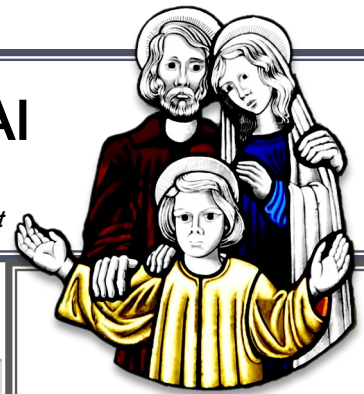


HOLY FAMILY CATHOLIC PARISH MENAI

LIVING AND SHARING THE CHRISTIAN LIFE AS A GROWING PARISH FAMILY

Alfords Point Bangor Barden Ridge Illawong Lucas Heights Menai Woronora West



FOURTH SUNDAY OF LENT
10 March 2024 Year B/2—Divine office Psalter Week 4

ENTRANCE ANTIPHON

Rejoice, Jerusalem, and all who love her.
Be joyful, all who were in mourning;
exult and be satisfied at her consoling breast.

First Reading

A reading from the second book of Chronicles (2 Chronicles 36:14-16, 19-23)

All the heads of the priesthood, and the people too, added infidelity to infidelity, copying all the shameful practices of the nations and defiling the Temple that the Lord had consecrated for himself in Jerusalem. The Lord, the God of their ancestors, tirelessly sent them messenger after messenger, since he wished to spare his people and his house. But they ridiculed the messengers of God, they despised his words, they laughed at his prophets, until at last the wrath of the Lord rose so high against his people that there was no further remedy.

Their enemies burned down the Temple of God, demolished the walls of Jerusalem, set fire to all its palaces, and destroyed everything of value in it. The survivors were deported by Nebuchadnezzar to Babylon; they were to serve him and his sons until the kingdom of Persia came to power. This is how the word of the Lord was fulfilled that he spoke through Jeremiah, 'Until this land has enjoyed its sabbath rest, until seventy years have gone by, it will keep sabbath throughout the days of its desolation.'

And in the first year of Cyrus king of Persia, to fulfil the word of the Lord that was spoken through Jeremiah, the Lord roused the spirit of Cyrus king of Persia to issue a proclamation and to have it publicly displayed throughout his kingdom: 'Thus speaks Cyrus king of Persia, 'The Lord, the God of heaven, has given me all the kingdoms of the earth; he has ordered me to build him a Temple in Jerusalem, in Judah. Whoever there is among you of all his people, may his God be with him! Let him go up.'

The Word of the Lord

Thanks be to God

Responsorial Psalm

(R.) Let my tongue be silenced, if ever I forget you!

By the rivers of Babylon there we sat and wept, remembering Zion; on the poplars that grew there we hung our harps. **(R.)**

For it was there that they asked us, our captors, for songs, our oppressors, for joy. 'Sing to us,' they said, 'one of Zion's songs.' **(R.)**

O how could we sing the song of the Lord on alien soil? If I forget you, Jerusalem, let my right hand wither! **(R.)**

O let my tongue cleave to my mouth if I remember you not, if I prize not Jerusalem above all my joys! **(R.)**

Second Reading

A reading from the letter of St Paul to the Ephesians (Ephesians 2:4-10)

God loved us with so much love that he was generous with his mercy: when we were dead through our sins, he brought us to life with Christ – it is through grace that you have been saved – and raised us up with him and gave us a place with him in heaven, in Christ Jesus.

This was to show for all ages to come, through his goodness towards us in Christ Jesus, how infinitely rich he is in grace. Because it is by grace that you have been saved, through faith; not by anything of your own, but by a gift from God; not by anything that you have done, so that nobody can claim the credit. We are God's work of art, created in Christ Jesus to live the good life as from the beginning he had meant us to live it.

The Word of the Lord

Thanks be to God

Gospel Acclamation

Glory and praise to you, Lord Jesus Christ!

God loved the world so much, he gave us his only Son, that all who believe in him might have eternal life.

Glory and praise to you, Lord Jesus Christ!

Gospel

A reading from the holy Gospel according to John (John 3:14-21)

Jesus said to Nicodemus:

'The Son of Man must be lifted up as Moses lifted up the serpent in the desert, so that everyone who believes may have eternal life in him.'

