



# HOLY FAMILY CATHOLIC PARISH MENAI

LIVING AND SHARING THE CHRISTIAN LIFE AS A GROWING PARISH FAMILY

Alfords Point Bangor Barden Ridge Illawong Lucas Heights Menai Woronora West

**Second Sunday of Lent - 28 February 2021 Year B/1**

**Divine office Psalter Week 2**

## Entrance Antiphon

*Of you my heart has spoken, Seek his face.  
It is your face, O Lord, that I seek;  
hide not your face from me.*

## A reading from the book of Genesis (Gen 22:1-2. 9-13. 15-18)

God put Abraham to the test. 'Abraham, Abraham,' he called. 'Here I am' he replied. 'Take your son,' God said 'your only child Isaac, whom you love, and go to the land of Moriah. There you shall offer him as a burnt offering, on a mountain I will point out to you.'

When they arrived at the place God had pointed out to him, Abraham built an altar there, and arranged the wood. Then he bound his son Isaac and put him on the altar on top of the wood. Abraham stretched out his hand and seized the knife to kill his son.

But the angel of the Lord called to him from heaven. 'Abraham, Abraham' he said. 'I am here' he replied. 'Do not raise your hand against the boy' the angel said. 'Do not harm him, for now I know you fear God. You have not refused me your son, your only son.' Then looking up, Abraham saw a ram caught by its horns in a bush. Abraham took the ram and offered it as a burnt offering in place of his son.

The angel of the Lord called Abraham a second time from heaven. 'I swear by my own self - it is the Lord who speaks - because you have done this, because you have not refused me your son, your only son, I will shower blessings on you, I will make your descendants as many as the stars of heaven and the grains of sand on the seashore. Your descendants shall gain possession of the gates of your enemies. All the nations of the earth shall bless themselves by your descendants, as a reward for your obedience.'

The Word of the Lord

Thanks be to God

## Responsorial Psalm (Ps 115:10. 15-19. R. 114:9)

**(R.) I will walk in the presence of the Lord in the land of the living.**

I trusted, even when I said: 'I am sorely afflicted.' O precious in the eyes of the Lord is the death of his faithful. **(R.)**

Your servant, Lord, your servant am I; you have loosened my bonds. A thanksgiving sacrifice I make: I will call on the Lord's name. **(R.)**

My vows to the Lord I will fulfil before all his people, in the courts of the house of the Lord, in your midst, O Jerusalem. **(R.)**

## A reading from the letter of St Paul to the Romans (Rom 8:31-34)

With God on our side who can be against us? Since God did not spare his own Son, but gave him up to benefit us all, we may be certain, after such a gift, that he will not refuse anything he can give. Could anyone accuse those that God has chosen? When God acquits, could anyone condemn? Could Christ Jesus? No! He not only died for us - he rose from the dead, and there at God's right hand he stands and pleads for us.

The Word of the Lord

Thanks be to God.

## Parish Priest:

Rev. Mani Malana msfs

E: [pastor@holyfamilymenai.org.au](mailto:pastor@holyfamilymenai.org.au)

## Assistant Priest:

Rev. Daniele Russo

E: [daniele.russo@sydneycatholic.org](mailto:daniele.russo@sydneycatholic.org)

## Parish Secretary:

Andrea Hunt

Phone: 02 9543 2677

Email: [hfpmenai@gmail.com](mailto:hfpmenai@gmail.com)

## Sacramental Coordinator:

Kathy Parsons

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[sacraments@holyfamilymenai.org.au](mailto:sacraments@holyfamilymenai.org.au)

## Holy Family Primary Principal:

John Kennedy Ph 9543 2614

## Aquinas College Principal:

James Clancy Ph 9543 0188

## Holy Family Parish Menai

1D Anzac Rd Menai NSW 2234

Phone: 02 9543 2677

Email: [hfpmenai@gmail.com](mailto:hfpmenai@gmail.com)

Web: [HolyFamilyMenai.org.au](http://HolyFamilyMenai.org.au)

