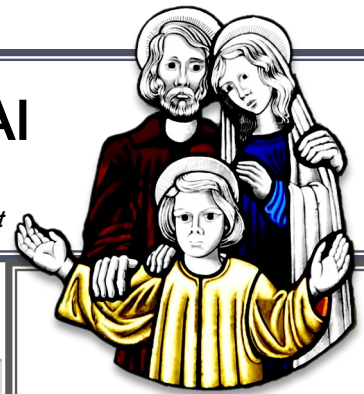


HOLY FAMILY CATHOLIC PARISH MENAI

LIVING AND SHARING THE CHRISTIAN LIFE AS A GROWING PARISH FAMILY

Alfords Point Bangor Barden Ridge Illawong Lucas Heights Menai Woronora West



THIRD SUNDAY OF LENT

3 March 2024 Year B/2—Divine office Psalter Week 3

ENTRANCE ANTIPHON

My eyes are always on the Lord, for he rescues my feet from the snare.
Turn to me and have mercy on me,
for I am alone and poor.

First Reading

A reading from the book of Exodus

(Exodus 20:1-17)

God spoke all these words. He said, 'I am the Lord your God who brought you out of the land of Egypt, out of the house of slavery.

'You shall have no gods except me.

'You shall not make yourself a carved image or any likeness of anything in heaven or on earth beneath or in the waters under the earth; you shall not bow down to them or serve them. For I, the Lord your God, am a jealous God and I punish the father's fault in the sons, the grandsons, and the great-grandsons of those who hate me; but I show kindness to thousands of those who love me and keep my commandments.

'You shall not utter the name of the Lord your God to misuse it, for the Lord will not leave unpunished the man who utters his name to misuse it.

'Remember the sabbath day and keep it holy. For six days you shall labour and do all your work, but the seventh day is a sabbath for the Lord your God. You shall do no work on that day, neither you nor your son nor your daughter nor your servants, men or women, not your animals nor the stranger who lives with you. For in six days the Lord made the heavens and the earth and the sea and all that these hold, but on the seventh day he rested; that is why the Lord has blessed the sabbath day and made it sacred.

'Honour your father and your mother so that you may have a long life in the land that the Lord your God has given to you.

'You shall not kill.

'You shall not commit adultery.

'You shall not steal.

'You shall not bear false witness against your neighbour.

'You shall not covet your neighbour's house. You shall not covet your neighbour's wife, or his servant, man or woman, or his ox, or his donkey, or anything that is his.'

The Word of the Lord

Thanks be to God

Responsorial Psalm

(R.) Lord, you have the words of everlasting life.

The law of the Lord is perfect, it revives the soul. The rule of the Lord is to be trusted, it gives wisdom to the simple. **(R.)**

The precepts of the Lord are right, they gladden the heart. The command of the Lord is clear, it gives light to the eyes. **(R.)**

The fear of the Lord is holy, abiding for ever. The decrees of the Lord are truth and all of them just. **(R.)**

They are more to be desired than gold, than the purest of gold and sweeter are they than honey, than honey from the comb. **(R.)**

Second Reading

A reading from the first letter of St Paul to the Corinthians (1 Cor 1:22-25)

While the Jews demand miracles and the Greeks look for wisdom, here are we preaching a crucified Christ; to the Jews an obstacle that they cannot get over, to the pagans madness, but to those who have been called, whether they are Jews or Greeks, a Christ who is the power and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

The Word of the Lord

Thanks be to God

Gospel Acclamation

Praise to you, Lord Jesus Christ, king of endless glory!

God loved the world so much, he gave us his only Son, that all who believe in him might have eternal life.

Praise to you, Lord Jesus Christ, king of endless glory!

Gospel

A reading from the holy Gospel according to John (John 2:13-25)

Just before the Jewish Passover Jesus went up to Jerusalem, and in the Temple he found people selling cattle and sheep and pigeons, and the money changers sitting at their counters there. Making a whip out of some cord, he drove them all out of the Temple, cattle and sheep as well, scattered the money changers' coins, knocked their tables over and said to the pigeon-sellers, 'Take all this out of here and stop turning my Father's house into a market.' Then his disciples remembered the words of scripture: Zeal for your house will devour me. The Jews intervened and said, 'What sign can you show us to justify what you have done?' Jesus answered, 'Destroy this sanctuary, and in three days I will raise it up.' The Jews replied, 'It has taken forty-six years to build this sanctuary: are you going to raise it up in three days?' But he was speaking of the sanctuary that was his body, and when Jesus rose from the dead, his disciples remembered that he had said this, and they believed the scripture and the words he had said.

