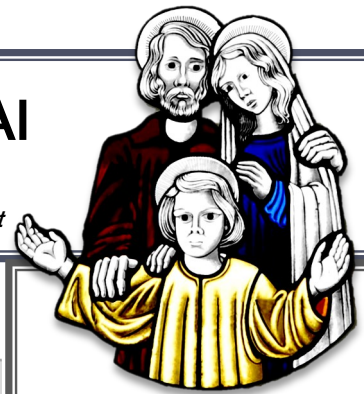


HOLY FAMILY CATHOLIC PARISH MENAI

LIVING AND SHARING THE CHRISTIAN LIFE AS A GROWING PARISH FAMILY

Alfords Point Bangor Barden Ridge Illawong Lucas Heights Menai Woronora West



SECOND SUNDAY OF LENT 25 February 2024 Year B/2—Divine office Psalter Week 2

ENTRANCE ANTIPHON

Of you my heart has spoken, Seek his face.
It is your face, O Lord, that I seek;
hide not your face from me.

First Reading

A reading from the book of Genesis
(Genesis 22:1-2, 9-13, 15-18)

God put Abraham to the test. 'Abraham, Abraham,' he called. 'Here I am,' he replied. 'Take your son,' God said 'your only child Isaac, whom you love, and go to the land of Moriah. There you shall offer him as a burnt offering, on a mountain I will point out to you.

When they arrived at the place God had pointed out to him, Abraham built an altar there, and arranged the wood. Then he bound his son Isaac and put him on the altar on top of the wood. Abraham stretched out his hand and seized the knife to kill his son.

But the angel of the Lord called to him from heaven. 'Abraham, Abraham' he said. 'I am here' he replied. 'Do not raise your hand against the boy' the angel said. 'Do not harm him, for now I know you fear God. You have not refused me your son, your only son.' Then looking up, Abraham saw a ram caught by its horns in a bush. Abraham took the ram and offered it as a burnt offering in place of his son.

The angel of the Lord called Abraham a second time from heaven. 'I swear by my own self – it is the Lord who speaks – because you have done this, because you have not refused me your son, your only son, I will shower blessings on you, I will make your descendants as many as the stars of heaven and the grains of sand on the seashore. Your descendants shall gain possession of the gates of your enemies. All the nations of the earth shall bless themselves by your descendants, as a reward for your obedience.'

The Word of the Lord

Thanks be to God

Responsorial Psalm

(R.) I will walk in the presence of the Lord in the land of the living.

I trusted, even when I said: 'I am sorely afflicted.' O precious in the eyes of the Lord is the death of his faithful. **(R.)**

Your servant, Lord, your servant am I; you have loosened my bonds. A thanksgiving sacrifice I make: I will call on the Lord's name. **(R.)**

My vows to the Lord I will fulfil before all his people, in the courts of the house of the Lord, in your midst, O Jerusalem. **(R.)**

Next Sunday's Reading:

THIRD SUNDAY OF LENT

Ex 20:1-17; 1 Cor 1:22-25; Jn 2:13-25

Second Reading

A reading from the letter of St Paul to the Romans (Romans 8:31-34)

With God on our side who can be against us?

Since God did not spare his own Son, but gave him up to benefit us all, we may be certain, after such a gift, that he will not refuse anything he can give. Could anyone accuse those that God has chosen? When God acquits, could anyone condemn? Could Christ Jesus? No! He not only died for us – he rose from the dead, and there at God's right hand he stands and pleads for us.

The Word of the Lord

Thanks be to God

Gospel Acclamation

Glory and praise to you, Lord Jesus Christ!

From the shining cloud, the Father's voice is heard: this is my beloved Son, hear him.

Glory and praise to you, Lord Jesus Christ!

Gospel

A reading from the holy Gospel according to Mark (Mark 9:2-10)

Jesus took with him Peter and James and John and led them up a high mountain where they could be alone by themselves. There in their presence he was transfigured: his clothes became dazzlingly white, whiter than any earthly bleacher could make them. Elijah appeared to them with Moses; and they were talking with Jesus. Then Peter spoke to Jesus. 'Rabbi,' he said 'it is wonderful for us to be here; so let us make three tents, one for you, one for Moses and one for Elijah.' He did not know what to say; they were so frightened. And a cloud came, covering them in shadow; and there came a voice from the cloud, 'This is my Son, the Beloved. Listen to him.' Then suddenly, when they looked round, they saw no one with them any more but only Jesus.