Yes, God loved the world so much that he gave his only Son, so that everyone who believes in him may not be lost but may have eternal life.

For God sent his Son into the world not to condemn the world, but so that through him the world might be saved.

No one who believes in him will be condemned; but whoever refuses to believe is condemned already, because he has refused to believe in the name of God's only Son.

On these grounds is sentence pronounced: that though the light has come into the world men have shown they prefer darkness to the light because their deeds were evil.

And indeed, everybody who does wrong hates the light and avoids it, for fear his actions should be exposed; but the man who lives by the truth comes out into the light, so that it may be plainly seen that what he does is done in God.'

The Gospel of the Lord

Praise to you, Lord Jesus Christ.

Parish Priest:
Rev. Mani Malana msfs
E: pastor@holymenai.org.au

Assistant Priest:
Rev. Tom Jose msfs
E: tom.jose@sydneycatholic.org

Deacon:
Rev. Mr. Likisone Tominiko
E: Likisone.tominiko@sydneycatholic.org

Parish Secretary/Bookkeeper:
Andrea Hunt
Phone: 02 9543 2677
E: admin@holymenai.org.au

Sacramental Coordinator:
Nicole Makdessi
Phone: 02 9543 2677
E: sacraments@holymenai.org.au

**Parish Pastoral Council
Chair Person:**
Ivan David
E: ivandavid445@gmail.com

**Parish Finance Committee
Chair Person:**
Robert Mulcahy
E: rmulcahy@bigpond.com

Parish Safeguarding Officer:
Nicole Makdessi
E: pssso@holymenai.org.au

Parish WH&S Management Officer:
George Szymura
E: georgeszymura1@gmail.com

Holy Family Primary Principal:
John Kennedy Ph 9543 2614

Aquinas College Principal:
James Clancy Ph 9543 0188

Holy Family Parish Menai
1D Anzac Rd Menai NSW 2234
Phone: 02 9543 2677
E: admin@holymenai.org.au
Web: HolyFamilyMenai.org.au

Parish Office hours:
Tuesday, Thursday & Friday: 9am - 4pm

Mass Timings:
Weekday: Tue - Sat 9.15am
1st Friday of the month: 7.00pm
Weekend: Saturday Vigil 5.30pm
Sunday: 8.30am, 10.00am

Blessed Sacrament Exposition

Tue - Sat: 8.30am - 9.10am
Fri - 8.30am Laud's music
8.45am Divine Mercy Chaplet
9am Benediction of the Blessed Sacrament

1st Friday of the month (after 7pm Mass - 12am)

Lauds Tue, Wed and Thu - 8.45am

Reconciliation: Sat: 4.30 - 5.15pm
Or by appointment.

Holy Communion or Visit at Home:
Please contact the parish office to arrange a time.

Baptisms: Every 2nd Sunday, 11.15am and 4th Sunday during 10am Mass (no baptisms during Lent)

Baptism Preparation Program:
11am on the 1st Sat of each month.

Next Sunday's Reading:

FIFTH SUNDAY OF LENT

Jer 31:31-34; Heb 5:7-9; Jn 12:20-30

In your love and concern, please pray for all the sick and vulnerable members of our Holy Family community:

Carol Galdes, Julie Gonsalvez, Robert Nicholls, Brad Jory, Jayden, Natividad Sora, Paul Hill, Bernard Aclan, Julius Aclan, Jean Aclan, Geoff Eastgate, Joanne Mannah, Marie Collins and Chris Halvey

We remember those whose Anniversaries we commemorate at this time:

Ernest Camps, Angelina Govind, Johnny Caruana and Alejandro Yopez.

Recently Deceased.

Vincent Fetherston, Paolo Tulissio and Candida Rose Carvalho Marques de Ascensão Maia.

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May the souls of all the faithful departed, through the mercy of God, rest in peace. - Amen -

THE NICENE CREED

I believe in one God, the Father almighty,

maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God,

born of the Father before all ages.

God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made.