During his stay in Jerusalem for the Passover many believed in his name when they saw the signs that he gave, but Jesus knew them all and did not trust himself to them; he never needed evidence about any man; he could tell what a man had in him.

The Gospel of the Lord

Praise to you, Lord Jesus Christ.

Next Sunday's Reading:

FOURTH SUNDAY OF LENT

2 Chron 36:14-16, 19-23; Eph 2:4-10;

Jn 3:14-21

Parish Priest:
Rev. Mani Malana msfs
E: pastor@holymenai.org.au

Assistant Priest:
Rev. Tom Jose msfs
E: tom.jose@sydneycatholic.org

Deacon:
Rev. Mr. Likisone Tominiko
E: Likisone.tominiko@sydneycatholic.org

Parish Secretary/Bookkeeper:
Andrea Hunt
Phone: 02 9543 2677
E: admin@holymenai.org.au

Sacramental Coordinator:
Nicole Makdessi
Phone: 02 9543 2677
E: sacraments@holymenai.org.au

Parish Pastoral Council
Chair Person:
Ivan David
E: ivandavid445@gmail.com

Parish Finance Committee
Chair Person:
Robert Mulcahy
E: rmulcahy@bigpond.com

Parish Safeguarding Officer:
Nicole Makdessi
E: pssso@holymenai.org.au

Parish WH&S Management Officer:
George Szymura
E: georgeszymura1@gmail.com

Holy Family Primary Principal:
John Kennedy Ph 9543 2614

Aquinas College Principal:
James Clancy Ph 9543 0188

Holy Family Parish Menai
1D Anzac Rd Menai NSW 2234
Phone: 02 9543 2677
E: admin@holymenai.org.au
Web: HolyFamilyMenai.org.au

Parish Office hours:
Tuesday, Thursday & Friday: 9am - 4pm

Mass Timings:

Weekday: Tue - Sat 9.15am

1st Friday of the month: 7.00pm

Weekend: Saturday Vigil 5.30pm

Sunday: 8.30am, 10.00am

Blessed Sacrament Exposition

Tue - Sat: 8.30am - 9.10am

Fri - 8.30am Laud's music
8.45am Divine Mercy Chaplet
9am Benediction of the Blessed Sacrament

1st Friday of the month (after 7pm Mass - 12am)

Lauds Tue, Wed and Thu - 8.45am

Reconciliation: Sat: 4.30 - 5.15pm
Or by appointment.

Holy Communion or Visit at Home:
Please contact the parish office to arrange a time.

Baptisms: Every 2nd Sunday, 11.15am and 4th Sunday during 10am Mass (no baptisms during Lent)

Baptism Preparation Program:
11am on the 1st Sat of each month.

In your love and concern, please pray for all the sick and vulnerable members of our Holy Family community:

Carol Galdes, Julie Gonsalvez, Robert Nicholls, Brad Jory, Jayden, Natividad Sora, Paul Hill, Bernard Aclan, Julius Aclan, Jean Aclan, Geoff Eastgate, Joanne Mannah, Marie Collins and Chris Halvey

We remember those whose Anniversaries we commemorate at this time:

Angeline Govind and Mrs J Pegabriele.

Recently Deceased.

Vincent Fetherston, Paolo Tulissio, Candida Rose Carvalho Marques de Ascensão Maia, Donna White, Dulcie Tyson, Shirley McCormack, Claire Baroni and Laurie Hoolihan.

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May the souls of all the faithful departed, through the mercy of God, rest in peace. - Amen -

THE GLORIA

Glory to God in the highest, and on earth peace to people of good will.

We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us;

you take away the sins of the world, receive our prayer;

you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

THE NICENE CREED

I believe in one God, the Father almighty,

maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God,

born of the Father before all ages.

God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made.

For us men and for our salvation he came down from heaven,

(all bow) and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate,

he suffered death and was buried, and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is

seated at the right hand of the Father.