As he came down from the mountain he warned them to tell no one what they had seen, until after the Son of Man had risen from the dead. They observed the warning faithfully, though among themselves they discussed what 'rising from the dead' could mean.

The Gospel of the Lord

Praise to you, Lord Jesus Christ.

Parish Priest:

Rev. Mani Malana msfs

E: pastor@holymenai.org.au

Assistant Priest:

Rev. Tom Jose msfs

E: tom.jose@sydneycatholic.org

Deacon:

Rev. Mr. Likisone Tominiko

E: Likisone.tominiko@sydneycatholic.org

Parish Secretary/Bookkeeper:

Andrea Hunt

Phone: 02 9543 2677

E: admin@holymenai.org.au

Sacramental Coordinator:

Nicole Makdessi

Phone: 02 9543 2677

E: sacraments@holymenai.org.au

Parish Pastoral Council

Chair Person:

Ivan David

E: ivandavid445@gmail.com

Parish Finance Committee

Chair Person:

Robert Mulcahy

E: rmulcahy@bigpond.com

Parish Safeguarding Officer:

Nicole Makdessi

E: pssso@holymenai.org.au

Parish WH&S Management Officer:

George Szymura

E: georgeszymura1@gmail.com

Holy Family Primary Principal:

John Kennedy Ph 9543 2614

Aquinas College Principal:

James Clancy Ph 9543 0188

Holy Family Parish Menai

1D Anzac Rd Menai NSW 2234

Phone: 02 9543 2677

E: admin@holymenai.org.au

Web: HolyFamilyMenai.org.au

Parish Office hours:

Tuesday, Thursday & Friday: 9am - 4pm

Mass Timings:

Weekday: Tue - Sat 9.15am

1st Friday of the month: 7.00pm

Weekend: Saturday Vigil 5.30pm

Sunday: 8.30am, 10.00am

Blessed Sacrament Exposition

Tue - Sat: 8.30am - 9.10am

Fri - 8.30am Laud's music

8.45am Divine Mercy Chaplet

9am Benediction of the Blessed Sacrament

1st Friday of the month (after 7pm Mass - 12am)

Lauds Tue, Wed and Thu - 8.45am

Reconciliation: Sat: 4.30 - 5.15pm

Or by appointment.

Holy Communion or Visit at Home:

Please contact the parish office to arrange a time.

Baptisms: Every 2nd Sunday,

11.15am and 4th Sunday during

10am Mass (no baptisms during Lent)

Baptism Preparation Program:

11am on the 1st Sat of each month.

In your love and concern, please pray for all the sick and vulnerable members of our Holy Family community:

Carol Galdes, Julie Gonsalvez, Robert Nicholls, Brad Jory, Jayden, Natividad Sora, Paul Hill, Bernard Aclan, Julius Aclan, Jean Aclan, Geoff Eastgate, Joanne Mannah, Marie Collins and Chris Halvey

We remember those whose Anniversaries we commemorate at this time:

Ben Celi, Stephen Tominiko, Shona Maher, Francisco Moncada, Maria Valdivia, Francesco Cardinale, Marilyn Nicholls and Johanna Nicholls.

Recently Deceased.

Vincent Fetherston, Paolo Tulissio, Candida Rose Carvalho Marques de Ascensão Maia, Donna White, Dulcie Tyson, Shirley McCormack, Claire Baroni and Laurie Hoolihan.

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May the souls of all the faithful departed, through the mercy of God, rest in peace. - Amen -

THE GLORIA

Glory to God in the highest, and on earth peace to people of good will.

We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us;

you take away the sins of the world, receive our prayer;

you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

THE NICENE CREED

I believe in one God, the Father almighty,

maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God,

born of the Father before all ages.

God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made.

For us men and for our salvation he came down from heaven,

(all bow) and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate,

he suffered death and was buried, and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is

seated at the right hand of the Father.

He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified,

who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins

and I look forward to the resurrection of the dead

and the life of the world to come.

Amen.

AFTER THE PREFACE

Holy, Holy, Holy Lord God of hosts.

Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

THE MYSTERY OF FAITH.

We proclaim your Death, O Lord, and profess your Resurrection until you come again.

COMMUNION ANTIPHON

This is my beloved Son, with whom I am well pleased; listen to him.

HOLY FAMILY PRAYER

Jesus, Mary and Joseph, in you we contemplate the splendour of true love; to you we turn with trust.

Heavenly Father, grant that our families too may be places of Communion and prayer, authentic schools of the Gospel and small domestic churches.

Heavenly Father, may families never again experience violence, rejection and division; may all who have been hurt or scandalised find ready comfort and healing.