For us men and for our salvation he came down from heaven,

(all bow) and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate,

he suffered death and was buried, and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified,

who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins

and I look forward to the resurrection of the dead

and the life of the world to come.

Amen.

AFTER THE PREFACE

Holy, Holy, Holy Lord God of hosts.

Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

THE MYSTERY OF FAITH.

Save us, Saviour of the world, for by your Cross and Resurrection you have set us free.

COMMUNION ANTIPHON
Jerusalem is built as a city bonded as one together.
It is there that the tribes go up, the tribes of the Lord, to praise the name of the Lord.

HOLY FAMILY PRAYER

Jesus, Mary and Joseph, in you we contemplate the splendour of true love; to you we turn with trust.

Heavenly Father, grant that our families too may be places of Communion and prayer, authentic schools of the Gospel and small domestic churches.

Heavenly Father, may families never again experience violence,

rejection and division; may all who have been hurt or scandalised find ready comfort and healing.

Heavenly Father, make us once more mindful of the sacredness and inviolability of the family, and its beauty in God's plan.

Jesus, Mary and Joseph, graciously hear our prayer. Amen

HAIL, HOLY QUEEN

Hail, Holy Queen, Mother of Mercy, hail, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve: to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, O most gracious Advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus, O clement, O loving, O sweet Virgin Mary.

Pray for us, O Holy Mother of God.

That we may be made worthy of the promises of Christ.

PRAYER TO ST MICHAEL

Saint Michael the Archangel, defend us in the day of battle. Be our safeguard against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou, O Prince of the Heavenly Host, by the power of God, cast into hell satan and all evil spirits who wander through the world seeking the ruin of souls. Amen

What's on at Holy Family Parish

- † Exposition of the Blessed Sacrament - Tue - Sat: 8.30am - 9.10am
- † Morning Prayer (Lauds) - Tue - Thu 8.45am.
- † Divine Mercy Chaplet and Benediction of the Blessed Sacrament - Fri 8.45am
1st Friday of the month (after 7pm Mass - 12am)
- † Rosary - Sat - 8.45am.
- † Mass - Tue - Sat 9.15am, during Lent Wed 7.30pm and Fri 7pm (Confession available during Adoration)



- † Children's Liturgy - Sun - 8.30am Mass
- † Daily Rosary, Rosary at 8-8.30pm on Zoom, please text (ROSARY) to 0418 433 333 to receive the link.

THE Catholic Weekly

SUNDAY, 10 MARCH 2024

PULPIT POINTS

- ◆ Ukrainians mourn at St Mary's on war's second anniversary p1

Available to purchase in the foyer. **Only \$2 please leave the money in the box provided.** Thank you.

Holy Family Menai Parish Social Profile latest findings based on the 2021 Australian Census.

Birthplace and language

- ◇ Born overseas in English-speaking country **3.9%**
- ◇ Born overseas in non-English-speaking countries **24%**
- ◇ Speak language other than English at home **15.3%**
- ◇ Aboriginal and Torres Strait Islanders 116.

Employment

- ◇ Managers and professionals **41.4%**
- ◇ Workers in blue collar occupation **21.4%**
- ◇ Men employed or seeking work **71.5%**
- ◇ Women employed or seeking job **66.8%**
- ◇ Unemployed at time of census **2.8%**

Education

- ◇ Catholic primary students attending Catholic schools **58.1%**
- ◇ Catholic primary students attending Government schools **35.4%**
- ◇ Catholic Secondary students attending catholic schools **66.1%**
- ◇ Catholic Secondary students attending Government schools **28.6%**
- ◇ Primary students attending Catholic schools who are not Catholics **25.4%**
- ◇ Secondary students attending Catholic schools who are not catholic **31.3%**

ROSTER FOR 16/17 MARCH: (3RD WEEKEND) FIFTH SUNDAY OF LENT		5.30pm	8:30am	10am	OTHER
	ACOLYTES/ SERVERS	Peter McLachlan Raf Saad	Phil Tax	Bernard Govind	Counters: Robert Mulcahy's Team
	READERS	Linda O'Regan Lauren Hosking	Emma Gioiello Mariko Mauch	Bridget Nappa Sally Dable	Children's Liturgy: Has commenced at 8.30am Mass, roster TBC
	WARDENS	Charlie Zammit/Benny Falls	George Szymura/Jim Montague	Adrian D'Mello	Heritage Aged Care: Mona
	MUSICIANS	Jeff and Sue Low	Emma (PowerPoint and MP3)	Volunteers Welcome	Barden Lodge Aged Care: Adam
	PIETY STALL	Volunteer Needed	Anne	Marie W	