He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified,

who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins

and I look forward to the resurrection of the dead

and the life of the world to come.

Amen.

AFTER THE PREFACE

Holy, Holy, Holy Lord God of hosts.

Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

THE MYSTERY OF FAITH.

When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again.

COMMUNION ANTIPHON

For anyone who drinks it, says the Lord, the water I shall give will become in him a spring welling up to eternal life.

HOLY FAMILY PRAYER

Jesus, Mary and Joseph, in you we contemplate the splendour of true love; to you we turn with trust.

Heavenly Father, grant that our families too may be places of Communion and prayer, authentic schools of the Gospel and small domestic churches.

Heavenly Father, may families never again experience violence, rejection and division; may all who have been hurt or scandalised find ready comfort and healing.

Heavenly Father, make us once more mindful of the sacredness and inviolability of the family, and its beauty in God's plan.

Jesus, Mary and Joseph, graciously hear our prayer. Amen

HAIL, HOLY QUEEN

Hail, Holy Queen, Mother of Mercy, hail, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve: to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, O most gracious Advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus, O clement, O loving, O sweet Virgin Mary.

Pray for us, O Holy Mother of God.

That we may be made worthy of the promises of Christ.

PRAYER TO ST MICHAEL

Saint Michael the Archangel, defend us in the day of battle. Be our safeguard against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou, O Prince of the Heavenly Host, by the power of God, cast into hell satan and all evil spirits who wander through the world seeking the ruin of souls. Amen

What's on at Holy Family Parish

- † **Exposition of the Blessed Sacrament** - Tue - Sat: 8.30am - 9.10am
- † **Morning Prayer (Lauds)** - Tue - Thu 8.45am.
- † **Divine Mercy Chaplet and Benediction of the Blessed Sacrament** - Fri 8.45am
1st Friday of the month (after 7pm Mass - 12am)
- † **Rosary** - Sat - 8.45am.
- † **Mass** - Tue - Sat 9.15am, during Lent Wed 7.30pm and Fri 7pm (Confession available during Adoration)



- † **Children's Liturgy** - Sun - 8.30am Mass
- † **Daily Rosary, Rosary** at 8-8.30pm on Zoom, please text (ROSARY) to 0418 433 333 to receive the link.

Holy Family Menai Parish Social Profile latest findings based on the 2021 Australian Census.

- ◇ Total Population: 33,937
- ◇ Catholic population – 10,220
- ◇ Per cent Catholics: 30.1%
- ◇ Median age of Catholics: 40.
- ◇ Catholics aged 0-14: 21%
- ◇ Catholics aged 65+ : 15.2%
- ◇ Catholic families: 4,038
- ◇ Catholics living alone: 344
- ◇ Catholic students attending Catholic schools: 61.8%
- ◇ Catholics with university degree: 26.1%
- ◇ Catholic households owning or purchasing dwelling: 90.5%

THE Catholic Weekly

SUNDAY, 3 MARCH 2024

- ◆ Ukrainians mourn at St Mary's on war's second anniversary p1
- ◆ Catholic Schools Week 2024 Magazine - LIFTOUT INSIDE
- ◆ Marian devotion grows in Sydney p2
- ◆ Sir Peter Cosgrove addresses Business Network p5
- ◆ Palliative care funding cuts deeper than anticipated p4
- ◆ Monica Doumit: Bishop Saunders case shows the church has learned p17
- ◆ Tools to make the most of your Lent p21

Available to purchase in the foyer. **Only \$2 please leave the money in the box provided.** Thank you.

