECUTIVE WEDNESDAYS | 29<sup>TH</sup> JAN TO 5<sup>TH</sup> MAR 2025 | 6:30PM TO 8:30PM

**ST THOMAS MORE PARISH | 298 BAY ST, BRIGHTON-LE-SANDS**



**CAMINO of  
ST JOSEPH**

OVERNIGHT PILGRIMAGE  
FOR MEN RETURNS IN 2025

**SAVE THE  
DATE**

**21|22 MARCH  
2025**

MORE DETAILS ARE COMING SOON.

**ARISE!  
MEN**



**LIFE, MARRIAGE  
AND FAMILY**

**MAXIMUS**  
MEN'S MINISTRY NETWORK



SCAN TO REGISTER  
& FOR MORE INFO

FOR MORE INFO: [SYDNEYCATHOLIC.ORG/MAXIMUS](https://sydneycatholic.org/maximus)   @MAXIMUS\_MENS\_MINISTRY\_NETWORK