A message from the Archdiocese of Sydney:

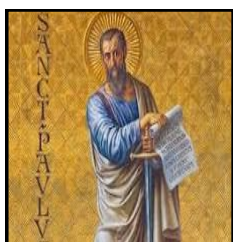
Child sexual abuse is a crime. The appropriate people to deal with crimes are the police. If you, or anyone you know, have been abused, please contact the police. Alternatively, you can contact the Safeguarding and Ministerial Integrity Office at (02) 9390 5810 or safeguardingenquiries@sydneycatholic.org. You may also want to speak to your Parish Priest who will be able to provide support and guidance. The Archdiocese has a legal obligation to report crimes to the police.

Readers Ministry at Holy Family Menai

In line with our parish vision and mission statement to “live our lives in the image of Christ through God’s Word and the Sacraments” we, as readers at Holy Family Parish Menai, commit ourselves to advancing God’s kingdom through the proclamation of the Gospel, particularly at the Sunday Eucharistic celebration.

We currently have 24 readers on our roster, however, ideally we would like to have three readers at each Mass.

As readers, we are privileged to be instrumental in sharing the Word of God to our parish community and beyond, bringing peace, love and hope to all.



We have chosen St Paul to be our patron saint and ask for his intercession to enable us to boldly proclaim God’s Word.

“Every Scripture is God-breathed and profitable for teaching, and for instruction in righteousness, that the man of God may be complete, thoroughly equipped for every good work.” Tim:3:16-17

St Paul - pray for us.

The Readers of Holy Family Parish

Testimonies

I feel a great honor to read the scriptures. After making a pilgrimage to Jerusalem I feel I have a fuller view of the gospels.

I would like to thank the priests for their always thoughtful reflection on the gospels at every mass.

Julie Monk.

I feel very privileged to be a part of this great ministry at our parish.

Proclaiming the Word of God has given me a greater understanding of the scripture readings.

This has brought me to a closer relationship with God the father.

Emma Gioiello.

I believe that as a Catholic I am called to proclaim

the gospel, and being a lector at Mass is a wonderful way to do so.

Meditating on the passage makes the Word of God come alive and reinforces my understanding under the guidance of the Holy Spirit, and this is further enhanced when I share the good news with the congregation at Mass.

It is an honour and a privilege to be a proclaimer of the Word, and I would encourage you to think about this wonderful ministry.

Lesley David.

JUNIOR WORDSEARCH

God's kindness saves us

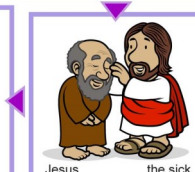
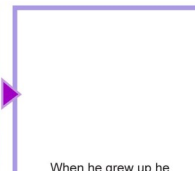
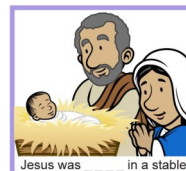
Y T N H S K A V R D Y Z P A
 B M S F H L Y V M C K K Y K
 A U O O F A I T H A P O G I
 Z W Z R F U H B Q A Q I O N
 S V N I C O D E M U S S G D
 A V N V H S A V E M L H L N
 J K R T M S I D T G A E O E
 J R U E U A B O V E I H D S
 R G C S O N E T E R N A L S
 O X T Q V W I T W G O O D K
 Q B R A G Y T C P J H J A A
 H K Y B P P E V E R Y O N E
 B H E A V E N G I F T P J I

Try to find these words:

above
 brag
 eternal
 everyone
 faith
 gift
 good
 heaven
 kindness
 Nicodemus
 save
 Son

Jesus Saves Us

Eph 2:4-10
 Ps 25:4-5abc. 6 & 7cd. R. v.6a
 Jn 3:16-17



© 2003 Creative Ministry Resources Pty Ltd



IMPORTANT MESSAGE FROM ARCHBISHOP ANTHONY FISHER

As you would well know, euthanasia and assisted suicide has been in operation in NSW for three months. I said at the time that its implementation was a very dark day for our state and that remains true.