HOLY FAMILY CATHOLIC PRIMARY SCHOOL MENAI

OPEN DAYS

Wednesday 6 March
4.00pm-6.00pm

Thursday 7 March
4.00pm-6.00pm

Register Now

hfmenai.syd.catholic.edu.au

PROUDLY PART OF THE COMMUNITY OF Sydney Catholic Schools

Aquinas Catholic College Menai

OPEN DAY

Wednesday 6 March
5.00-7.00pm

Register Now

aquinasmenai.syd.catholic.edu.au

PROUDLY PART OF THE COMMUNITY OF Sydney Catholic Schools

ROSTER FOR 9/10 MARCH: (2ND WEEKEND) FOURTH SUNDAY OF LENT		5.30pm	8:30am	10am	OTHER
	ACOLYTES/ SERVERS	Ivan David	Peter Mauch	Adrian D'Mello	Counters: Jeff Low's Team
	READERS	Luce Dunn Hastie Family	Allen Oliver Maguy Nakhl Georgette Roumanos	Julie or Michael Monk John Shanahan	Children's Liturgy: Has commenced at 8.30am Mass, roster TBC
	WARDENS	Charlie Zammit/Benny Falls	George Szymura/Jim Montague	Cosimo Gioiello	Heritage Aged Care: Adam & Francy
	MUSICIANS	Parish Choir	Jeff and Sue Low	Emma (PowerPoint and MP3)	Barden Lodge Aged Care: Ann D
	PIETY STALL	Michelle	Roslyn	Dianna G	



A message from the Archdiocese of Sydney:

Child sexual abuse is a crime. The appropriate people to deal with crimes are the police. If you, or anyone you know, have been abused, please contact the police. Alternatively, you can contact the Safeguarding and Ministerial Integrity Office at (02) 9390 5810 or safeguardingenquiries@sydneycatholic.org. You may also want to speak to your Parish Priest who will be able to provide support and guidance. The Archdiocese has a legal obligation to report crimes to the police.



Welcome to Holy Family Fr Suresh!

We welcome Very Rev. Fr. Suresh Babu MSFS, the Provincial of MSFS Visakhapatnam Province to the Parish. He will be the main celebrant at **5.30 pm Mass** this weekend. We extend a very hearty welcome to Fr Suresh and happy and safe stay in Australia.

SPECIAL WEDDING ANNIVERSARY BLESSING

at all Masses this weekend 2/3 March, for all couples celebrating their Wedding Anniversary during the month of March.



ALL MEN ARE INVITED TO JOIN US ON A SPIRITUAL JOURNEY

ST. JOSEPH MOTOR PILGRIMAGE

St Joseph's Orange Greenstone Cathedral St Joseph's Enfield

15-17 MARCH 2024

Prayer & Reflection | Guest Speakers | Small Group Discussion

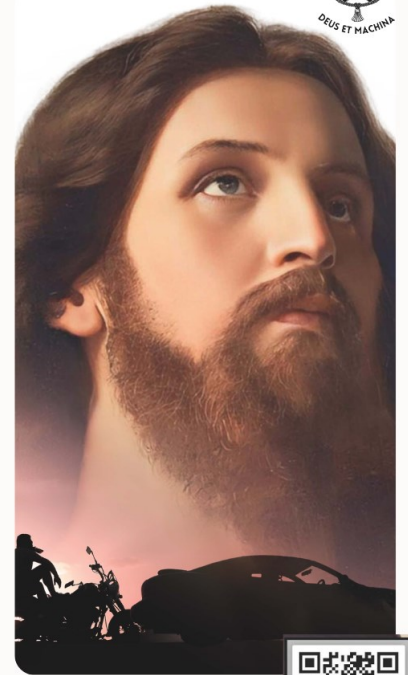
MEET: KINGSWOOD PARISH 8AM 15TH
ENDS: ENFIELD PARISH 5:30PM 17TH

FOR INFO JIM: 0432 487 927
CALL OR TEXT BRANKO: 0411 281 299
KEITH: 9543 0665

ITINERARY

<https://tinyurl.com/SJMP24-ITINERARY2>

ROUTE



Register your interest



CAN YOU HELP?

If you could bring in any of the below to the Parish Office we would be most appreciative as these items will be given to those in need.

- Cereal
- Breakfast Bars

Thank you in advance for the ongoing support for this worthy cause!



REFLECTION by Fr Michael Tate

Where does God really dwell?

The Ten Commandments are badly named. Rather, they are the Ten Responses which should characterise a liberated people, freed from slavery by 'the Lord, your God'.

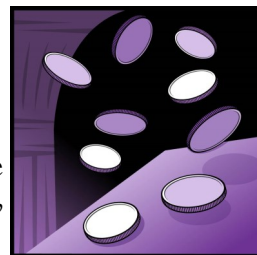
By the time Jesus came on the scene, the Temple in Jerusalem was no longer a fit dwelling place for a God who desires to free people from oppression and exploitation. To the contrary, Jesus saw the Temple ideology as placing undue burdens and shackles on people.