## Parish Office hours:

Tuesday—Friday: 9am—3.30pm

## Mass Timings:

Weekday: Tue-Fri 7am

(during Lent Season)

Weekday: Tue—Sat 9.15am

1st Friday of the month: 7.00pm

Weekend: Saturday Vigil 5.30pm

Sunday: 8.30am, 10.00am

## Blessed Sacrament Exposition

Tue—Sat: 8.30am—9.10am

Fri (after mass): 9.45—10.30am

1st Friday of the month (after 7pm Mass - 9am)

**Reconciliation:** Sat: 4.30—5.15pm

Or by appointment.

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## Gospel Acclamation

Glory and praise to you, Lord Jesus Christ!

From the shining cloud, the Father's voice is heard:  
this is my beloved Son, hear him.

Glory and praise to you, Lord Jesus Christ!

## A reading from the holy Gospel according to Mark (Mk 9:2-10)

Jesus took with him Peter and James and John and led them up a high mountain where they could be alone by themselves. There in their presence he was transfigured: his clothes became dazzlingly white, whiter than any earthly bleacher could make them. Elijah appeared to them with Moses; and they were talking with Jesus. Then Peter spoke to Jesus. 'Rabbi,' he said 'it is wonderful for us to be here; so let us make three tents, one for you, one for Moses and one for Elijah.' He did not know what to say;

they were so frightened. And a cloud came, covering them in shadow; and there came a voice from the cloud, 'This is my Son, the Beloved. Listen to him.' Then suddenly, when they looked round, they saw no one with them any more but only Jesus.

As they came down from the mountain he warned them to tell no one what they had seen, until after the Son of Man had risen from the dead. They observed the warning faithfully, though among themselves they discussed what 'rising from the dead' could mean.

The Gospel of the Lord

**Praise to you Lord Jesus Christ**

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Next Sunday's Reading: Second Sunday of Lent: Ex 20:1-17; 1 Cor 1:22-25; Jn 2:13-25

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### We pray for better health for:

*Anthony Alam, Armand Favis, Barbara King, Barbara Skorut, Bernie Mendieta, Brian Emmerson, Carlos Simoes, Carmelita Kelly, Catherine (Kit) Adams, Cecelia Donohue, Craig Rapley, Eleanor Emmerson, Ethan Roy, Flynn Crofts, Himits Sarajoy Ly, Jeanette Chong, Jim Maher, Joan Sprod, John Miller, Johnson Tan, Kathleen Jean-Louis, Kevin Sullivan, Leandro Rodrigues Marques, Lewis Galdes, Marie Isbester, Mary Baddock, Mary Farrugia, Natalie Lynch, Paul Hill, Paul Tyson, Pauline Taylor, Paolo Lepre, Peter Atkinson, Ronnie Attard, Russell Fairbairn, Sharone Marsh, Steve Clare, Stephen Doyle, Trevor McGrath and all who are sick.*

## PRAYERS OF INTERCESSION

**Response: Lord, hear our prayer**

**Celebrant:** Like St Peter, we believe that "It is wonderful for us to be here..." In the divine presence, we confidently bring our prayers to our God and Father.

**Reader:** For the Pope, the Bishops and other leaders of the Church, that they may always lead us to the glory of our heavenly homeland. Let us pray to the Lord **(R)**

**Reader:** For the world, that the transfiguration of Jesus Christ may make us aware of the presence and glory of God Let us pray to the Lord **(R)**

**Reader:** We pray for **Alicia** who will be received into the Catholic Church during the Easter Vigil: That she may be bathed in the new life of Easter and supported in love by our Parish community. Let us pray to the Lord **(R)**

**Reader:** For those in need, that we help the poor, the lonely and the oppressed, so that they may hear, through us, the favoured Son of God. Let us pray to the Lord. **(R)**

**Reader:** For our dead, that they may enjoy the blessed vision of divine glory for ever, especially recently deceased Shona Maher, Giuseppina Ferrara, Maria Serratore, Joan Cameron, Rafael Estrada and Anna George, and for Ben Celi, Emmanuel and Lucy Mifsud, George and Joyce Farrugia, Francisco Moncada, Maria Jaldivia and Olga Barrera whose anniversaries of death occur around this time. Let us pray to the Lord. **(R)**

**Celebrant:** Almighty Father, with grace and glory you transform our lives; by these prayers, strengthen us, to come through the trials of this earthly life, we ask this, through Christ our Lord.