Proponents of these laws continue to argue providing the so-called ‘choice’ of euthanasia and assisted suicide provide to some would not affect the choice of others.

However, a change in law always has an impact on others and the choices available to them.

In the 2023-2024 NSW Budget, \$150 million was cut from the previously allocated budget for palliative care in this state. The flow on effect from fewer resources being allocated to palliative care is that fewer people will be able to access it.

In the very same budget, almost \$100 million of new funding was allocated to the implementation of euthanasia and assisted suicide.

I encourage you to please [sign this petition](#), asking for the full funding to be restored.



Please sign this petition today. DATE CLOSSES 3 April 2024

EVENTS FOR 2024	
MARCH	
1 Friday	Mass at 7pm followed by Stations of the Cross at 7.30pm (<i>English</i>) and Adoration until 12am.
5 Tuesday	RCIA First Scrutiny at 9.15am Mass
5 Tuesday	Stations of the Cross (<i>Italian</i>) at 10am in the Church
6 Wednesday	Mass at 7.30pm (<i>every Wednesday during Lent</i>)
8 Friday	Mass at 7pm followed by Stations of the Cross at 7.30pm (<i>English</i>)
12 Tuesday	RCIA Second Scrutiny at 9.15am Mass
12 Tuesday	Stations of the Cross (<i>Italian</i>) at 10am in the Church
13 Wednesday	Mass at 7.30pm (<i>every Wednesday during Lent</i>)
15 Friday	Mass at 7pm followed by Stations of the Cross at 7.30pm (<i>English</i>)
18 Monday	St Patrick’s Solemnity in Australia, Adoration at 8.30am followed by Mass at 9.15am
19 Tuesday	RCIA Third Scrutiny at 9.15am Mass
19 Tuesday	St Joseph, Spouse of the Blessed Virgin Mary Solemnity, Adoration at 8.30am followed by Mass at 9.15am and Adoration at 6.30pm with Mass at 7pm
19 Tuesday	Stations of the Cross (<i>Italian</i>) at 10am in the Church
20 Wednesday	Mass at 7.30pm (<i>every Wednesday during Lent</i>)
22 Friday	Mass at 7pm followed by Stations of the Cross at 7.30pm (<i>English</i>)
24 Sunday	Palm Sunday – All Masses will commence outside the primary school gate for the Blessing of the Palms, then process down to the Church.
26 Tuesday	Stations of the Cross (<i>Italian</i>) at 10am in the Church
27 Wednesday	Mass at 7.30pm (<i>every Wednesday during Lent</i>)
28 Thursday	Holy Thursday Chrism Mass at St Mary’s Cathedral, 10.30am. Evening Mass of the Lord’s Supper, 7.30pm followed by Adoration at the Altar of Repose until 12am. Visiting 7 Churches (details to follow).
29 Friday	Good Friday Stations of the Cross, 10am. Celebration of the Passion of the Lord, 3pm (<i>Holy Places – Annual Collection for the Church in the Holy Land</i>) Reconciliation – After Stations of the Cross, 11.15am and after the Passion of the Lord, 4.30pm
29 Friday	Novena to the Divine Mercy starts
30 Saturday	Holy Saturday Reconciliation – 10am until 11.30am Easter Vigil, 7.30pm
31 Sunday	Easter Sunday - Masses 8.30am and 10.30am (<i>No 10am Mass on this day</i>)



Parish Courses for Liturgical Ministers in 2024

Greetings from the Liturgy Office, we hope that 2024 has started well for you!

Please find below the timetable of our parish courses for liturgical ministers in the first part of 2024. We have listed only those courses at which there are still places available.

All information about the courses can be found on our [web-page](#) (Ministry / Training / Formation – Liturgy Office of Sydney Archdiocese (sydneycatholic.org)), where you can check the dates and times, register on-line, etc.