His anger at this erupted in dramatic street theatre. His overturning of the tables of the money-changers signalled the overturning of the Temple system.

What Our Lord revealed to uncomprehending authorities was that His body was the true sanctuary. The body of Jesus of Nazareth is the dwelling place of God, the habitation of the Lord God who liberates people. In short, God's sanctuary is not a place, but a person.

We could take a moment to pray, using the Ten Responses to review and guide our reflection and practice as we move towards Easter. This will help us to celebrate the enigmatic saying: 'Destroy this temple and in three days I will raise it again.'

© Fr Michael Tate



HOMEBOUND PARISHIONERS

If you know of any parishioners that are homebound or in the hospital and would like a Priest to visit them. Please contact the Parish office at admin@holymenai.org.au or 9543 2677.

FOR THE BENEFIT OF THOSE WITH A GLUTEN INTOLERANCE. LOW GLUTEN ALTAR BREAD IS AVAILABLE. GLUTEN CONTENT BELOW 20 PPM. KINDLY MEET WITH THE PRIEST BEFORE YOUR MASS.



IMPORTANT MESSAGE FROM ARCHBISHOP ANTHONY FISHER

As you would well know, euthanasia and assisted suicide has been in operation in NSW for three months. I said at the time that its implementation was a very dark day for our state and that remains true.

Proponents of these laws continue to argue providing the so-called ‘choice’ of euthanasia and assisted suicide provide to some would not affect the choice of others.

However, a change in law always has an impact on others and the choices available to them.

In the 2023-2024 NSW Budget, \$150 million was cut from the previously allocated budget for palliative care in this state. The flow on effect from fewer resources being allocated to palliative care is that fewer people will be able to access it.

In the very same budget, almost \$100 million of new funding was allocated to the implementation of euthanasia and assisted suicide.

I encourage you to please [sign this petition](#), asking for the full funding to be restored.

Please sign this petition today.



EVENTS FOR 2024

MARCH

1 Friday	Mass at 7pm followed by Stations of the Cross at 7.30pm (<i>English</i>) and Adoration until 12am.
5 Tuesday	RCIA First Scrutiny at 9.15am Mass
5 Tuesday	Stations of the Cross (<i>Italian</i>) at 10am in the Church
6 Wednesday	Mass at 7.30pm (<i>every Wednesday during Lent</i>)
8 Friday	Mass at 7pm followed by Stations of the Cross at 7.30pm (<i>English</i>)
12 Tuesday	RCIA Second Scrutiny at 9.15am Mass
12 Tuesday	Stations of the Cross (<i>Italian</i>) at 10am in the Church
13 Wednesday	Mass at 7.30pm (<i>every Wednesday during Lent</i>)
15 Friday	Mass at 7pm followed by Stations of the Cross at 7.30pm (<i>English</i>)
18 Monday	St Patrick’s Solemnity in Australia, Adoration at 8.30am followed by Mass at 9.15am
19 Tuesday	RCIA Third Scrutiny at 9.15am Mass
19 Tuesday	St Joseph, Spouse of the Blessed Virgin Mary Solemnity, Adoration at 8.30am followed by Mass at 9.15am and Adoration at 6.30pm with Mass at 7pm
19 Tuesday	Stations of the Cross (<i>Italian</i>) at 10am in the Church
20 Wednesday	Mass at 7.30pm (<i>every Wednesday during Lent</i>)
22 Friday	Mass at 7pm followed by Stations of the Cross at 7.30pm (<i>English</i>)
24 Sunday	Palm Sunday – All Masses will commence outside the primary school gate for the Blessing of the Palms, then process down to the Church.
26 Tuesday	Stations of the Cross (<i>Italian</i>) at 10am in the Church
27 Wednesday	Mass at 7.30pm (<i>every Wednesday during Lent</i>)
28 Thursday	Holy Thursday Chrism Mass at St Mary’s Cathedral, 10.30am. Evening Mass of the Lord’s Supper, 7.30pm followed by Adoration at the Altar of Repose until 12am. Visiting 7 Churches (details to follow).
29 Friday	Good Friday Stations of the Cross, 10am. Celebration of the Passion of the Lord, 3pm (<i>Holy Places – Annual Collection for the Church in the Holy Land</i>) Reconciliation – After Stations of the Cross, 11.15am and after the Passion of the Lord, 4.30pm
29 Friday	Novena to the Divine Mercy starts
30 Saturday	Holy Saturday Reconciliation – 10am until 11.30am Easter Vigil, 7.30pm
31 Sunday	Easter Sunday - Masses 8.30am and 10.30am (<i>No 10am Mass on this day</i>)

Parish Courses for Liturgical Ministers in 2024

Greetings from the Liturgy Office, we hope that 2024 has started well for you!