**All: Amen**

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## Communion Antiphon

*This is my beloved Son, with whom I am well pleased; listen to him.*

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## THE NICENE CREED

I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.

I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God,  
Light from Light,  
true God from true God,  
begotten, not made, consubstantial with the Father;  
through him all things were made.

For us men and for our salvation he came down  
from heaven,

***(all bow) and by the Holy Spirit was incarnate of  
the Virgin Mary, and became man.***

For our sake he was crucified under Pontius Pilate,

he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored and  
glorified,  
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.  
I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come.  
Amen.

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Holy, Holy, Holy Lord God of hosts.  
Heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.

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**THE MYSTERY OF FAITH.**  
We proclaim your Death, O Lord,  
and profess your Resurrection  
until you come again.

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## PRAYER TO SAINT JOSEPH

Glorious Saint Joseph, foster father and protector of Our Lord Jesus. To you do I raise my heart and hands to ask for your powerful intercession. Please obtain for me, from the kind Heart of Jesus, the grace and help I need, for my spiritual life and my earthly journey. I also humbly ask for the grace of a happy death, and for the special favour I now implore, **successful and timely completion of our Church renovation.** Guardian of the Word Incarnate, I am so hopeful and confident that your prayers on my behalf will be graciously heard before the throne of God. Dearest Saint Joseph, through the love you bear for Our Lord Jesus, and for the Glory of His Name, please hear my prayer and obtain my petition. **Amen.**

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## HAIL, HOLY QUEEN AND PRAYER TO ST MICHAEL WILL BE OFFERED FOR THE END TO THE CORONAVIRUS

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### HAIL, HOLY QUEEN

Hail, Holy Queen, Mother of Mercy, hail, our life,  
our sweetness and our hope. To thee do we cry,  
poor banished children of Eve: to thee do we send  
up our sighs, mourning and weeping in this valley of  
tears. Turn then, O most gracious Advocate, thine  
eyes of mercy toward us, and after this our exile,  
show unto us the blessed fruit of thy womb, Jesus, O  
clement, O loving, O sweet Virgin Mary.

Pray for us, O Holy Mother of God.

That we may be made worthy of the promises of  
Christ.

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### PRAYER TO ST MICHAEL

Saint Michael the Archangel, defend  
us in the day of battle. Be our  
safeguard against the wickedness and  
snares of the devil. May God rebuke  
him, we humbly pray; and do thou, O  
Prince of the Heavenly Host, by the  
power of God, cast into hell satan and  
all evil spirits who wander through the  
world seeking the ruin of souls.

**Fr Daniele** has been appointed two evenings a week as the Chaplain at the Summer House in Lidcombe.

Summer House is a young men's house of discernment – an innovative living space for young Catholic men to contemplate, pray and actively discern their vocation. Throughout a 12 – 18 month stay, residents will experience community living and explore an openness to discover where God might be leading them as a disciple of Jesus Christ.



## Patron Saints

This year we will be celebrating the Patron Saints of the following countries.

Over the weekend Masses we would like to present a 5 minutes talk on each Saint and their country.

If you think you would like to research one of Saints that are in need of a volunteer, please contact the Parish office on 9543 2677.