Courses	Dates	Venue
Readers	15 th and 22 nd February 2024 6pm-9pm Thursday	St Charles Borromeo, Ryde
Readers	17 th and 24 th February 2024 9:30am - 12:30pm Saturday	St Joseph, Belmore
Extraordinary Ministers of Holy Communion – Refresher	21 st February 2024 6:30pm - 9:30pm Wednesday	St Therese, Denistone
Acolytes	28 th February, 6 th and 13 th March 2024 6:30pm - 9:30pm Wednesday	St Therese, Denistone
Extraordinary Ministers of Holy Communion	29 th February, 7 th and 14 th March 2024 6:00pm - 9:00pm Thursday	St Thomas More, Brighton-Le-Sands
Sacristans	2 nd and 9 th March 2024 10am - 1pm Saturday	St Joseph, Riverwood
Acolytes	6 th , 13 th and 20 th April 2024 Session 1: 9:30am – 12:30pm Sessions 2 & 3: 9:00am – 12:00pm Saturday	St Thomas More, Brighton-Le-Sands
Extraordinary Ministers of Holy Communion	11 th , 18 th and 24 th April 2024 6pm - 9pm Thursday	St Charles Borromeo, Ryde
Readers	2 nd and 9 th May 6pm - 9pm Thursday	St Martha, Leichhardt
Extraordinary Ministers of Holy Communion	21 st and 28 th May, 4 th June 2024 6pm - 9pm Tuesday	St Martha, Leichhardt
Sacred Music- Cantors and Musicians	25 th May and 1 st June 2024 9am - 2:30pm Saturday	TBC

- To enrol, please contact the Liturgy Office at liturgyassistant@sydneycatholic.org; Ph. 9307 8360
- Please note that priority in enrolments will need to be given to the parish hosting the event
- Please note that there will be more courses for liturgical ministers offered in the second part of 2024

Any parishioners serving in a Ministry that have not yet completed their training, please see the courses offered above. If you need assistance registering you can also contact our parish office here at Holy Family on 9543 2677 or email admin@holyfamilymenai.org.au

HOMILY POINTS: Deacon Sone

What is it with our rebellious nature? What is it with us turning away from God? God who continuously calls each of us into a loving communion and yet we reject it. In our reading from Chronicles, the author notes the abhorrent things that the Israelites have done against God and insulting His mercy and the covenant they were promised. And so, in their stubbornness their enemies took over. But it took a pagan King, to realize their mistakes. And with Jeremiah's help, proclaimed God's mercy and the freedom they have in encountering him.

St Paul addresses the continuous act of God in His mercy, reminding the Ephesians and us, that it is through Christ that God reconciled us to Him. His own son. But we must ask the question; Was it necessary? Why save a bunch of rebels? Christ had a choice right? He could have said no, thank you God my Father, I don't want this. And yet He did say yes. As Paul writes, "This was to show for all ages" that God has kept his Word, and the Word became flesh. Therefore, our reconciliation to God through Christ is to be remembered. Lent is not just another religious observation; it is our relational response to the Grace of God poured out by Christ's blood so that we are to be raised with Him and share in the Glory of Easter.

Then, in our Gospel, John gives us the Dialogue between the High Priest, the most learned man among the Pharisee's; Nicodemus. Nicodemus represents the rest of us; though wise, lacked the understanding that Christ as the ultimate sacrifice, THE Holocaust. John pins the worldly wisdom, the rebellious wisdom, against that of the Wisdom of God who has sent His Son. As Jesus explicitly points out, "Men prefer darkness over the light." We are not to darken our hearts my friend, because Christ will pierce through it with His eternal light. We must aim, as human as we are, to live in the Truth, to seek it and to dwell with it. Israel didn't like the Truth, Paul reminds us that Christ is the Truth, and Christ Himself, THE Truth, give's us the ultimate truth; "That God so loved the world, that He gave his only Son so that everyone who believes in him may not be lost, but may have eternal life." This passage is the most quoted because it reveals the TRUTH of love, of eternal love, from rebellious natures, to being called Sons and Daughters of God. Christ our Lord wishes us to be saved, HE longs for you and I and continues to invite us. As we continue on this Sunday, called Joyful Sunday (Known as Laetere Sunday) may we find the joy in knowing that God had sent His Son to save us. And the joy of knowing that since the beginning of time, God has you and I in mind in His perfect plan of Salvation.