Please find below the timetable of our parish courses for liturgical ministers in the first part of 2024. We have listed only those courses at which there are still places available.

All information about the courses can be found on our [web-page](#) ([Ministry / Training / Formation – Liturgy Office of Sydney Archdiocese \(sydneycatholic.org\)](#)), where you can check the dates and times, register on-line, etc.

Courses	Dates	Venue
Readers	15 th and 22 nd February 2024 6pm-9pm Thursday	St Charles Borromeo, Ryde
Readers	17 th and 24 th February 2024 9:30am - 12:30pm Saturday	St Joseph, Belmore
Extraordinary Ministers of Holy Communion – Refresher	21 st February 2024 6:30pm - 9:30pm Wednesday	St Therese, Denistone
Acolytes	28 th February, 6 th and 13 th March 2024 6:30pm - 9:30pm Wednesday	St Therese, Denistone
Extraordinary Ministers of Holy Communion	29 th February, 7 th and 14 th March 2024 6:00pm - 9:00pm Thursday	St Thomas More, Brighton-Le-Sands
Sacristans	2 nd and 9 th March 2024 10am - 1pm Saturday	St Joseph, Riverwood
Acolytes	6 th , 13 th and 20 th April 2024 Session 1: 9:30am – 12:30pm Sessions 2 & 3: 9:00am – 12:00pm Saturday	St Thomas More, Brighton-Le-Sands
Extraordinary Ministers of Holy Communion	11 th , 18 th and 24 th April 2024 6pm - 9pm Thursday	St Charles Borromeo, Ryde
Readers	2 nd and 9 th May 6pm - 9pm Thursday	St Martha, Leichhardt
Extraordinary Ministers of Holy Communion	21 st and 28 th May, 4 th June 2024 6pm - 9pm Tuesday	St Martha, Leichhardt
Sacred Music- Cantors and Musicians	25 th May and 1 st June 2024 9am - 2:30pm Saturday	TBC

- To enrol, please contact the Liturgy Office at liturgyassistant@sydneycatholic.org; Ph. 9307 8360
- Please note that priority in enrolments will need to be given to the parish hosting the event
- Please note that there will be more courses for liturgical ministers offered in the second part of 2024

Any parishioners serving in a Ministry that have not yet completed their training, please see the courses offered above. If you need assistance registering you can also contact our parish office here at Holy Family on 9543 2677 or email admin@holyfamilymenai.org.au



Aquinas Catholic College, Menai

Congratulations

to our class of 2023 on your outstanding HSC results.

- 2 ALL ROUND ACHIEVERS
- 47 DISTINGUISHED ACHIEVERS
- 109 MERIT LIST ENTRIES
- 2 SYDNEY DIOCESE FIRST PLACES
- 94% OF COURSES ABOVE STATE AVERAGE
- 89% OF COURSES BANDS 4-6
- 24% STUDENTS WITH ATAR=>90
- 108TH RANKED SCHOOL NSW



JOIN US FOR A SPECIAL MASS!

Celebrate St. Patrick's Feast Day with us!

Honoring the patron saint of Ireland. All are welcome.

Monday 18 March
9.15am

Do you want to fast this Lent?