Country	Patron Saint	Feast Day	Presented Weekend Masses	Volunteers
Ireland	St Patrick	17 March	20/21 March	Dympna/Catherine
England	St George	23 April	24/25 April	<b><u>Volunteer Needed</u></b>
Universal	St Joseph the Worker	1 May	1/2 May	Fr Daniele
Pacific Islands	St Peter Chanel	28 April	5/6 June	Sone
India	St Thomas the Apostle	3 July	3/4 July	Fr Mani
Australia	St Mary of the Cross MacKillop	8 August	7/8 August	Sally/Maguy
Lebanon	St Maroun	14 February	11/12 September	<b><u>Volunteer Needed</u></b>
Italy	St Francis of Assisi	4 October	2/3 October	Emma/Maguy
Scotland	St Andrew	30 November	27/28 November	Andrea/James
America	Our Lady of the Immaculate Conception	8 December	4/5 December	<b><u>Volunteer Needed</u></b>

## HELP NEEDED!



One of our Parish teams are in need of a few volunteers to join their team.

### What your role would be:

Pre COVID the team sets up and serves dinner, during restrictions we pack takeaway bags (that include our breakfast packs), to people in need at Miranda, from 5 – 7pm **one Tuesday night every 8 weeks**. The main dish is donated by Miranda RSL, **we prepare the desserts**.

If you are unable to come and serve/pack the meals but would like to prepare desserts (during restrictions the desserts need to be individually wrapped, etc zip lock bag or paper bag); we would be more than happy to collect your food the night before from 2234 address or you could drop it off to the parish office on the

### Can you help?

As a Parish we are volunteering at the service in Miranda and we are doing a call out to you all for some breakfast items. If you could bring in any of the below to the Parish Office we would be most appreciative as these items will be given to those in need.

**We have plenty of cereal at the moment.** What we are in shortage of is:

- **Small packs of long life milk (3 or 6 packs)**
- **Muesli Bars**
- **Breakfast Bars**

Thank you for your **ongoing support** for this worthy cause!



Please join us for the  
**First Friday Sacred  
Heart Mass on 5  
March at 7.30PM,  
straight after  
Stations of the  
Cross (English)**



### **13 Hour Adoration at Holy Family First Friday of every month.**

Jesus said to his disciples in the garden of Gethsemane, 'could you not watch with me one hour?' (Mt 26/40). We will start our devotion to Blessed Sacrament with the exposition and benediction starting at 8 pm (after the Sacred Heart Mass at 7.30pm / First Fridays) **Friday 5 March** until the morning Mass on Saturday (9 am). Come spend some time with Jesus (even 10 minutes) for our 13 hour adoration.

The sign up sheet (available in the foyer) is there to make sure that we always have **at least** two persons present.

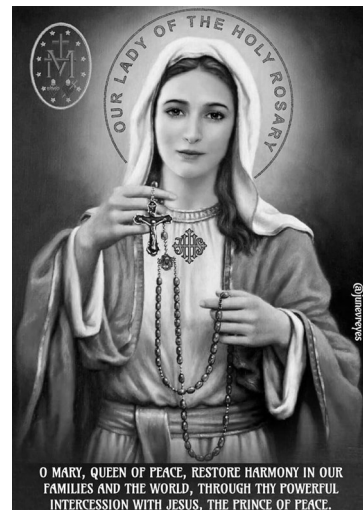
**Why is it required to have two people present?** Safety! In case something happens to one of the adorers (falls asleep, bathroom break, forgets to turn up.). Why should we not leave the Most Blessed Sacrament in the monstrance unattended? First, out of courtesy, and second for safety, because — while in the monstrance — the Eucharist is vulnerable.



Special Anniversary  
Blessing at all  
Masses **next  
weekend**, for all  
couples celebrating  
their Wedding  
Anniversary during  
the month of  
**March.**

## **Daily Rosary**

Make a Sacred Space at home  
Come spend time with our Mother Mary as she helps intercede for you to her Son our Lord Jesus Christ. The Rosary is your powerful weapon in these troubled times. Be a prayer warrior. Join us



Every Evening at 8pm on Zoom platform from phone or computer. TEXT: 0418 433 333 (ROSARY) to receive the link to the Rosary

<https://us02web.zoom.us/j/4432845661?pwd=Y3lJeVRUYk9wdjZlNwQjRTTVQzZz09>

Password: lectio

Runs for one hour

## **WORKING BEE SATURDAY 27 MARCH**

**Many hands make light work!!**

**From 9.45am - 4.30pm** Please join us for one, two or more hours for a general tidy-up, inside and outside our Church.

**Register:** please sign up on the form in the Church foyer.

Thank you!