Keep courage, take heart, our Lenten observance is not in vain, for we are an Easter people, joyful in the truth of Christ, joyful in the Resurrection that is to come. Amen.



PARISH COMMUNITY DAY!

Holy Family Menai invites you to . . .

Save the date for our upcoming Parish Community Day on Pentecost Sunday! We will be tasting dishes from various cultures, meeting new people, and coming together as a parish community. All are welcome to come along with your families and friends to enjoy a wonderful day!

Time:	Sunday	Where:
11am onwards	19	JPII Hall
	May 2024	



Parish Courses for Liturgical Ministers in 2024

Any parishioners serving in a Ministry that have not yet completed their training, please see the courses offered in the foyer. If you need assistance registering you can also contact our parish office here at Holy Family on 9543 2677 or email admin@holyfamilymenai.org.au



@Holy Family Catholic Church Menai



&
**INSTAGRAM
TOO!**



[holyfamilycatholicchurchmenai](https://www.facebook.com/holyfamilycatholicchurchmenai)



JOIN US FOR A SPECIAL MASS!

Celebrate St. Patrick's Feast Day with us!

Honoring the patron saint of Ireland. All are welcome.

Monday 18 March
9.15am

THE ROAD TO CALVARY

HOLY WEEK RETREAT FOR MEN

SAT 23 MARCH 2024 10.00 AM - 4.00 PM
ST CATHERINE LABOURÉ PARISH GYMEA



HOLY MASS | TALKS | EUCHARISTIC ADORATION | BROTHERHOOD

REV DR GREGORY MORGAN
FR NOEL CUSTODIO

GUEST SPEAKER: TOMASZ JUSZCZAK

Tomasz is a dynamic Catholic presenter and co-founder of Donum Ministries, an apostolate which seeks to bring people closer to Christ through the Church's message of love and life. He has a background in evangelisation in both a parish and diocesan setting with over 15 years' experience in youth ministry. Tom holds a Master of Arts (Theological Studies) from the University of Notre Dame in Sydney.

Originally from Poland, Tom grew up in Sydney where he currently resides with his wife, Sarah, and their four beautiful children. He loves movies, theatre and sports, which regularly comes out in his talks and presentations.



donumministries.com

REGISTER
[STCATHS.ORG.AU/MENSRETREAT](https://stcaths.org.au/mensretreat)
02 9525 1138



A \$10 donation on the day will be appreciated

Shire Lenten Series

For Young Adults

REFLECTION | ADORATION & CONFESSION | FELLOWSHIP

7:15 PM - 8:30 PM

13 MAR ST ALOYSIUS CATHOLIC CHURCH
CRONULLA



ALL ARE WELCOME!

Contact: Deacon Adrian Suyanto
adrian.suyanto@sydneycatholic.org

THE SUTHERLAND SHIRE 7 CHURCHES PILGRIMAGE


"COULD YOU NOT STAY AND KEEP WATCH WITH ME." MATTHEW 26:40

YOU ARE INVITED TO PARTICIPATE IN THE 7 CHURCHES PILGRIMAGE. AN ANCIENT DEVOTION WHERE CHRISTIANS VISIT SEVEN CHURCHES TO MEDITATE ON THE EVENTS LEADING TO THE LORD'S PASSION.

When: Holy Thursday, 28th of March 2024
Time: 9pm-11:30pm. (After Mass of the Lord's Supper)

Sutherland Shire 7 Churches

1. Holy Family Menai.
2. St John Bosco Engadine.
3. St Joseph's Como/Oyster Bay.
4. St Patrick's Sutherland.
5. St Catherine Labouré, GyMEA.
6. Our Lady Star of the Sea, Miranda.
7. St Aloysius, Cronulla.



Holy Family Catholic Church, Menai.



HOLY FAMILY CATHOLIC CHURCH MENAI

HOLY WEEK & EASTER TIMETABLE

You are invited to join us as we commemorate the saving Passion, Death and Resurrection of Jesus Christ, celebrated in the sacred Liturgies of Holy Week.