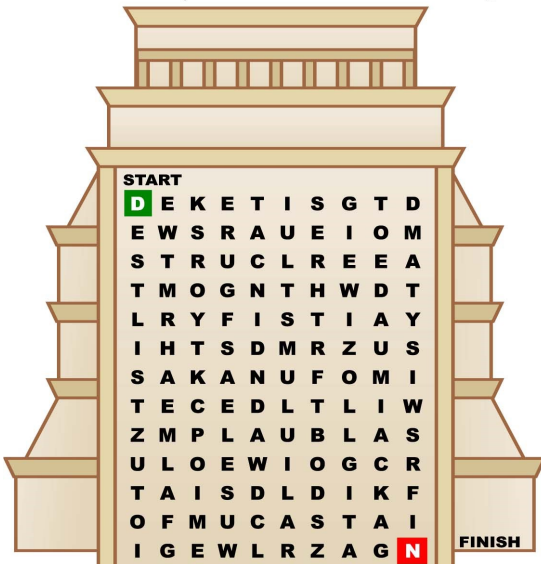
In the words of Pope Francis...

Fast from:

- Hurting words - and say kind words
- Sadness - and be filled with gratitude
- Anger - and be filled with patience
- Pessimism - and be filled with hope
- Worries - and have trust in God
- Complaints - and contemplate simplicity
- Pressure - and be prayerful
- Bitterness - and fill your hearts with joy
- Selfishness - and be compassionate to others
- Grudges - and be reconciled
- Words - and be silent so you can listen

COMPLETE THE TEXT MAZE

"Destroy this temple and in three days I will build it again"



THE

SUTHERLAND SHIRE 7 CHURCHES PILGRIMAGE

"COULD YOU NOT STAY AND KEEP WATCH WITH ME." MATTHEW 26:40

YOU ARE INVITED TO PARTICIPATE IN THE 7 CHURCHES PILGRIMAGE. A ANCIENT OLD DEVOTION WHERE CHRISTIANS VISIT SEVEN CHURCHES TO MEDITATE ON THE EVENTS LEADING TO THE LORD'S PASSION.

When: Holy Thursday, 28th of March 2024

Time: 9pm-11:30pm. (After Mass of the Lord's Supper)

Sutherland Shire 7 Churches

1. Holy Family Menai.
2. St John Bosco Engadine.
3. St Joseph's Como/Oyster Bay.
4. St Patrick's Sutherland.
5. St Catherine Laboure, Gympie.
6. Our Lady Star of the Sea, Miranda.
7. St Aloysius, Cronulla.



Holy Family Catholic Church, Menai.



WHAT'S ON AT HOLY FAMILY DURING LENT?

Early Morning Mass - during Lent we will be celebrating Mass at **9.15am** Tuesday - Saturday.

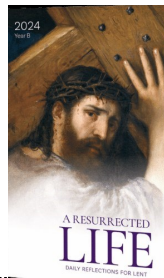
Every Wednesday evening Mass at 7.30pm and Friday evening Mass at 7pm

Stations of the Cross in Italian every Tuesday morning at 10am and in English each Friday at 7:30pm

Confession will be offered during Adoration before weekday morning Mass, Wednesday 7.30pm and Friday 7pm Mass



Repent and Believe Lenten Companion 2024 is available for **FREE** on the table in the foyer. Please take one home and start today.



**A RESURRECTED LIFE
DAILY REFLECTIONS FOR LENT**

It's never too late to start!

Good one to do at home on your own or in a group. **Only \$6**



Copies of the Lenten Penance issued by Archbishop Fisher and the Australian Catholic Bishops Conference message are available on the table in the Church foyer to take home for Lent.

In Lent, the Gloria and the Alleluia are omitted at Mass. Also no flowers at the Altar.

**Third Sunday of Lent
2 & 3 March**



Not having access to a reliable source of clean water was very difficult for Leaia and her family. But with the support of Caritas Australia, a water tank was installed at their home, improving their health and living conditions.

Please donate to Project Compassion.

Together, we can help vulnerable communities face their challenges today and build a better tomorrow *for all future generations.*

You can donate through Project Compassion donation boxes and envelopes available from your parish, by visiting caritas.org.au/project-compassion or by calling 1800 024 413.



Shire Lenten Series
For Young Adults

REFLECTION | ADORATION & CONFESSION | FELLOWSHIP

7:15 PM - 8:30 PM

21 FEB	HOLY FAMILY CATHOLIC CHURCH MENAI	
28 FEB	ST PATRICK CATHOLIC CHURCH SUTHERLAND	
06 MAR	ST CATHERINE LABOURÉ CATHOLIC CHURCH GYMEA	
13 MAR	ST ALOYSIUS CATHOLIC CHURCH CRONULLA	

ALL ARE WELCOME!

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