Heavenly Father, make us once more mindful of the sacredness and inviolability of the family, and its beauty in God's plan.

Jesus, Mary and Joseph, graciously hear our prayer. Amen

HAIL, HOLY QUEEN

Hail, Holy Queen, Mother of Mercy, hail, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve: to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, O most gracious Advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus, O clement, O loving, O sweet Virgin Mary.

Pray for us, O Holy Mother of God.

That we may be made worthy of the promises of Christ.

PRAYER TO ST MICHAEL

Saint Michael the Archangel, defend us in the day of battle. Be our safeguard against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou, O Prince of the Heavenly Host, by the power of God, cast into hell satan and all evil spirits who wander through the world seeking the ruin of souls. Amen

What's on at Holy Family Parish

- † **Exposition of the Blessed Sacrament** - Tue - Sat: 8.30am - 9.10am
- † **Morning Prayer (Lauds)** - Tue - Thu 8.45am.
- † **Divine Mercy Chaplet and Benediction of the Blessed Sacrament** - Fri 8.45am
1st Friday of the month (after 7pm Mass - 12am)
- † **Rosary** - Sat - 8.45am.
- † **Mass** - Tue - Sat 9.15am, during Lent Wed 7.30pm and Fri 7pm (Confession available during Adoration)



- † **Children's Liturgy** - Sun - 8.30am Mass
- † **Daily Rosary, Rosary** at 8-8.30pm on Zoom, please text (ROSARY) to 0418 433 333 to receive the link.

THE Catholic Weekly

SUNDAY, 25 FEBRUARY 2024

- ◆ HSC Achievers and School Open Days Supplements
- ◆ New Catholics prepare to join God's family (see if you can spot our own from Holy Family)
- ◆ Young entrepreneurs ask God for help in new ventures
- ◆ PNG excited for papal visit, but is Pope Francis coming?

Available to purchase in the foyer. **Only \$2 please leave the money in the box provided.** Thank you.

FIRST FRIDAY OF EVERY MONTH

JOIN US FOR

Sacred Heart of Jesus Mass

followed by Stations of the Cross, then Adoration of the Blessed Sacrament

FRIDAY 1 MARCH 2024

MASS AT 7PM,
STATIONS OF THE CROSS AT 7.30PM
FOLLOWED BY ADORATION UNTIL 12AM

A time for reflection and prayer.

All are welcome.



SPECIAL WEDDING ANNIVERSARY BLESSING

at all Masses next weekend 2/3 March, for all couples celebrating their Wedding Anniversary during the month of March.



Sydney Catholic Schools Week

Aquinas Catholic College
Menaí

OPEN DAY

Register Now

Wednesday 6 March
5.00-7.00pm

aquinasmenaí.syd.catholic.edu.au

PROVIDED PART OF THE COMMUNITY OF Sydney Catholic Schools

HOLY FAMILY
CATHOLIC PRIMARY SCHOOL, MENAÍ

OPEN DAYS

Wednesday 6 March Register Now
4.00pm-6.00pm

Thursday 7 March
4.00pm-6.00pm

hfmenaí.syd.catholic.edu.au

PROVIDED PART OF THE COMMUNITY OF Sydney Catholic Schools

ROSTER FOR 2/3 MARCH: (1ST WEEKEND) THIRD SUNDAY OF LENT		5.30pm	8:30am	10am	OTHER
	ACOLYTES/ SERVERS		Chris Fetherston Peter McLachlan	Paul Tyson	Bernard Govind
READERS		Simon Bradstock Margaret Keyes Sophie Kerr	Emma Gioiello Erica O'Brien Julie Tyson	Adrian D'Mello Marina D'Mello	Children's Liturgy: Has commenced at 8.30am Mass, roster TBC
WARDENS		Charlie Zammit/Benny Falls	George Szymura/Jim Montague	Robert Pedic/ Tony Ibrahim	Heritage Aged Care: Terri
MUSICIANS		Holy Family Singers	Gino Ferraro (PowerPoint and MP3)	Elsha and Karishma (PowerPoint and MP3)	Barden Lodge Aged Care: Fran V
PIETY STALL		Maria G	Priscilla	Laura/Georgia	



A message from the Archdiocese of Sydney:

Child sexual abuse is a crime. The appropriate people to deal with crimes are the police. If you, or anyone you know, have been abused, please contact the police. Alternatively, you can contact the Safeguarding and Ministerial Integrity Office at (02) 9390 5810 or safeguardingenquiries@sydneycatholic.org. You may also want to speak to your Parish Priest who will be able to provide support and guidance. The Archdiocese has a legal obligation to report crimes to the police.