Palm Sunday 24 March, 2024
5.30pm Vigil Mass
8.30am and 10am Masses

Tuesday 26 March, 2024
9:15am Daily Mass

Wednesday 27 March, 2024
9:15am Daily Mass

Maundy Thursday 28 March, 2024
10.30am Chrism Mass at St Mary's Cathedral
7:30pm Mass of the Lord's Supper
Adoration at the Altar of Repose after the Mass until 12am

Good Friday 29 March, 2024
Divine Mercy Novena begins
10:00am Stations of the Cross
Reconciliation 11.15am - 12.15pm
3pm Solemn Commemoration of the Lord's Passion
Reconciliation 4.30pm - 5.30pm

Holy Saturday 30 March, 2024
Reconciliation 10am - 11.30am
7:30pm Easter Vigil in the Church

Easter Sunday 31 March, 2024
8.30am and 10.30am Masses
(No 10am Mass on this day)

LENT

prayer • fasting • almsgiving

WHAT'S ON AT HOLY FAMILY DURING LENT?

Early Morning Mass - during Lent we will be celebrating Mass at **9.15am** Tuesday - Saturday.

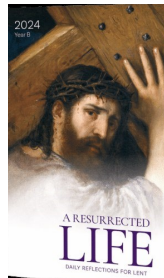
Every Wednesday evening Mass at 7.30pm and Friday evening Mass at 7pm

Stations of the Cross in Italian every Tuesday morning at 10am and in English each Friday at 7:30pm

Confession will be offered during Adoration before weekday morning Mass, Wednesday 7.30pm and Friday 7pm Mass



Repent and Believe Lenten Companion 2024 is available for **FREE** on the table in the foyer. Please take one home and start today.

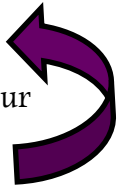


A RESURRECTED LIFE

DAILY REFLECTIONS FOR LENT

It's never too late to start!

Good one to do at home on your own or in a group. **Only \$6**



Fourth Sunday of Lent 9 & 10 March



As the eldest child in a low-income farming family in rural Malawi, Memory faced many barriers to her education. But, with the support of Caritas Australia, she enrolled in a technical school and became the first female carpenter in her village.

Please donate to Project Compassion.

Together, we can help vulnerable communities face their challenges today and build a better tomorrow *for all future generations.*

You can donate through Project Compassion donation boxes and envelopes available from your parish, by visiting caritas.org.au/project-compassion or by calling 1800 024 413.



ALL MEN ARE INVITED TO JOIN US ON A SPIRITUAL JOURNEY

ST. JOSEPH MOTOR PILGRIMAGE

St Joseph's Orange Greenstone Cathedral Enfield St Joseph's Enfield

Prayer & Reflection | Guest Speakers | Small Group Discussion

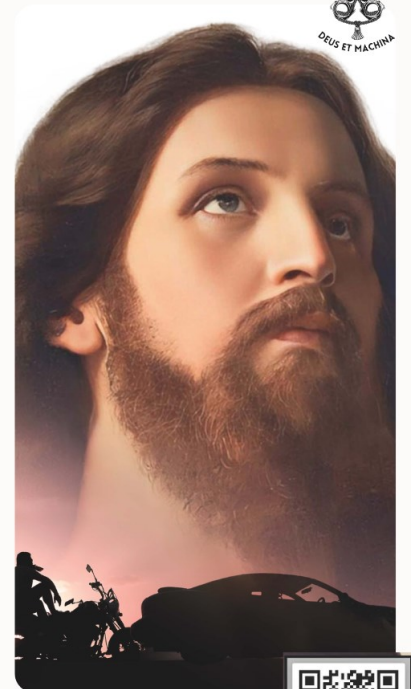
MEET: KINGSWOOD PARISH 8AM 15TH
ENDS: ENFIELD PARISH 5:30PM 17TH

FOR INFO JIM: 0432 487 927
CALL OR TEXT BRANKO: 0411 281 299
KEITH: 9543 0665

ITINERARY

<https://tinyurl.com/SJMP24-ITINERARY2>

ROUTE



Register your interest