# ***Unlocking the Mysteries of the Bible***

*The Bible is at the heart of our faith and our relationship with God. Much more than just another book it is a "place" where our heavenly Father comes down to meet us and speak to us with love [Second Vatican Council, Dei Verbum 21].*

The Holy Family Men's Group will peruse an introductory Bible study program using the DVD set purchased by the parish **Unlocking the Mystery of the Bible** with corresponding workbooks by the same author(s) that individual participants can purchase at a discounted rate from the parish \$26. There will be no fee for this course.

The course consists of 8 sessions which will be held in the Parish Meeting Room. We will watch the DVD for about half an hour, then break into small groups for discussion. Each session runs for an hour, **starting at 7:30 pm on**

March 2, 18

May 4, 20

April 6, 22

June 1, 17

You are strongly encouraged to bring your own Bible and do the home reading advised for each session.



*In eight compelling videos, Jeff Cavins presents the story of salvation history from Creation and the Fall through the coming of Christ and the establishment of the Church. In this study you will learn the story with the aid of an easy-to-use colour coded Bible Timeline chart and small group discussion questions, which reinforce the video presentations and help you apply the message to your life.*

The workbook has the (video) Talk Notes, maps and charts, discussion questions, suggested responses and home preparation for each session; also included (separately) are The Bible Timeline Chart and The Bible Timeline Bookmark.

The Holy Family Men's Group is happy to extend this program to all parishioners within the limitations of COVID restrictions.

If you would like to express your interest and reserve your workbook please leave your details with Andrea at the Parish Office on 9543 2677 or via email: [hfpmenai@gmail.com](mailto:hfpmenai@gmail.com).



## What's On

- ♦ **EARLY MORNING MASS (during Lent), commencing Thu 18 Feb, 7am & 9.15am**
- ♦ **Stations of the Cross**, every Friday, 7pm in English, 7.30pm in Italian
- ♦ **Unlocking the Mysteries of the Bible**, Introductory Bible Study, commences Tue 2 March, 7.30pm, more details on page 6
- ♦ **St Vincent de Paul Meeting**, Tue 9 Mar, 7pm
- ♦ **Daily Rosary**, Everyday at 8pm on Zoom, please text (ROSARY) to 0418 433 333 to receive the link.
- ♦ **Holy Rosary**, Every Sat, 8.45am in the Church



## Second Sunday of Lent 28th February 2021

Margret is a teacher at a vocational school for deaf students in the Solomon Islands that suffered long-term water shortages and damage from Tropical Cyclone Harold. With Caritas Australia's support, Margret's school installed water tanks, repaired cyclone damage and implemented COVID-19 prevention measures, and is now planning to boost food security.

**Please donate to Project Compassion 2021 and help people living with disabilities in the Solomon Islands gain access to education and clean water, empowering them with skills to protect our common home.**

You can donate through Parish boxes and envelopes (in the foyer), by visiting [www.caritas.org.au/projectcompassion](http://www.caritas.org.au/projectcompassion) or phoning 1800 024 413.

## Feast Days

- ♦ St Patrick, Wed 17 March
- ♦ St Joseph, Spouse of the Blessed Virgin Mary, Fr 19 March

## CATHOLIC WEEKLY PULPIT POINTS

- ♦ Called by Him: Aussies ask to enter the Church in Sydney
  - ♦ 'Don't bother with the disabled': Fury at COVID protocols
  - ♦ The Year of Revolution: Looking back at 1968
  - ♦ 200th Birthday: Catholic Education celebrates
  - ♦ Movie Review: *Minari*
  - ♦ Lent with Mark Shea
- Only \$2, please leave the money in the poor box on the wall next to the kitchen.  
Thank you.