Welcome to Holy Family Fr Suresh!

We welcome Very Rev. Fr. Suresh Babu MSFS, the Provincial of MSFS Visakhapatnam Province to the Parish. He will be the main celebrant at **5.30 pm Mass on 2nd March** in our Church. We extend a very hearty welcome to Fr Suresh and happy and safe stay in Australia.



On Sunday 18 February, nearly 300 catechumens seeking baptism and candidates hoping to be received into full communion with the Roman Catholic Church were presented to Archbishop Anthony Fisher at the Rite of Election at St Mary's Cathedral.

Amongst them were our own candidates Gary, Eva, Brad and Melissa, along with their sponsors and the RCIA team.

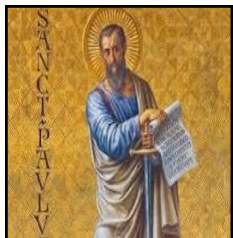
You can read more in the Catholic Weekly on pages 2 and 3. See if you can spot our team from Holy Family!

Readers Ministry at Holy Family Menai

In line with our parish vision and mission statement to "live our lives in the image of Christ through God's Word and the Sacraments" we, as readers at Holy Family Parish Menai, commit ourselves to advancing God's kingdom through the proclamation of the Gospel, particularly at the Sunday Eucharistic celebration.

We currently have 24 readers on our roster, however, ideally we would like to have three readers at each Mass.

As readers, we are privileged to be instrumental in sharing the Word of God to our parish community and beyond, bringing peace, love and hope to all.



We have chosen St Paul to be our patron saint and ask for his intercession to enable us to boldly proclaim God's Word.

"Every Scripture is God-breathed and profitable for teaching, and for instruction in righteousness, that the man of God may be complete, thoroughly equipped for every good work." Tim:3:16-17

St Paul - pray for us.

The Readers of Holy Family Parish

Testimonies

I feel a great honor to read the scriptures. After making a pilgrimage to Jerusalem I feel I have a fuller view of the gospels.

I would like to thank the priests for their always thoughtful reflection on the gospels at every mass.

Julie Monk.

I feel very privileged to be a part of this great ministry at our parish.

Proclaiming the Word of God has given me a greater understanding of the scripture readings. This has brought me to a closer relationship with God the father.

Emma Gioiello.

I believe that as a Catholic I am called to proclaim the gospel, and being a lector at Mass is a wonderful way to do so.

Meditating on the passage makes the Word of God come alive and reinforces my understanding under the guidance of the Holy Spirit, and this is further enhanced when I share the good news with the congregation at Mass.

It is an honour and a privilege to be a proclaimer of the Word, and I would encourage you to think about this wonderful ministry.

Lesley David.



IMPORTANT MESSAGE FROM ARCHBISHOP ANTHONY FISHER

As you would well know, euthanasia and assisted suicide has been in operation in NSW for three months. I said at the time that its implementation was a very dark day for our state and that remains true.

Proponents of these laws continue to argue providing the so-called ‘choice’ of euthanasia and assisted suicide provide to some would not affect the choice of others.

However, a change in law always has an impact on others and the choices available to them.

In the 2023-2024 NSW Budget, \$150 million was cut from the previously allocated budget for palliative care in this state. The flow on effect from fewer resources being allocated to palliative care is that fewer people will be able to access it.

In the very same budget, almost \$100 million of new funding was allocated to the implementation of euthanasia and assisted suicide.

I encourage you to please [sign this petition](#), asking for the full funding to be restored.

Please sign this petition today.

THE QR CODE HAS BEEN LINKED. APOLOGIES FOR LAST WEEK



EVENTS FOR 2024

FEBRUARY

27 Tuesday	Stations of the Cross (<i>Italian</i>) at 10am in the Church
28 Wednesday	Mass at 7.30pm (<i>every Wednesday during Lent</i>)