## Certificate of Appreciation

Presented to:

*Holy Family Ladies Craft*

Date: *January 2021*

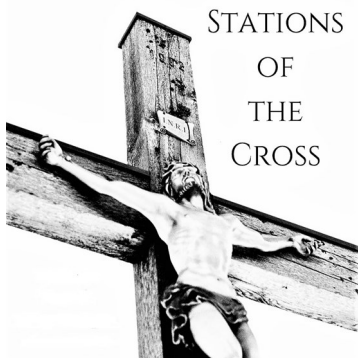
In recognition of your loyalty and commitment to the work of Youth Off The Streets

*F. Riley*

Father Chris Riley Founder & CEO



**Copies of the Lenten Penance issued by Archbishop Fisher and the Australian Catholic Bishops Conference message are available on the table in the Church foyer to take home for Lent.**



## STATIONS OF THE CROSS

### Stations of the Cross during Lent

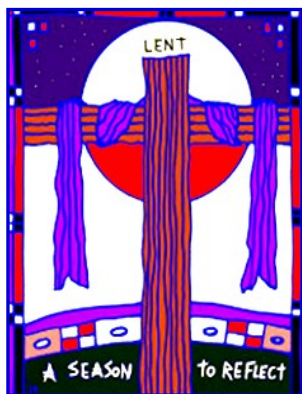
We invite you to join us each Friday during Lent, for 'Stations of the Cross' in the Church. 7pm in English and 7.30pm in Italian.

Everyone is welcome, children too!

### THE LITTLE BLACK

**BOOK** is a wonderful companion for Lent which consists of 6 minute meditations on the Gospels of Lent

Available at the piety stall for \$5.



### What's on at Holy Family during Lent?

**Early Morning Mass** - during Lent we will be celebrating Mass at **7am & 9.15am** Tuesday - Friday

**Stations of the Cross** each Friday at 7:00pm in English and 7:30pm in Italian

**Comfort, Lenten Programme.** Good one to do at home on your own. **Only \$10**

**The Little Black Book** is a wonderful companion for Lent which consists of 6 minute meditations on the Gospels of Lent

**Available at the piety stall for \$5**



## CATECHIST CRISIS

Unfortunately there has been **no response** to the parish call for more Catechists and now for the first time ever, some of our Catholic students in state schools **will not** be receiving Scripture this year.

Currently we have only 10 parishioners working as Catechists with another 3 “angels” from other parishes (Wollongong, Warwick Farm and Miranda) making a grand total of 13.

These 13 Catechists are teaching over 450 students from Kindergarten to Year 6 across 6 primary schools.... a formidable task, indeed. The vast majority are teaching at least 2 classes a week, with one Catechist teaching 6 classes.

We have had **no new recruits** in the past 4 years and with changing family, health and work circumstances, some Catechists have, regrettably, been unable to continue with this vital teaching role.

### **WE DESPERATELY NEED MORE CATECHISTS!**

Can **you** spare an hour a week to take the message of faith to our children in state schools?

In the meantime, please pray for these children:

Year 2 at Tharawal PS – no teacher

Year 3/4 at Illawong PS – no teacher

Year 6 students at Bangor PS and K/1 students at Tharawal who are receiving half a lesson as their Scripture teacher dashes between schools with a window of 5 minutes in between lessons.

Please contact Terri Casey for more information – 0409 390 829

#### ROSTER FOR 6/7 March 2021: (1st WEEKEND)

	5:30pm	8:30am	10am
ALTAR SERVERS	1A	2A	3A
ACOLYTES	Christopher Fetherston	Justin Coupland	Peter Ross
READERS	Sharon Bissell Simon Bradstock Margaret Keyes	Emma Gioiello Erica O'Brien Lauren Shanahan	Adrian D'Mello Reema Katrib Olivia Lomonaco
PIETY STALL	Maria	Priscilla	Celina