MARCH

1 Friday	Mass at 7pm followed by Stations of the Cross at 7.30pm (<i>English</i>) and Adoration until 12am.
5 Tuesday	RCIA First Scrutiny at 9.15am Mass
5 Tuesday	Stations of the Cross (<i>Italian</i>) at 10am in the Church
6 Wednesday	Mass at 7.30pm (<i>every Wednesday during Lent</i>)
8 Friday	Mass at 7pm followed by Stations of the Cross at 7.30pm (<i>English</i>)
12 Tuesday	RCIA Second Scrutiny at 9.15am Mass
12 Tuesday	Stations of the Cross (<i>Italian</i>) at 10am in the Church
13 Wednesday	Mass at 7.30pm (<i>every Wednesday during Lent</i>)
15 Friday	Mass at 7pm followed by Stations of the Cross at 7.30pm (<i>English</i>)
18 Monday	St Patrick's Solemnity in Australia, Adoration at 8.30am followed by Mass at 9.15am
19 Tuesday	RCIA Third Scrutiny at 9.15am Mass
19 Tuesday	St Joseph, Spouse of the Blessed Virgin Mary Solemnity, Adoration at 8.30am followed by Mass at 9.15am and Adoration at 6.30pm with Mass at 7pm
19 Tuesday	Stations of the Cross (<i>Italian</i>) at 10am in the Church
20 Wednesday	Mass at 7.30pm (<i>every Wednesday during Lent</i>)
22 Friday	Mass at 7pm followed by Stations of the Cross at 7.30pm (<i>English</i>)
24 Sunday	Palm Sunday – All Masses will commence outside the primary school gate for the Blessing of the Palms, then process down to the Church.
26 Tuesday	Stations of the Cross (<i>Italian</i>) at 10am in the Church
27 Wednesday	Mass at 7.30pm (<i>every Wednesday during Lent</i>)
28 Thursday	Holy Thursday Chrism Mass at St Mary's Cathedral, 10.30am. Evening Mass of the Lord's Supper, 7.30pm followed by Adoration at the Altar of Repose until 12am. Visiting 7 Churches (details to follow).
29 Friday	Good Friday Stations of the Cross, 10am. Celebration of the Passion of the Lord, 3pm (<i>Holy Places – Annual Collection for the Church in the Holy Land</i>) Reconciliation – After Stations of the Cross, 11.15am and after the Passion of the Lord, 4.30pm
29 Friday	Novena to the Divine Mercy starts
30 Saturday	Holy Saturday Reconciliation – 10am until 11.30am Easter Vigil, 7.30pm
31 Sunday	Easter Sunday - Masses 8.30am and 10.30am (<i>No 10am Mass on this day</i>)

LENT

prayer • fasting • almsgiving

WHAT'S ON AT HOLY FAMILY DURING LENT?

Early Morning Mass - during Lent we will be celebrating Mass at **9.15am** Tuesday - Saturday.

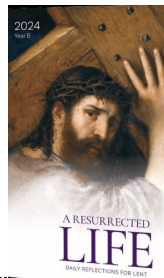
Every Wednesday evening Mass at 7.30pm and Friday evening Mass at 7pm

Stations of the Cross in Italian every Tuesday morning at 10am and in English each Friday at 7:30pm

Confession will be offered during Adoration before weekday morning Mass, Wednesday 7.30pm and Friday 7pm Mass



Repent and Believe Lenten Companion 2024 is available for **FREE** on the table in the foyer. Please take one home and start today.



A RESURRECTED LIFE

DAILY REFLECTIONS FOR LENT

It's not too late to start!

Good one to do at home on your own or in a group. **Only \$6**

Copies of the Lenten Penance issued by Archbishop Fisher and the Australian Catholic Bishops Conference message are available on the table in the Church foyer to take home for Lent.

In Lent, the Gloria and the Alleluia are omitted at Mass. Also no flowers at the Altar.

**Second Sunday of Lent
24 & 25 February**



After the birth of her children, 22-year-old Ronita was at risk of having to leave school permanently. But, with the support of Caritas Australia's partners in the Philippines, she resumed her studies and secured a job at a call centre to support her family.

Please donate to Project Compassion.

Together, we can help vulnerable communities face their challenges today and build a better tomorrow *for all future generations.*

You can donate through Project Compassion donation boxes and envelopes available from your parish, by visiting caritas.org.au/project-compassion or by calling 1800 024 413.



Shire Lenten Series For Young Adults

REFLECTION | ADORATION & CONFESSION | FELLOWSHIP

7:15 PM - 8:30 PM

21
FEB

HOLY FAMILY CATHOLIC CHURCH

MENAI



28
FEB

ST PATRICK CATHOLIC CHURCH

SUTHERLAND



06
MAR

ST CATHERINE LABOURÉ CATHOLIC CHURCH

GYMEA



13
MAR

ST ALOYSIUS CATHOLIC CHURCH

CRONULLA



ALL ARE WELCOME!

Contact: Deacon Adrian Suyanto
adrian.suyanto@sydneycatholic.org